

NORMISSIMA
NORMA (LT) 12 Dicembre 2022
km 10,000

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Pos	Pos M/W	Cognome	Nome	Cat	Pos Cat.	Società	Tempo	Real Time
1	1	CARRAROLI	GABRIELE	M_A20	1	A.S.D. CENTRO FITNESS MONTELLO	0:34:22	0:34:22
2	2	NORO	MATTEO	M_A20	2	A.S.D. PIANO MA ARRIVIAMO	0:34:46	0:34:46
3	3	VOLPE	RICCARDO	M_A20	3	RUNFOREVER APRILIA	0:36:23	0:36:21
4	4	DE MARCHIS	TOMMASO	M_A20	4	A.S.D. PODISTICA AVIS PRIVERNO	0:36:44	0:36:42
5	5	REITANO	GABRIELE	M_A20	5	TIBURTINA RUNNING ROMA A.S.D.	0:37:04	0:37:03
6	6	MARCHIORI	CLAUDIO	M_F45	1	NUOVA PODISTICA LATINA	0:37:57	0:37:57
7	7	ANZALONE	MAURO	M_F45	2	ASD LATINA SCALO RUNNING	0:38:25	0:38:24
8	8	PARLAPIANO	FABIO	M_D35	1	A.S.D. ROCCAGORGA	0:39:02	0:39:01
9	9	MIDDEI	MASSIMO	M_G50	1	NUOVA ATLETICA CISTERNA ASD	0:39:09	0:39:07
10	10	ANTETOMASO	NICOLA	M_G50	2	RUNNING CLUB LATINA	0:39:21	0:39:21
11	11	PORCELLI	ALESSIO ARMANDO	M_C30	1	A.S.D. CENTRO FITNESS MONTELLO	0:39:49	0:39:49
12	12	ANZALONE	ANDREA	M_F45	3	ASD LATINA SCALO RUNNING	0:39:52	0:39:51
13	13	MORINI	ANDREA	M_G50	3	FIDAL RUNCARD	0:39:55	0:39:55
14	14	ALONZI	ANDREA	M_A20	6	POL. CIOCIARA ANTONIO FAVA	0:40:14	0:40:12
15	15	DANIELI	EDOARDO	M_C30	2	A.S.D. ATLETICA SETINA	0:40:20	0:40:18
16	16	BELGHAZI	FRANCESCO	M_A20	7	FIDAL RUNCARD	0:41:20	0:41:17
17	17	CACCIOTTI	ALBERTO	M_A20	8	UISP LATINA	0:41:31	0:41:29
18	18	MANZINI	RICCARDO	M_G50	4	ASD PODISTICA POMEZIA	0:41:36	0:41:34
19	19	ALTOBELLI	CLAUDIO	M_F45	4	A.S.D. PODISTICA PONTINIA	0:41:49	0:41:46
20	1	CASCIOTTI	MARIA	W_D35	1	PODISTICA SOLIDARIETA'	0:42:29	0:42:29
21	20	ZORZO	MARCO	M_A20	9	A.S.D. CENTRO FITNESS MONTELLO	0:42:46	0:42:46
22	21	FABIETTI	GIOVANNI	M_G50	5	ASD INGEGNERI LATINA	0:42:55	0:42:53
23	22	MACALE	ALESSANDRO	M_E40	1	NUOVA ATLETICA CISTERNA ASD	0:43:03	0:43:03
24	23	DI VICO	ANTONIO	M_F45	5	A.S.D. CENTRO FITNESS MONTELLO	0:43:07	0:43:05
25	24	NOVIELLO	FRANCESCO	M_D35	2	RUNNING CLUB LATINA	0:43:39	0:43:35
26	25	CIUFO	GULIELMO	M_H55	1	NUOVA ATLETICA CISTERNA ASD	0:43:49	0:43:48
27	26	PAOLA	FRANCESCO	M_F45	6	ASD NISSOLINO INTESATLETICA	0:44:05	0:44:05
28	27	TRAMENTOZZI	CLAUDIO	M_E40	2	D+TRAIL	0:44:22	0:44:20
29	28	ROSSI	ALESSANDRO	M_C30	3	FIDAL RUNCARD	0:45:02	0:44:56
