

CLASSIFICA ASSOLUTA

8ª NOTTURNA "TRE TORRI"

CEPRANO (FR) - 04/07/2015
GARA PODISTICA SU STRADA DI KM. 10

DAL SITO AZPODISMO - IL SITO DI ANDREA ZACCARI - WWW.AZPODISMO.IT

POS.	NUM.	M/F	COGNOME	NOME	SOCIETA'	ANNO	CAT.	2500	5000	7500	TEMPO FIN.	MEDIA/KM	DISTACCO
1	1		RUTIGLIANO	PASQUALE	ESERCITO	1978	SM35	0:08:12	0:16:25	0:24:38	0:32:58	3:18	
2	3		PAPOCCIA	DIEGO	ASD RUNNERS TEAM COLLEFFERRO	1973	SM40	0:08:20	0:16:37	0:25:08	0:33:41	3:22	0:00:43
3	573		CAROLI	GABRIELE	ACSI CAMPIDOGGIO PALATINO	1995	JPSM	0:08:22	0:17:02	0:25:50	0:34:17	3:26	0:01:19
4	4		GRAVINA	BRUNO	POL ATLETICA CEPRANO	1979	SM35	0:08:22	0:17:01	0:25:41	0:34:18	3:26	0:01:20
5	567		SOUFYANE	EL FADIL	ASD RUNNERS TEAM COLLEFFERRO	1979	SM35	0:08:22	0:17:02	0:25:50	0:34:43	3:28	0:01:45
6	5		GERMANI	GIOVANNI	POL ATLETICA CEPRANO	1967	SM45	0:08:32	0:17:28	0:26:39	0:35:51	3:35	0:02:53
7	7		ZOMPANTI	ALESSANDRO	POL ATLETICA CEPRANO	1969	SM45	0:08:32	0:17:33	0:26:44	0:35:59	3:36	0:03:01
8	230		TURCHETTA	MASSIMILIANO	POLISPORTIVA CIOCIARA A. FAVA	1976	SM35	0:08:43	0:17:51	0:27:08	0:36:14	3:37	0:03:16
9	274		ONORATO	FRANCESCO	ATLETICA CECCANO	1979	SM35	0:08:46	0:17:51	0:27:08	0:36:16	3:38	0:03:18
10	547		VENAFRO	ROBERTO	LIRI RUNNERS	1968	SM45	0:08:43	0:17:51	0:27:12	0:36:36	3:40	0:03:38
11	36		COSCIA	ANDREA	ASD ATLETICA TUSCULUM	1972	SM40	0:09:09	0:18:18	0:27:36	0:36:45	3:41	0:03:47
12	403		MANCUSO	GIUSEPPE	LBM SPORT	1968	SM45	0:09:11	0:18:19	0:27:36	0:36:46	3:41	0:03:48
13	201		MANCONE	BENITO	POLISPORTIVA CIOCIARA A. FAVA	1976	SM35	0:09:01	0:18:08	0:27:33	0:36:51	3:41	0:03:53
14	171		CARDINALI	ANDREA	ASD RUNNING EVOLUTION	1981	JPSM	0:09:12	0:18:27	0:27:48	0:36:53	3:41	0:03:55
15	232		VITTI	MIRCO	POLISPORTIVA CIOCIARA A. FAVA	1987	JPSM	0:08:57	0:18:04	0:27:34	0:37:11	3:43	0:04:13
16	257		DE LUCA	BIAGIO	ATLETICA CECCANO	1981	JPSM	0:08:53	0:18:15	0:27:50	0:37:14	3:43	0:04:16
17	299		BASILE	ALESSANDRO	ASD TORRICE RUNNER	1973	SM40	0:08:45	0:18:15	0:27:50	0:37:15	3:44	0:04:17
18	204		MARCOCCIO	ALFONSO	POLISPORTIVA CIOCIARA A. FAVA	1972	SM40	0:09:01	0:18:22	0:28:02	0:37:18	3:44	0:04:20
19	113		MASTROIANNI	ROBERTO	ASD ATLETICA CITTA' DEI PAPI	1983	JPSM	0:08:54	0:18:17	0:27:55	0:37:28	3:45	0:04:30
