

al 20/06/05

Pos	Cognome	Nome	Cat	Soc. Sportiva	Tempo	mm/km	km/h
1	FILALI	TAJEB	M_A20	FITNES MONTELLO	0:34:36.78	3:12,22	18,73
2	MAMMANCO	DAVID	M_D35	UISP ATLETICA MONTEFIASCONI	0:38:58.72	3:36,48	16,63
3	RACCUGLIA	ANTONIO	M_A20	C.S. MARINA MILITARE ATL.	0:39:53.54	3:41,57	16,25
4	TOMAO	MICHELE	M_E40	POLI GOLFO	0:40:44.29	3:46,29	15,91
5	DI LENOLA	FABIO	M_D35	ATLETICA LATINA	0:41:13.62	3:48,98	15,72
6	CICCOLELLA	LUIGI	M_F45	POLI GOLFO	0:41:26.58	3:50,18	15,64
7	GIOGETTA	MASSIMILIANO	M_D35	LATINA RUNNERS	0:41:30.15	3:50,55	15,61
8	PICONE	BIAGIO	M_D35	UISP LATINA	0:41:40.26	3:51,48	15,55
9	IANNARILLI	PATRIZIO	M_D35	A.R.T. POD. TERRACINA	0:41:55.97	3:52,87	15,46
10	RINALDI	DOMENICO	M_G50	ATLETICA LATINA	0:42:05.14	3:53,79	15,40
11	FLAMINI	ANTONIO	M_H55	LATINA RUNNERS	0:42:40.24	3:57,03	15,19
12	TERRIBILE	GIANCARLO	M_C30	SORA RUNNERS CLUB	0:42:52.27	3:58,14	15,12
13	COIA	ANTONIO	M_E40	G.P. AVIS PRIVERNO	0:43:00.39	3:58,88	15,07
14	SCANDELLARI	ANDREA	M_C30	ATL. ANZIO	0:43:04.95	3:59,25	15,05
15	NAPOLEONI	MAURO	M_D35	ATL. LARIANO RUNNING CLUB	0:43:29.89	4:01,57	14,90
16	CAPRARO	GUGLIELMO	M_F45	POLI GOLFO	0:43:37.69	4:02,31	14,86
17	GEREMIA	FRANCO	M_H55	SORA RUNNERS CLUB	0:43:44.28	4:02,96	14,82
18	MALLARDO	LUIGI	M_F45	ATL. ANZIO	0:43:45.93	4:03,05	14,81
19	PETRUCCI	PIERO	M_F45	LATINA RUNNERS	0:43:47.69	4:03,24	14,80
20	VASTOLA	ALDO	M_D35	ATLETICA LATINA	0:43:58.51	4:04,25	14,74
21	BARATTA	ALESSIO	M_A20	ATL.EE CIRCEO	0:44:09.99	4:05,27	14,68
22	PERNA	CARMINE	M_I60	ATLETICA LATINA	0:44:13.50	4:05,64	14,66
23	MACAGNANO	PAOLO	M_D35	PODISTICA APRILIA	0:44:16.69	4:05,92	14,64
24	RICCARDELLI	NICOLA	M_E40	LATINA RUNNERS	0:44:45.41	4:08,61	14,48
25	DI CIOLLO	BIAGIO	M_E40	ATL. DI MARCO SPORT	0:44:49.75	4:08,98	14,46
26	DERIU	AGOSTINO	M_G50	POLI GOLFO	0:44:53.38	4:09,35	14,44
27	IACOBELLI	ANTONIO	M_A20	A.S. ATL. CISTERNA	0:44:58.05	4:09,81	14,41
28	ROSCIOLI	ANDREA	M_C30	ATLETICA SETINA	0:45:09.96	4:10,83	14,35
29	RAUCCI	SALVATORE	M_D35	ATLETICA LATINA	0:45:16.88	4:11,48	14,32
30	FIORIN	GIORGIO	M_C30	LATINA RUNNERS	0:45:17.49	4:11,57	14,31
31	NESTA	TIZIANA	W_DEF	G.S. MEO PATACCA	0:45:28.80	4:12,59	14,25
32	LA PENNA	AUGUSTO	M_E40	ATLETICA SETINA	0:45:37.54	4:13,42	14,21