30	29	COLLINVITTI	ANDREA	M_A20	10	UISP LATINA	0:45:11	0:45:10
31	30	FAIOLA	FRANCESCO	M_G50	6	POD. TERRACINA	0:45:14	0:45:13
32	31	DE MARTINO	GIACOMO	M_E40	3	ASD LATINA SCALO RUNNING	0:45:26	0:45:26
33	2	MACINENTI	FRANCESCA	W_G50	1	A.S.D. CENTRO FITNESS MONTELLO	0:45:28	0:45:26
34	3	LAURENZA	LUCREZIA	W_A20	1	ATLETICA LA SBARRA	0:45:49	0:45:44
35	32	CATALANI	SANDRO	M_F45	7	NUOVA PODISTICA LATINA	0:46:23	0:46:21
36	33	FIORI	LUIGI	M_D35	3	A.S.D. PODISTICA PONTINIA	0:46:39	0:46:37
37	34	PROSEDA	DAVIDE	M_E40	4	NUOVA PODISTICA LATINA	0:47:04	0:47:02
38	35	MANTOVA	STEFANO	M_G50	7	ATL. BORG. RIUN.SERMONETA	0:47:15	0:47:13
39	36	NEGROSINI	AMILCARE	M_I60	1	ATL. BORG. RIUN.SERMONETA	0:47:15	0:47:15
40	37	COLATO	MARIO	M_G50	8	A.S.D. CENTRO FITNESS MONTELLO	0:47:21	0:47:18
41	38	MONACO	NICOLA	M_H55	2	TEAM CAMELOT A.S.D.	0:47:28	0:47:24
42	39	SCANAVINI	MARCO	M_E40	5	A.S.D. ATLETICA SABAUDIA	0:47:33	0:47:24
43	40	FLAMINI	FLORIO	M_H55	3	RUNFOREVER APRILIA	0:47:39	0:47:38
44	41	COLALUCA	SERGIO	M_L65	1	ASD RUNNERS TEAM COLLEFFERO	0:48:03	0:48:03
45	42	USAI	PAOLO	M_E40	6	POLIGOLFO	0:48:20	0:48:18
46	43	GARZILLO	MARCO	M_I60	2	RUNNING CLUB LATINA	0:48:27	0:48:25
47	44	ADAMO	MASSIMO	M_I60	3	A.S.D. CENTRO FITNESS MONTELLO	0:48:37	0:48:35
48	45	MATTEI	FABIO	M_G50	9	A.S.D. CENTRO FITNESS MONTELLO	0:49:06	0:49:00
49	46	CAPPELLI	GUIDO	M_F45	8	A.S.D. PODISTICA PONTINIA	0:49:09	0:49:06
50	47	DE FABRITIS	EMILIO	M_L65	2	POD. TERRACINA	0:49:09	0:49:07

51	48	FIORINI	FELICE	M_L65	3	POL. CIOCIARA ANTONIO FAVA	0:49:16	0:49:16
52	4	MAURIZI	SIMONETTA	W_I60	1	NUOVA ATLETICA CISTERNA ASD	0:49:25	0:49:22
53	49	TARDELLA	ENZO	M_F45	9	A.S.D. PODISTICA PONTINIA	0:49:28	0:49:26
54	50	MARRO	MICHELINO	M_I60	4	RUNNING CLUB LATINA	0:49:42	0:49:39
55	51	OLIVA	GENNARO	M_G50	10	A.S.D. ATLETICA SABAUDIA	0:49:46	0:49:42
56	52	CECCANO	ANGELO	M_H55	4	A.S.D. CENTRO FITNESS MONTELLO	0:49:50	0:49:45
57	53	DI CRESCENZO	VALENTINO	M_H55	5	ASD NISSOLINO INTESATLETICA	0:49:55	0:49:51
58	54	BASCIANO	ENRICO	M_E40	7	A.S.D. CENTRO FITNESS MONTELLO	0:49:58	0:49:52
59	55	BRUNORO	GIANLUCA	M_G50	11	ASD PODISTICA POMEZIA	0:49:58	0:49:55
60	56	VISENTINI	DANIELE	M_E40	8	A.S.D. CENTRO FITNESS MONTELLO	0:50:06	0:50:04