20	175		CAPUANO	VITTORIO	POLISPORTIVA CIOCIARA A. FAVA	1977	SM35	0:09:01	0:18:26	0:28:02	0:37:42	3:46	0:04:44
21	388		MOLLICA	MARIANO	CORSA DEI SANTI ASD	1962	SM50	0:09:10	0:18:42	0:28:31	0:38:08	3:49	0:05:10
22	571		GUARCINI	LUCA	COLLEFFERRO ATLETICA	1976	SM35	0:09:06	0:18:31	0:28:23	0:38:11	3:49	0:05:13
23	292		D'URSO	AUGUSTO	A.S.D. ATLETICA SAN GIORGIO A LIRI	1985	JPSM	0:09:12	0:18:49	0:28:39	0:38:16	3:50	0:05:18
24	246		CARINCI	GIUSEPPE	ATLETICA CECCANO	1979	SM35	0:09:13	0:18:41	0:28:29	0:38:17	3:50	0:05:19
25	457		DE STEFANO	CRISTIAN	SORA RUNNERS CLUB	1994	JPSM	0:09:21	0:19:05	0:28:47	0:38:17	3:50	0:05:19
26	213		PARISI	MAGNO ROBERTO	POLISPORTIVA CIOCIARA A. FAVA	1961	SM50	0:09:12	0:18:53	0:28:44	0:38:32	3:51	0:05:34
27	6		VENTURA	FABIO	POL ATLETICA CEPRANO	1977	SM35	0:08:53	0:18:47	0:28:56	0:38:50	3:53	0:05:52
28	481		ODDI	STEFANO	ERNICA RUNNING	1997	JPSM	0:09:14	0:19:01	0:28:59	0:38:51	3:53	0:05:53
29	406		DE NARDIS	ADRIANO	POL ATLETICA CEPRANO	1992	JPSM	0:09:21	0:19:09	0:29:15	0:38:51	3:53	0:05:53
30	10		PERONTI	MARCELLO	US VALLECORSIA	1973	SM40	0:09:22	0:19:05	0:29:00	0:38:52	3:53	0:05:54
31	44		CAVALLARO	GIOVANNI	AMATORI FIAT CASSINO	1969	SM45	0:09:28	0:19:16	0:29:13	0:38:55	3:54	0:05:57
32	67		PACITTI	ANTONIO	AMATORI FIAT CASSINO	1964	SM50	0:09:22	0:19:04	0:29:06	0:38:55	3:54	0:05:57
33	392		D'AMICO	IVAN	APROCIS RUNNERS TEAM	1988	JPSM	0:09:28	0:19:16	0:29:14	0:38:58	3:54	0:06:00
34	89		MERLINO	ROLANDO	POD. AMATORI MOROLO	1963	SM50	0:09:17	0:19:09	0:29:13	0:39:02	3:54	0:06:04
35	143		GIONTA	MASSIMO	ASD ATLETICA VENAFRO	1973	SM40	0:09:32	0:19:14	0:29:11	0:39:03	3:54	0:06:05
36	170		TUMMOLO	LUCIANO	ASD RUNNERS TEAM COLLEFFERRO	1956	SM55	0:09:16	0:19:03	0:29:07	0:39:06	3:55	0:06:08
37	255		DE FILIPPI	ROBERTO	ATLETICA CECCANO	1981	JPSM	0:09:23	0:19:08	0:29:07	0:39:06	3:55	0:06:08
38	9		DI GIUSTINO	MARCO	POLISPORTIVA UNIVERSITA' FORO ITALICO	1965	SM50	0:09:38	0:19:34	0:29:33	0:39:23	3:56	0:06:25
39	494		D'ALESSANDRIS	LORENZO	RUNNERS CLUB ANAGNI	1993	JPSM	0:09:25	0:19:11	0:29:20	0:39:26	3:57	0:06:28
40	493		CONTI	STEFANO	RUNNERS CLUB ANAGNI	1995	JPSM	0:09:25	0:19:11	0:29:26	0:39:28	3:57	0:06:30