33	IACOBELLI	NANDO	M_G50	A.S. ATL. CISTERNA	0:45:43.30	4:13,98	14,17
34	COPPA	SILVIO	M_A20	ATLETICA MONTICELLANA	0:45:56.49	4:15,18	14,11
35	CONSIGLIO	GIOVANNI	M_E40	AMATORI ATL. POMEZIA	0:46:02.20	4:15,74	14,08
36	MANCONE	ANTONIO	M_D35	POD. SABAUDIA	0:46:04.61	4:15,92	14,07
37	SOPRANO	PAOLO	M_F45	ATL. LARIANO RUNNING CLUB	0:46:13.07	4:16,75	14,02
38	MEVO	LORENZO	M_F45	POLI GOLFO	0:46:17.58	4:17,12	14,00
39	GABRIELI	CLAUDIO	M_F45	G.S. BPD COLLEFERRO	0:46:34.27	4:18,70	13,92
40	SCHIAVONE	LUIGI	M_E40	ATLETICA SETINA	0:46:48.06	4:2,	13,85
41	INGROSSO	GIUSEPPE	M_C30	ATLETICA LATINA	0:46:53.50	4:20,46	13,82
42	MANTUANO	LUCIANO	M_E40	G.P. AVIS PRIVERNO	0:47:11.62	4:22,12	13,73
43	LUDOVISI	ALFREDO	M_F45	A.S. ROMA ROAD R.CLUB	0:47:21.13	4:23,05	13,69
44	MILITI	OSVALDO	M_D35	A.R.T. POD. TERRACINA	0:47:24.31	4:23,33	13,67
45	NARDI	MARCO	M_C30	A.S. ATL. CISTERNA	0:47:26.34	4:23,51	13,66
46	FAIOLA	FRANCESCO	M_D35	A.S.D. POD. TERRACINA	0:47:28.87	4:23,70	13,65
47	DE MARCO	GIUSEPPE	M_L65	POLI GOLFO	0:47:30.35	4:23,88	13,64
48	VICARO	SIMONA	W_ABC	ATLETICA SETINA	0:47:43.54	4:25,09	13,58
49	ROMEO	ROSARIO	M_F45	ATL. LARIANO RUNNING CLUB	0:47:55.95	4:26,20	13,52
50	ARRU	MARCO	M_D35	A.S. ATL. CISTERNA	0:47:58.91	4:26,48	13,51
51	RASO	FRANCO	M_H55	ATLETICA MONTICELLANA	0:48:03.09	4:26,94	13,49
52	MASOCCO	GIULIO	M_E40	G.P. AVIS PRIVERNO	0:48:12.43	4:27,77	13,44
53	DI DONATO	GIUSEPPE	M_G50	ESERCITO AMATORI SCUTEM	0:48:25.50	4:28,98	13,38
54	ADAMO	MASSIMO	M_E40	COLLEFERRO ATLETICA	0:48:32.42	4:29,62	13,35
55	MUZZO	ORAZIO	M_D35	POLI GOLFO	0:48:46.48	4:30,92	13,29
56	TACCONI	MARIO	M_H55	A.S. ATL. CISTERNA	0:48:59.66	4:32,12	13,23
57	SIRACO	MASSIMO	M_E40	ATL. ANZIO	0:49:11.97	4:33,24	13,18
58	RUSSO	GIUSEPPE	M_C30	LATINA RUNNERS	0:49:13.94	4:33,42	13,17
59	MAGNIFICO	ALESSANDRO	M_G50	INDIVIDUALE	0:49:22.13	4:34,25	13,13
60	CONTE	BRUNO	M_H55	POLI GOLFO	0:49:25.15	4:34,53	13,11
61	MASTROIANNI	ALBERTO	M_F45	LATINA RUNNERS	0:49:30.91	4:35,	13,09
62	CICCOLELLA	CARLO	M_I60	A.S. ATL. CISTERNA	0:49:32.89	4:35,18	13,08

al 20/06/05

Pos	Cognome	Nome	Cat	Soc. Sportiva	Tempo	mm/km	km/h
63	BONO	FRANCESCO	M_D35	ATLETICA HERMADA	0:49:37.29	4:35,64	13,06