61	57	SOLAZZI	MATTEO	M_A20	11	ASD LATINA SCALO RUNNING	0:50:35	0:50:32
62	58	CAPPIO	GIANLUCA	M_F45	10	ASD INGEGNERI LATINA	0:50:38	0:50:24
63	59	PELLACCHI	SALVATORE	M_F45	11	NUOVA ATLETICA CISTERNA ASD	0:50:41	0:50:39
64	60	MONTI	GUIDO	M_H55	6	GIOVANNI SCAVO VELLETRI	0:50:52	0:50:50
65	61	FAZIOLI	FRANCO	M_H55	7	9,92 RUNNING ASD	0:50:58	0:50:53
66	62	MARCOTULLI	GIAMPIERO	M_F45	12	A.S.D. ATLETICA LATINA	0:51:07	0:51:04
67	5	WOJTAL	AGNIESZKA MALGOR	W_E40	1	A.S.D. CENTRO FITNESS MONTELLO	0:51:15	0:51:12
68	63	ESPOSITO	NUNZIO	M_E40	9	RUNNING CLUB LATINA	0:51:20	0:51:10
69	64	COTICELLI	FABIO	M_F45	13	RUNNING CLUB LATINA	0:51:34	0:51:31
70	6	FABIETTI	ELISA	W_D35	2	RUNNING CLUB LATINA	0:51:34	0:51:31
71	65	PERNA	VINCENZO	M_I60	5	A.S.D. PODISTICA AVIS PRIVERNO	0:52:15	0:52:09
72	66	STASI	MASSIMO	M_H55	8	S.S. LAZIO ATLETICA LEGGERA	0:52:26	0:52:23
73	67	ROSSI	FABIO	M_G50	12	ATL. BORG. RIUN.SERMONETA	0:52:41	0:52:41
74	68	RINALDI	DOMENICO	M_M70	1	ATL. BORG. RIUN.SERMONETA	0:52:41	0:52:39
75	69	PRATICO'	ALESSANDRO	M_F45	14	A.S.D. CENTRO FITNESS MONTELLO	0:52:51	0:52:46
76	70	CONSALVI	MARCO	M_E40	10	A.S.D. CENTRO FITNESS MONTELLO	0:52:51	0:52:47
77	7	PANDOZZI	MARTA	W_E40	2	ASD NISSOLINO INTESATLETICA	0:52:52	0:52:46
78	71	CAPRARO	GUGLIELMO	M_L65	4	POL. CIOCIARA ANTONIO FAVA	0:53:00	0:53:00
79	72	VALERIO	PASQUALE	M_F45	15	FIDAL RUNCARD	0:53:17	0:53:09
80	73	SANTUCCI	JOHN	M_G50	13	A.S.D. CENTRO FITNESS MONTELLO	0:53:20	0:53:15
81	8	GUERRA	MILENA	W_G50	2	A.S.D. CENTRO FITNESS MONTELLO	0:53:41	0:53:36
82	74	LA PIANA	GIUSEPPE	M_D35	4	D+TRAIL	0:54:01	0:53:53
83	75	COLUZZI	ANDREA	M_C30	4	RUNNING CLUB LATINA	0:54:27	0:54:23
84	9	MENDOZA GONDA	MARICEL	W_F45	1	A.S.D. ATLETICA SABAUDIA	0:54:41	0:54:35
85	76	GIAMMATTEO	CARLO	M_H55	9	GIOVANNI SCAVO VELLETRI	0:54:42	0:54:41
86	77	MARIANI	GIANNI	M_M70	2	GIOVANNI SCAVO VELLETRI	0:54:42	0:54:42
87	78	SALVATORE	FABRIZIO	M_H55	10	ASD NISSOLINO INTESATLETICA	0:54:47	0:54:41
88	79	BALZINI	ANDREA LUIGI GUIDO	M_E40	11	NUOVA PODISTICA LATINA	0:54:50	0:54:42
89	80	LIMONE	RAFFAELE	M_G50	14	A.S.D. CENTRO FITNESS MONTELLO	0:55:05	0:54:58
90	81	PERCOCO	ADRIANO	M_M70	3	A.S.D. CENTRO FITNESS MONTELLO	0:55:05	0:55:00