41	459		MARINI	ANGELO	SORA RUNNERS CLUB	1963	SM50	0:09:48	0:19:42	0:29:47	0:39:29	3:57	0:06:31
42	506		LANZILLI	SERGIO	ASD RUNNING PENTRIA	1967	SM45	0:09:34	0:19:30	0:29:33	0:39:38	3:58	0:06:40
43	114		CAMILLI	LUCA	ASD ATLETICA CITTA' DEI PAPI	1972	SM40	0:09:36	0:19:35	0:29:48	0:39:48	3:59	0:06:50
44	355		MANNHEH	ABDOULE	ATLETICA ARCE	1994	JPSM	0:09:11	0:19:05	0:29:27	0:39:59	4:00	0:07:01
45	135		ROTUNNO	ROBERTO	S.S. LAZIO ATLETICA LEGGERA	1965	SM50	0:09:32	0:19:26	0:29:41	0:39:59	4:00	0:07:01
46	499		MAGGI	SANDRO	RUNNERS CLUB ANAGNI	1973	SM40	0:09:35	0:19:33	0:29:48	0:40:05	4:01	0:07:07
47	188		FERDINANDI	MARCO	POLISPORTIVA CIOCIARA A. FAVA	1978	SM35	0:09:36	0:19:36	0:29:59	0:40:14	4:01	0:07:16
48	12		ANTONETTI	DIEGO	US VALLECORSIA	1975	SM40	0:10:13	0:20:01	0:30:08	0:40:15	4:02	0:07:17
49	379		PIRANDELLO	ATTILIO	ENDURANCE TRAINING	1967	SM45	0:09:44	0:19:54	0:30:09	0:40:21	4:02	0:07:23
50	261		INCITTI	FABIO	ATLETICA CECCANO	1970	SM45	0:09:46	0:19:51	0:30:16	0:40:27	4:03	0:07:29
51	221		PROIA	VINCENZO	POLISPORTIVA CIOCIARA A. FAVA	1953	SM60	0:09:35	0:19:37	0:29:59	0:40:29	4:03	0:07:31
52	142		PELELGRINO	FRANCO	ASD ATLETICA VENAFRO	1963	SM50	0:09:37	0:19:43	0:30:04	0:40:30	4:03	0:07:32
53	144		DE ROSA	FRANCESCO	ASD ATLETICA VENAFRO	1963	SM50	0:09:42	0:19:49	0:30:14	0:40:36	4:04	0:07:38
54	95		FIORLETTA	JACOPO	PODISTICA DEI FIORI	1989	JPSM	0:09:45	0:19:59	0:30:24	0:40:38	4:04	0:07:40
55	456		CERRONE	VALENTINO	SORA RUNNERS CLUB	1980	SM35	0:09:47	0:19:50	0:30:14	0:40:38	4:04	0:07:40
56	412		D'AMBROSI	SIMONE	POL ATLETICA CEPRANO	1988	JPSM	0:09:07	0:19:33	0:30:24	0:40:43	4:04	0:07:45
57	169		POCE	AUGUSTO	ASD MES COLLEFFERRO	1965	SM50	0:10:03	0:20:10	0:30:23	0:40:45	4:05	0:07:47
58	565		MILANO	PEPPINO	ATLETICA CECCANO	1969	SM45	0:09:20	0:19:35	0:30:10	0:40:46	4:05	0:07:48
59	439		DI SALVATORE	CORRADO	ASD PLUS ULTRA	1964	SM50	0:10:38	0:20:24	0:30:32	0:40:49	4:05	0:07:51
60	147		DANESE	GIOVANNI	GS LITAL	1976	SM35	0:10:27	0:20:17	0:30:28	0:40:50	4:05	0:07:52
61	222		REA	MAURO	POLISPORTIVA CIOCIARA A. FAVA	1966	SM45	0:09:39	0:19:52	0:30:23	0:40:52	4:05	0:07:54
62	421		OTTAVIANI	FILIBERTO	POL ATLETICA CEPRANO	1974	SM40	0:09:32	0:19:51	0:30:21	0:40:53	4:05	0:07:55