64	BASTIANELLI	LORIS	M_C30	ATL. LARIANO RUNNING CLUB	0:49:43.49	4:36,20	13,03
65	COSTA	CESARE	M_F45	LATINA RUNNERS	0:49:54.26	4:37,22	12,99
66	RODRIGUEZ	ANIBAL RUBEN	M_D35	PODISTICA APRILIA	0:50:19.58	4:39,53	12,88
67	RECCHIA	FRANCO	M_E40	G.P.AM. AMCL FRECCIE AZZURRE	0:50:29.41	4:40,46	12,84
68	POLLETTI	FRANCO	M_G50	ATL. LARIANO RUNNING CLUB	0:50:46.00	4:42,03	12,76
69	TESEO	SANDRO	M_D35	ATLETICA MONTICELLANA	0:51:04.78	4:43,70	12,69
70	DE ANGELIS	LUCIANO	M_F45	POD. SABAUDIA	0:51:05.94	4:43,79	12,69
71	DI NICOLA	FRANCESCO	M_E40	A.R.T. POD. TERRACINA	0:51:08.24	4:44,07	12,67
72	CORINA	ENEA	M_E40	NUOVA ATL. FONDI	0:51:19.56	4:45,09	12,63
73	RIZZI	LUCIANO	M_G50	ATLETICA LATINA	0:51:29.83	4:46,01	12,59
74	PARISI	LUCIO	M_F45	UISP LATINA	0:51:38.40	4:46,85	12,55
75	MARCOCCIA	WALTER	M_F45	ATLETICA MONTICELLANA	0:51:48.28	4:47,77	12,51
76	DI CASTRO	LUCA	M_C30	POD. ORO FANTASY	0:51:58.61	4:48,70	12,47
77	VISCA	LUDOVICO	M_C30	G.P. AVIS PRIVERNO	0:52:10.36	4:49,81	12,42
78	PAGLIAROLI	EGIDIO	M_G50	A.R.T. POD. TERRACINA	0:52:13.66	4:50,09	12,41
79	DE CASTRO	GIANNI	M_C30	CIRCOLO VILLA SPADA GDF	0:52:16.68	4:50,37	12,40
80	MIRABELLA	GIUSEPPE	M_F45	ATLETICA LATINA	0:52:21.84	4:50,83	12,38
81	IACOVACCI	ARMANDO	M_H55	ATLETICA LATINA	0:52:46.12	4:53,14	12,28
82	CECCARINI	ROBERTO	M_D35	UISP LATINA	0:52:53.37	4:53,79	12,25
83	PANFILIO	PIETRO	M_G50	ATLETICA SETINA	0:53:02.43	4:54,62	12,22
84	MAROSTICA	ALBINO	M_F45	ATLETICA HERMADA	0:53:04.14	4:54,81	12,21
85	TALONE	DONATELLA	W_DEF	ATL. LARIANO RUNNING CLUB	0:53:06.83	4:55,	12,20
86	DIGIACOMANTONIO	ALBERTO	M_H55	ATL. LARIANO RUNNING CLUB	0:53:07.21	4:55,09	12,20
87	PETRILLI	ALBERTO	M_I60	ATLETICA MONTICELLANA	0:53:11.83	4:55,46	12,18
88	DI COLA	ARCANGELO	M_D35	ATLETICA MONTICELLANA	0:53:17.59	4:56,01	12,16
89	FRETTA	IORELLA	W_GHI	ATLETICA LATINA	0:53:39.78	4:58,05	12,08
90	DI SAURO	GIUSEPPE	M_L65	ATL. CLUB NAUTICO GAETA	0:53:59.99	4:59,90	12,00
91	INCITTI	ANGELO	M_M70	A.S. ATLETICA CECCANO	0:54:21.80	5:01,94	11,92
92	SERRA	LUCA	M_D35	ATL. LARIANO RUNNING CLUB	0:54:31.69	5:02,87	11,89
93	DE MARZI	MAURO	M_E40	ATL. LARIANO RUNNING CLUB	0:54:38.66	5:03,51	11,86