91	82	CORTESE	CARLO	M_E40	12	ATL. BORG. RIUN.SERMONETA	0:55:33	0:55:30
92	10	GIULIANI	ELENA	W_C30	1	ATL. BORG. RIUN.SERMONETA	0:55:34	0:55:30
93	83	VASTOLA	ALDO	M_G50	15	ATL. BORG. RIUN.SERMONETA	0:55:34	0:55:32
94	11	ZONTA	PAMELA	W_E40	3	INTESATLETICA	0:55:39	0:55:34
95	12	RUMMO	BEATRICE	W_H55	1	A.S.D. CENTRO FITNESS MONTELLO	0:55:47	0:55:46
96	84	CATALANI	AUGUSTO	M_G50	16	A.S.D. CENTRO FITNESS MONTELLO	0:55:58	0:55:53
97	13	LAMBERTI	CINZIA	W_E40	4	A.S.D. PODISTICA PONTINIA	0:56:16	0:56:11
98	85	CIAFREI	ENZO	M_I60	6	GIOVANNI SCAVO VELLETRI	0:56:34	0:56:32
99	14	POLSINELLI	ANNA FELICITA	W_H55	2	POL. CIOCIARA ANTONIO FAVA	0:56:38	0:56:37
100	86	RECCANELLO	CESARE	M_G50	17	A.S.D. CENTRO FITNESS MONTELLO	0:56:51	0:56:41
101	87	MONTEFERRI	MAURO	M_H55	11	GIOVANNI SCAVO VELLETRI	0:56:56	0:56:56
102	88	FORCHIA	NICOLA	M_I60	7	NUOVA PODISTICA LATINA	0:56:59	0:56:51
103	89	ALFIERI	ONOFRIO SANTINO	M_F45	16	A.S.D. CENTRO FITNESS MONTELLO	0:57:06	0:56:59
104	15	SOFRA	CLOTILDE	W_F45	2	NUOVA PODISTICA LATINA	0:57:15	0:57:12
105	90	GIORGI	PIERGIORGIO	M_G50	18	ASD NISSOLINO INTESATLETICA	0:57:47	0:57:38
106	91	DI LEGGE	FABIO	M_F45	17	RUNNING CLUB LATINA	0:57:47	0:57:42
107	16	SPADA	DANIELA	W_G50	3	ASD NISSOLINO INTESATLETICA	0:57:47	0:57:41
108	92	PROSSEDA	DANIELE	M_C30	5	RUNNING CLUB LATINA	0:57:47	0:57:39
109	93	SACCO	MARIO	M_E40	13	ASD PEDAGNALONGA	0:58:48	0:58:42

110	94	FERRONATO	MAURO	M_G50	19	A.S.D. CENTRO FITNESS MONTELLO	0:58:55	0:58:46
111	17	CIARLA	ALESSANDRA	W_H55	3	GIOVANNI SCAVO VELLETRI	0:59:05	0:59:04
112	18	GEISBERGER	MONIKA	W_G50	4	ASD PODISTICA POMEZIA	0:59:43	0:59:41
113	19	SABATINI	GIORGIA	W_E40	5	NUOVA ATLETICA CISTERNA ASD	1:00:36	1:00:32
114	95	PAGLIUCA	ANTONIO	M_I60	8	A.S.D. PODISTICA APRILIA	1:00:36	1:00:35
115	96	GIULIANI	EMANUELE	M_E40	14	NUOVA ATLETICA CISTERNA ASD	1:00:55	1:00:50
116	97	BORRACCINO	ANDREA	M_E40	15	A.S.D. CENTRO FITNESS MONTELLO	1:01:15	1:01:08
117	20	FORCINA	SABRINA	W_G50	5	A.S.D. PODISTICA PONTINIA	1:01:20	1:01:16
118	21	ROCCARINA	ANTONELLA	W_H55	4	A.S.D. PODISTICA PONTINIA	1:01:23	1:01:17
119	22	CEPARANO	ANTONELLA	W_H55	5	FIDAL RUNCARD	1:01:28	1:01:21
120	98	PUNZETTI	ARMANDO	M_M70	4	A.S.D. PODISTICA PONTINIA	1:01:35	1:01:30