63	63		IACOVELLA	ROBERT	AMATORI FIAT CASSINO	1980	SM35	0:10:13	0:20:25	0:30:43	0:40:59	4:06	0:08:01
64	153		CASO	GAETANO	ASD MES COLLEFFERRO	1953	SM60	0:09:45	0:20:08	0:30:41	0:41:04	4:06	0:08:06
65	368		DE FILIPPO	FABIO	ENDURANCE TRAINING	1987	JPSM	0:09:51	0:20:02	0:30:35	0:41:07	4:07	0:08:09
66	262		LANCIA	DANIEL	ATLETICA CECCANO	1970	SM45	0:10:09	0:20:30	0:31:06	0:41:16	4:08	0:08:18
67	408		CECCACCI	MATTEO	POL ATLETICA CEPRANO	1993	JPSM	0:10:26	0:20:48	0:31:12	0:41:17	4:08	0:08:19
68	502		RICCI	DOMENICO	RUNNERS CLUB ANAGNI	1984	JPSM	0:09:43	0:20:05	0:30:41	0:41:18	4:08	0:08:20
69	566		BRAGAGLIA	ANTONIO	ATLETICA CECCANO	1975	SM40	0:09:57	0:20:15	0:30:52	0:41:19	4:08	0:08:21
70	51		D'ADAMO	MANILO	AMATORI FIAT CASSINO	1981	JPSM	0:10:35	0:21:04	0:31:26	0:41:20	4:08	0:08:22
71	480		MIZZONI	MICHELE	ERNICA RUNNING	1965	SM50	0:09:36	0:20:02	0:30:42	0:41:27	4:09	0:08:29
72	477		MASTRACCI	LORENZO	ERNICA RUNNING	1961	SM50	0:09:50	0:20:15	0:30:54	0:41:27	4:09	0:08:29
73	240		ANTONINI	MARIO	ATLETICA CECCANO	1977	SM35	0:09:49	0:20:17	0:30:59	0:41:33	4:09	0:08:35
74	475		MARROCCO	GIAMPIETRO	ERNICA RUNNING	1969	SM45	0:10:08	0:20:23	0:30:56	0:41:41	4:10	0:08:43
75	187		FERDINANDI	FLAVIO	POLISPORTIVA CIOCIARA A. FAVA	1971	SM40	0:09:48	0:20:10	0:30:59	0:41:42	4:10	0:08:44
76	416		MAINI	ALFREDO	POL ATLETICA CEPRANO	1962	SM50	0:09:46	0:20:15	0:30:59	0:41:43	4:10	0:08:45
77	530		FIGORELLI	TONY	LIRI RUNNERS	1985	JPSM	0:09:35	0:20:02	0:30:55	0:41:48	4:11	0:08:50
78	425		PUTTINI	MIRKO	POL ATLETICA CEPRANO	1994	JPSM	0:09:54	0:20:35	0:31:25	0:41:50	4:11	0:08:52
79	120		CICCONI	LUIGI	ASD ATLETICA CITTA' DEI PAPI	1967	SM45	0:10:07	0:20:28	0:31:13	0:41:52	4:11	0:08:54
80	162		MADONNA	GENNARO	ASD MES COLLEFFERRO	1964	SM50	0:10:10	0:20:35	0:31:20	0:41:59	4:12	0:09:01
81	77		SECONDI	NESTOR	AMATORI FIAT CASSINO	1978	SM35	0:10:35	0:21:04	0:31:26	0:42:02	4:12	0:09:04
82	28		FEDELE	GIANFRANCO	ASD RUNNERS ELITE	1979	SM35	0:10:14	0:20:43	0:31:30	0:42:04	4:12	0:09:06
83	517		CAMPASSI	EMILIO	TOTAL FITNESS	1993	JPSM	0:10:04	0:20:46	0:31:36	0:42:05	4:13	0:09:07
84	199		IANNACCONE	SIMONE	POLISPORTIVA CIOCIARA A. FAVA	1984	JPSM	0:10:23	0:20:56	0:32:00	0:42:06	4:13	0:09:08