94	POLSONI	ROCCO LUCIANO	M_E40	ATLETICA LATINA	0:54:42.45	5:03,88	11,85
95	SCHIAVO	GIUSEPPE	M_M70	A.S.D. POD. TERRACINA	0:54:56.51	5:05,18	11,80
96	PLACIDI	FABIO	M_A20	A.S. ATL. CISTERNA	0:54:58.49	5:05,37	11,79
97	BARATTA	GINO	M_F45	ATL.EE CIRCEO	0:55:17.55	5:07,12	11,72
98	OLIVIERI	NICOLA	M_F45	INDIVIDUALE	0:55:36.00	5:08,88	11,65
99	DI DONATO	MICHELE	M_G50	ATLETICA MONTICELLANA	0:55:38.81	5:09,07	11,65
100	LOMBARDI	GIORGIO	M_D35	ATLETICA MONTICELLANA	0:56:21.76	5:13,05	11,50
101	SPOLETINI	LUCIANO	M_H55	G.S. BPD COLLEFERRO	0:57:06.30	5:17,22	11,35
102	MASSA	GIACOMO	M_H55	CENTRO ESTER ATL. LEGG.	0:57:06.80	5:17,22	11,35
103	PARA	ENZO	M_G50	LATINA RUNNERS	0:57:14.10	5:17,96	11,32
104	NARDI	AGOSTINO	M_H55	ATLETICA SETINA	0:57:33.27	5:19,72	11,26
105	ASTRI	CLAUDIO	M_H55	A.S. ATL. CISTERNA	0:57:35.58	5:19,90	11,25
106	PROTA	STEFANO	M_D35	TEAM ATLETICA	0:57:38.71	5:20,18	11,24
107	VITTI	AUGUSTO	M_F45	ATLETICA HERMADA	0:58:14.14	5:23,51	11,13
108	DI MARIO	UMBERTO	M_E40	ATLETICA HERMADA	0:58:15.29	5:23,61	11,12
109	DI CIACCIO	GIUSEPPE	M_D35	ATL. CLUB NAUTICO GAETA	0:58:32.70	5:25,18	11,07
110	RAIMONDI	RAIMONDO	M_I60	ATLETICA LATINA	0:58:38.52	5:25,74	11,05
111	SEPE	CARLO	M_F45	POLI GOLFO	0:58:58.51	5:27,59	10,99
112	FANTI	RINO	M_H55	UISP LATINA	0:58:59.45	5:27,68	10,99
113	BAGNARIOL	VITTORIO	M_L65	ATLETICA HERMADA	0:59:12.14	5:28,88	10,95
114	RECCIA	ANDREA	M_M70	A.S. ATL. CISTERNA	0:59:56.63	5:32,96	10,81
115	GIANSANTI	ANDREA	M_A20	ATLETICA LATINA	1:1:45.65	5:33,58	10,79
116	BAROZZI	LUCIANO	M_F45	ATLETICA SETINA	1:02:08.89	5:45,18	10,43
117	SPEROTTO	ORNELLA	W_DEF	FITNES MONTELO	1:04:24.28	5:57,77	10,06
118	CIANFONI	ANNA	W_DEF	ATL. LARIANO RUNNING CLUB	1:08:54.68	6:22,77	9,40
119	FILIGENZI	MARIA CONCETTA	W_GHI	ATLETICA SETINA	1:17:03.40	7:08,05	8,41
120	PACIFICO	ANNA	W_DEF	ATL. LARIANO RUNNING CLUB	1:17:52.67	7:12,59	8,32
121	PACIFICO	CARMINE	M_M70	ATL. LARIANO RUNNING CLUB	1:17:53.28	7:12,68	8,32
122	DILIBERTO	FABIO	M_C30	A.S. ATL. CISTERNA	N.C.		
123	MACAGNANO	BENITO	M_M70	ATL. ANZIO	N.C.		
124	TRANI	BENEDETTO	M_D35	ATLETICA MONTICELLANA	N.C.		

al 20/06/05

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125	ZONZIN	SERGIO	M_F45	FITNES MONTELLO	N.C.		