121	99	FIORIN	GIORGIO	M_G50	20	A.S.D. CENTRO FITNESS MONTELLO	1:01:36	1:01:30
122	100	RAZZINO	GENNARO	M_E40	16	RUNNING CLUB LATINA	1:01:38	1:01:30
123	23	DE PALO	LUCIANA	W_F45	3	ASD PODISTICA POMEZIA	1:02:17	1:02:14
124	101	ZAMPETTI	MAURIZIO	M_G50	21	ASD RUNNER TRAINER	1:02:25	1:02:20
125	102	BETTI	RICCARDO	M_H55	12	A.S.D. CENTRO FITNESS MONTELLO	1:02:33	1:02:26
126	103	MICHELI	MAURIZIO	M_L65	5	A.S.D. PODISTICA PONTINIA	1:02:48	1:02:43
127	24	ZANELLATO	ROBERTA	W_E40	6	ASD PEDAGNALONGA	1:03:19	1:03:13
128	25	CICCIOLA	MARIA PIA	W_H55	6	9,92 RUNNING ASD	1:04:02	1:03:57
129	26	CHIRIVINO	SUSANNA	W_E40	7	A.S.D. CENTRO FITNESS MONTELLO	1:04:03	1:03:57
130	27	ZECCHI	VALENTINA	W_E40	8	ASD PIPPARUNNERS	1:04:25	1:04:21
131	104	ESPOSITO	SANDRO	M_G50	22	A.S.D. PODISTICA PONTINIA	1:04:33	1:04:29
132	28	ROCCARINA	LOREDANA	W_F45	4	A.S.D. PODISTICA PONTINIA	1:04:33	1:04:27
133	105	CANCIELLO	ROCCO	M_F45	18	A.S.D. CENTRO FITNESS MONTELLO	1:06:02	1:05:55
134	106	SPERDUTI	WILLIAM	M_L65	6	TRENTINO RUNNING TEAM	1:06:12	1:06:05
135	29	NARDINI	CLARA	W_G50	6	A.S.D. CENTRO FITNESS MONTELLO	1:06:13	1:06:06
136	107	MEROLLE	MARIO	M_L65	7	UISP LATINA	1:06:13	1:06:04
137	108	MINOTTI	FABIO	M_E40	17	A.S.D. ATLETICA SABAUDIA	1:06:44	1:06:32
138	109	BACCO	RICCARDO	M_H55	13	RUNNING CLUB LATINA	1:08:11	1:08:02
139	110	CALICIOTTI	MASSIMO	M_I60	9	FIDAL RUNCARD	1:08:11	1:08:05
140	30	CAVOLA	STEFANIA	W_F45	5	FIDAL RUNCARD	1:08:11	1:08:06
141	111	ZORZO	ROBERTO	M_G50	23	A.S.D. CENTRO FITNESS MONTELLO	1:08:11	1:08:04
142	112	D'ANGELO	DAVIDE	M_E40	18	UISP LATINA	1:08:40	1:08:30
143	31	D'ANDREA	DARIA	W_I60	2	NUOVA PODISTICA LATINA	1:09:50	1:09:42
144	32	BERLINCIONI	CARLA	W_LM	1	A.S.D. CENTRO FITNESS MONTELLO	1:09:51	1:09:43
145	113	MINGHELLA	COSTANTINO	M_H55	14	A.S.D. ATLETICA SABAUDIA	1:09:59	1:09:51
146	114	PELLICCIA	VINCENZO	M_M70	5	MEDITERRANEA OSTIA	1:10:55	1:10:39
147	33	TOMASINO	FRANCESCA	W_LM	2	ASD PODISTICA POMEZIA	1:16:56	1:16:52
148	115	MACCHIARULLO	CLAUDIO	M_H55	15	RUNNING CLUB LATINA	1:19:24	1:19:11
149	34	RICCI	GIOVANNA	W_C30	2	A.S.D. CENTRO FITNESS MONTELLO	1:20:09	1:20:02
150	35	TOMASSINI	PIERINA	W_LM	3	ASD VEGAN POWER TEAM	1:20:10	1:20:03
151	36	RICCI	GIULIA	W_D35	3	ASD VEGAN POWER TEAM	1:20:11	1:20:03