85	415	LOMBARDI	ANTONIO	POL ATLETICA CEPRANO	1957	SM55	0:09:58	0:20:28	0:31:16	0:42:07	4:13	0:09:09
86	207	MATERIALE	DANIELE	POLISPORTIVA CIOCIARA A. FAVA	1982	JPSM	0:10:20	0:20:48	0:31:42	0:42:10	4:13	0:09:12
87	241	BARRALE	ALESSANDRO	ATLETICA CECCANO	1979	SM35	0:10:06	0:20:34	0:31:26	0:42:12	4:13	0:09:14
88	500	MENENTI	MAURO	RUNNERS CLUB ANAGNI	1973	SM40	0:10:11	0:20:47	0:31:40	0:42:13	4:13	0:09:15
89	223	ROTONDO	ALESSANDRO	POLISPORTIVA CIOCIARA A. FAVA	1970	SM45	0:10:25	0:21:04	0:31:49	0:42:14	4:13	0:09:16
90	87	CANALI	FRANCESCO	POD. AMATORI MOROLO	1969	SM45	0:10:10	0:20:44	0:31:35	0:42:15	4:14	0:09:17
91	202	MARCIANO	ANTONIO	POLISPORTIVA CIOCIARA A. FAVA	1989	JPSM	0:11:11	0:21:58	0:32:20	0:42:16	4:14	0:09:18
92	393	NARDONE	MATTEO	APROCIS RUNNERS TEAM	1978	SM35	0:10:28	0:21:04	0:31:42	0:42:18	4:14	0:09:20
93	434	ZOMPANTI	DAVIDE	POL ATLETICA CEPRANO	1963	SM50	0:09:50	0:20:25	0:31:21	0:42:20	4:14	0:09:22
94	524	D'AMORE	JOSE' STEFANO	LIRI RUNNERS	1979	SM35	0:10:57	0:21:39	0:32:17	0:42:23	4:14	0:09:25
95	37	ALMONTI	MASSIMO	AMATORI FIAT CASSINO	1979	SM35	0:09:56	0:20:20	0:31:06	0:42:24	4:14	0:09:26
96	236	BUCCIOLI	MARCO	UISP ROMA	1966	SM45	0:10:07	0:20:39	0:31:37	0:42:27	4:15	0:09:29
97	514	PROTANO	BERNARDO	POLISPORTIVA CIOCIARA A. FAVA	1960	SM55	0:10:17	0:20:53	0:31:44	0:42:29	4:15	0:09:31
98	243	BRUNONI	FABIO	ATLETICA CECCANO	1960	SM55	0:10:26	0:20:54	0:31:34	0:42:32	4:15	0:09:34
99	41	CARLINO	ENZO	AMATORI FIAT CASSINO	1970	SM45	0:10:26	0:20:58	0:31:44	0:42:33	4:15	0:09:35
100	460	SALVADOR	FABIO	SORA RUNNERS CLUB	1963	SM50	0:10:27	0:21:00	0:31:43	0:42:37	4:16	0:09:39
101	458	LOMBARDOZZI	EMILIO	SORA RUNNERS CLUB	1962	SM50	0:10:27	0:21:03	0:31:49	0:42:37	4:16	0:09:39
102	414	EDITTO	LUIGI	POL ATLETICA CEPRANO	1959	SM55	0:10:03	0:20:48	0:31:55	0:42:39	4:16	0:09:41
103	275	ORANGES	THOMAS	ATLETICA CECCANO	1979	SM35	0:10:29	0:21:09	0:31:58	0:42:46	4:17	0:09:48
104	84	ZEOLLA	LORENZO	AMATORI FIAT CASSINO	1973	SM40	0:10:14	0:20:51	0:31:37	0:42:47	4:17	0:09:49
105	385	SEBASTIANI	MASSIMO	ENDURANCE TRAINING	1961	SM50	0:09:35	0:19:44	0:30:21	0:42:47	4:17	0:09:49
106	357	PESCOSOLIDO	PAOLO	ATLETICA ARCE	1966	SM45	0:10:48	0:21:14	0:31:57	0:42:47	4:17	0:09:49
