

VERTICAL TRAIL DEI MONTI SIMBRUINI

MONTE LIVATA (RM) 4 Gennaio 2020

km 1,188

www.mariomoretti.it

| Posiz. | Pos M/W | Cognome | Nome | Sex | Società | Posiz. Categ. | Tempo Partenza | Tempo Arrivo | Tempo Effettivo |
|--------|------------|------------------|--------------|-----|-----------------------------|------------------|-------------------|-----------------|--------------------|
| 1 | 1 | Giosi | Domenico | M | Hoka Team | 1 | 00:32:30 | 00:42:26 | 00:09:56 |
| 2 | 2 | Tozzi | Ivan | M | Spirito Trail | 2 | 00:32:00 | 00:42:36 | 00:10:36 |
| 3 | 3 | Perrelli | Paolo | M | Roma Ecomaratona | 3 | 00:20:00 | 00:31:26 | 00:11:26 |
| 4 | 4 | Checchi | Fabrizio | M | Trail Monti Simbruini | 4 | 00:31:30 | 00:42:58 | 00:11:28 |
| 5 | 5 | Masserizzi | Marco | M | Runner Trainer | 5 | 00:29:00 | 00:40:32 | 00:11:32 |
| 6 | 6 | Gaffi | Mirco | M | Runner Trainer | 6 | 00:30:00 | 00:41:42 | 00:11:42 |
| 7 | 7 | De Paris | Riccardo | M | Runner Trainer | 7 | 00:23:00 | 00:34:45 | 00:11:45 |
| 8 | 8 | Barone | Gianni | M | Runners Chieti | 8 | 00:23:30 | 00:35:22 | 00:11:52 |
| 9 | 1 | Cignitti | Camilla | F | Trail Monti Simbruini | 1 | 00:30:30 | 00:42:58 | 00:12:28 |
| 10 | 9 | Onelli | Augusto | M | | 9 | 00:28:30 | 00:41:01 | 00:12:31 |
| 11 | 10 | Pizzola | Mauro | M | | 10 | 00:13:00 | 00:25:40 | 00:12:40 |
| 12 | 11 | Di Vico | Antonio | M | Centro Fitness Montello | 11 | 00:16:00 | 00:28:51 | 00:12:51 |
| 13 | 12 | Rossi | Valerio | M | Atetica Colosseo 2000 | 12 | 00:13:30 | 00:26:22 | 00:12:52 |
| 14 | 13 | De Santis | Massimo | M | Trail Monti Simbruini | 13 | 00:03:30 | 00:16:29 | 00:12:59 |
| 15 | 14 | Strinati | Aldo | M | S.S. Lazio Atletica Leggera | 14 | 00:03:00 | 00:16:05 | 00:13:05 |
| 16 | 15 | Gennaretti | Daniele | M | Runner Trainer | 15 | 00:22:30 | 00:35:47 | 00:13:17 |
| 17 | 16 | Checchi | Giulio | M | Trail Santa Chelidonia | 16 | 00:25:00 | 00:38:20 | 00:13:20 |
| 18 | 17 | Marsella | Bruno | M | I Lupi Di Monte Cairo | 17 | 00:19:00 | 00:32:28 | 00:13:28 |
| 19 | 2 | Gaffi | Silvia | F | Runner Trainer | 2 | 00:29:30 | 00:43:03 | 00:13:33 |
| 20 | 18 | La Porta | Alessandro | M | Atletica Anzio | 18 | 00:14:00 | 00:27:51 | 00:13:51 |
| 21 | 19 | Zaccaria | Francescao | M | Ignoranteam | 19 | 00:04:30 | 00:18:30 | 00:14:00 |
| 22 | 20 | Misantoni | Marco | M | Roma Ecomaratona | 20 | 00:20:30 | 00:34:37 | 00:14:07 |
| 23 | 21 | Checchi | Simone | M | Trail Monti Simbruini | 21 | 00:02:00 | 00:16:10 | 00:14:10 |
| 24 | 22 | Colucci | Donato | M | Atletica Rocca Di Papa | 22 | 00:15:30 | 00:29:41 | 00:14:11 |
| 25 | 3 | Palenga | Chiara | F | S.S. Lazio Atletica Leggera | 3 | 00:02:30 | 00:16:42 | 00:14:12 |
| 26 | 23 | Middei | Ivano | M | Atletica Rocca Di Papa | 23 | 00:15:00 | 00:29:15 | 00:14:15 |
| 27 | 24 | Marchewa | Jerzy Bogdan | M | Atletica Rocca Di Papa | 24 | 00:14:30 | 00:28:47 | 00:14:17 |
| 28 | 25 | Pelegrino | Alessandro | M | Fiamme Argento | 25 | 00:18:00 | 00:32:21 | 00:14:21 |
| 29 | 26 | Giuliani | Alessandro | M | Tana Dei Lupi | 26 | 00:24:00 | 00:38:23 | 00:14:23 |