107	583	F PIMPINELLA	FRANCESCA	LBM	1985	JPSF	0:10:25	0:20:58	0:31:43	0:42:49	4:17	0:09:51
108	576	MARROCCO	TONINO	LA FONTANA LENOLA	1958	SM55	0:10:15	0:20:49	0:31:44	0:42:49	4:17	0:09:51
109	234	PAOLUCCI	MAURIZIO	UISP ROMA	1958	SM55	0:10:20	0:21:12	0:32:14	0:42:51	4:17	0:09:53
110	581	ABDELLA	OMAR	POL NAMASTE'	1975	SM40	0:10:08	0:21:01	0:32:01	0:42:53	4:17	0:09:55
111	279	RINNA	ANGELO	ATLETICA CECCANO	1966	SM45	0:10:28	0:21:06	0:32:03	0:42:57	4:18	0:09:59
112	537	PACIFICI	ALESSANDRO	LIRI RUNNERS	1971	SM40	0:11:00	0:21:39	0:32:27	0:42:57	4:18	0:09:59
113	16	F FRAIOLI	ARIANNA	CUS CASSINO	1994	JPSF	0:10:27	0:21:17	0:32:23	0:42:59	4:18	0:10:01
114	564	BOCCIA	MARCO	POL NAMASTE'	1977	SM35	0:10:35	0:21:11	0:32:17	0:42:59	4:18	0:10:01
115	29	PAPI	FABRIZIO	ASD RUNNERS ELITE	1970	SM45	0:10:27	0:21:15	0:32:21	0:43:00	4:18	0:10:02
116	543	SACCUCCI	MASSIMILIANO	LIRI RUNNERS	1971	SM40	0:11:00	0:21:39	0:32:27	0:43:01	4:18	0:10:03
117	110	F FERRANTE	TAMARA	ALATRI 2001 CICLOPI	1974	SF40	0:10:26	0:21:17	0:32:03	0:43:01	4:18	0:10:03
118	372	FONTANA	SIMONE	ENDURANCE TRAINING	1997	JPSM	0:10:32	0:21:13	0:32:05	0:43:02	4:18	0:10:04
119	521	ANTONELLIS	EMILIANO	LIRI RUNNERS	1971	SM40	0:11:00	0:21:38	0:32:29	0:43:02	4:18	0:10:04
120	562	ZACCARI	ANDREA	ATLETICA FROSINONE	1959	SM55	0:10:13	0:21:16	0:32:22	0:43:04	4:18	0:10:06
121	181	COZZOLINO	ANTONIO	POLISPORTIVA CIOCIARA A. FAVA	1964	SM50	0:10:22	0:21:08	0:32:11	0:43:05	4:19	0:10:07
122	131	PITOCO	MIRCO	ASD ATLETICA CITTA' DEI PAPI	1981	JPSM	0:11:05	0:21:55	0:32:45	0:43:06	4:19	0:10:08
123	208	MELE	DAVIDE	POLISPORTIVA CIOCIARA A. FAVA	1982	JPSM	0:10:00	0:20:53	0:32:07	0:43:13	4:19	0:10:15
124	102	SARDELLITTI	CRISTIAN	PODISTICA DEI FIORI	1976	SM35	0:10:58	0:21:39	0:32:29	0:43:19	4:20	0:10:21
125	263	LAURI	VITTOIO	ATLETICA CECCANO	1965	SM50	0:10:26	0:21:19	0:32:20	0:43:20	4:20	0:10:22
126	572	COMPAGNONE	MARIO	ATLETICA ARCE	1959	SM55	0:10:24	0:21:14	0:32:18	0:43:26	4:21	0:10:28
127	231	VILLA	ANTONIO	POLISPORTIVA CIOCIARA A. FAVA	1955	SM60	0:10:23	0:21:10	0:32:26	0:43:27	4:21	0:10:29
128	238	CANCELLERI	FILIPPO	UISP ROMA	1972	SM40	0:10:20	0:21:12	0:32:16	0:43:29	4:21	0:10:31