| 30 | 27 | Ciucci | Angelo | M | Trail Santa Chelidonia | 27 | 00:25:30 | 00:39:55 | 00:14:25 |
| 31 | 28 | Del Ciello | Luciano | M | Roma Ecomaratona | 28 | 00:21:00 | 00:35:28 | 00:14:28 |
| 32 | 29 | Alfieri | Onofrio | M | Centro Fitness Montello | 29 | 00:01:30 | 00:16:03 | 00:14:33 |
| 33 | 30 | Mercuri | Maurizio | M | Trail Monti Simbruini | 30 | 00:31:00 | 00:45:35 | 00:14:35 |
| 34 | 31 | Catarinozzi | Alessio | M | Trail Monti Simbruini | 31 | 00:08:00 | 00:22:38 | 00:14:38 |
| 35 | 4 | Isaija | Alessia | F | Runner Trainer | 4 | 00:16:30 | 00:31:14 | 00:14:44 |
| 36 | 32 | Orlandi | Marco | M | Ignoranteam | 32 | 00:05:30 | 00:20:19 | 00:14:49 |
| 37 | 33 | Miriello | Claudio | M | Trail Monti Simbruini | 33 | 00:09:00 | 00:23:52 | 00:14:52 |
| 38 | 34 | Zuccarino | Enrico | M | Roma Ecomaratona | 34 | 00:21:30 | 00:36:35 | 00:15:05 |
| 39 | 35 | Lauri | Damiano | M | Ignoranteam | 35 | 00:04:00 | 00:19:06 | 00:15:06 |
| 40 | 36 | Orlandi | Simone | M | Trail Monti Simbruini | 36 | 00:12:30 | 00:27:43 | 00:15:13 |
| 41 | 5 | Neri | Carla | F | Tana Dei Lupi | 5 | 00:24:30 | 00:39:46 | 00:15:16 |
| 42 | 37 | Miriello | Nazzareno | M | Trail Monti Simbruini | 37 | 00:08:30 | 00:24:00 | 00:15:30 |
| 43 | 38 | Micozzi | Paolo | M | Ignoranteam | 38 | 00:06:30 | 00:22:07 | 00:15:37 |
| 44 | 39 | Tombesi | Tiziano | M | Ignoranteam | 39 | 00:05:00 | 00:20:38 | 00:15:38 |
| 45 | 40 | Belli | Franco | M | Il Corridore Running Club | 40 | 00:19:30 | 00:35:14 | 00:15:44 |
| 46 | 41 | Gracili | Pietro | M | Trail Monti Simbruini | 41 | 00:27:30 | 00:43:17 | 00:15:47 |
| 47 | 42 | Areni | Giuseppe | M | Trail Monti Simbruini | 42 | 00:11:30 | 00:27:23 | 00:15:53 |
| 48 | 43 | Reale | Francesco | M | Runcard | 43 | 00:22:00 | 00:38:50 | 00:16:50 |
| 49 | 6 | Ferraro | Marianna | F | Fiamme Argento | 6 | 00:17:30 | 00:34:20 | 00:16:50 |
| 50 | 44 | Franciosi | Andrea | M | Trail Monti Simbruini | 44 | 00:27:00 | 00:43:53 | 00:16:53 |
| 51 | 7 | Ferraro | Carla | F | Fiamme Argento | 7 | 00:17:00 | 00:34:25 | 00:17:25 |
| 52 | 45 | Di Carlo | Roberto | M | Mediterranea Ostia | 45 | 00:07:00 | 00:25:30 | 00:18:30 |
| 53 | 46 | Pelliccia | Vincenzo | M | Mediterranea Ostia | 46 | 00:07:30 | 00:26:50 | 00:19:20 |
| 54 | 8 | Villacorta Paima | Veronica | F | Trail Monti Simbruini | 8 | 00:12:00 | 00:31:59 | 00:19:59 |
| 55 | 9 | Cuomo | Donatella | F | Lbm Sport | 9 | 00:10:00 | 00:30:44 | 00:20:44 |
| 56 | 47 | Mercuri | Fernarndo | M | Ignoranteam | 47 | 00:06:00 | 00:26:54 | 00:20:54 |
| 57 | 10 | Recchia | Germana | F | | 10 | 00:09:30 | 00:30:44 | 00:21:14 |
| 58 | 11 | De Simone | Stefania | F | Trail Monti Simbruini | 11 | 00:11:00 | 00:36:49 | 00:25:49 |
| 59 | 48 | Paglione | Alessandro | M | Trail Monti Simbruini | 48 | 00:10:30 | 00:37:00 | 00:26:30 |
| 60 | 49 | Cignitti | Diego | M | Trail Monti Simbruini | 49 | 00:00:00 | 00:28:46 | 00:28:46 |
| 61 | 12 | Callari | Alice | F | Trail Monti Simbruini | 12 | 00:00:30 | 00:31:14 | 00:30:44 |