129	331	ROSI	DIEGO	ASD TORRICE RUNNER	1990	JPSM	0:10:25	0:21:18	0:32:34	0:43:29	4:21	0:10:31
130	559	TOMASSI	GRAZIANO	A.S.D. CENTRO FITNESS MONTELLO	1967	SM45	0:09:50	0:20:46	0:32:05	0:43:30	4:21	0:10:32
131	245	CAPUANO	GIOVANNIBATTISTA	ATLETICA CECCANO	1953	SM60	0:10:36	0:21:29	0:32:25	0:43:30	4:21	0:10:32
132	178	F COLATOSTI	CHIARA	POLISPORTIVA CIOCIARA A. FAVA	1988	JPSF	0:10:27	0:21:17	0:32:23	0:43:32	4:21	0:10:34
133	189	FILANCIA	MAURO	POLISPORTIVA CIOCIARA A. FAVA	1975	SM40	0:10:26	0:21:17	0:32:22	0:43:32	4:21	0:10:34
134	145	RUSSO	GIUSEPPE	ASD ATLETICA VENAFRO	1968	SM45	0:10:28	0:21:11	0:32:25	0:43:35	4:22	0:10:37
135	247	CATUZZA	MASSIMO	ATLETICA CECCANO	1964	SM50	0:10:22	0:21:04	0:32:08	0:43:36	4:22	0:10:38
136	523	CASCHERA	REMO	LIRI RUNNERS	1965	SM50	0:10:53	0:21:39	0:32:38	0:43:38	4:22	0:10:40
137	108	ROTONDI	LUCA	PODISTICA DEI FIORI	1981	JPSM	0:11:02	0:21:58	0:32:54	0:43:39	4:22	0:10:41
138	185	EVANGELISTA	GIANNI	POLISPORTIVA CIOCIARA A. FAVA	1971	SM40	0:10:25	0:21:06	0:32:30	0:43:45	4:23	0:10:47
139	501	NOCE	EMANUELE	RUNNERS CLUB ANAGNI	1976	SM35	0:10:54	0:21:39	0:32:45	0:43:49	4:23	0:10:51
140	101	ZACCARDELLI	MATTEO	PODISTICA DEI FIORI	1989	JPSM	0:10:25	0:21:27	0:32:53	0:43:50	4:23	0:10:52
141	251	COLASANTI	MARCO	ATLETICA CECCANO	1982	JPSM	0:10:54	0:21:51	0:32:44	0:43:51	4:23	0:10:53
142	345	ALONZI	MASSIMO	ATLETICA ARCE	1970	SM45	0:10:48	0:21:19	0:32:33	0:43:53	4:23	0:10:55
143	39	CAPPELLO	TOMMASO	AMATORI FIAT CASSINO	1964	SM50	0:10:37	0:21:35	0:32:42	0:43:53	4:23	0:10:55
144	359	ANTICOLI	PAOLO	ENDURANCE TRAINING	1980	SM35	0:11:14	0:22:00	0:32:56	0:43:57	4:24	0:10:59
145	505	VIRGINILLO	NICOLINO	ASD RUNNING PENTRIA	1967	SM45	0:10:17	0:21:11	0:33:01	0:43:57	4:24	0:10:59
146	358	ANTICOLI	CESARE	ENDURANCE TRAINING	1983	JPSM	0:11:15	0:22:01	0:32:57	0:43:57	4:24	0:10:59
147	409	CECCOBELLI	SIMONE	POL ATLETICA CEPRANO	1987	JPSM	0:10:51	0:21:34	0:32:42	0:43:57	4:24	0:10:59
148	285	PANARELLO	MICHELE	ASD PRO LOCO VAIRANO PATENORA	1985	JPSM	0:10:41	0:21:24	0:32:35	0:44:00	4:24	0:11:02
149	177	CIRULLI	ALESSANDRO	POLISPORTIVA CIOCIARA A. FAVA	1979	SM35	0:11:02	0:21:50	0:32:54	0:44:00	4:24	0:11:02
150	503	VENIDITTI	CLAUDIO	RUNNERS CLUB ANAGNI	1980	SM35	0:10:54	0:21:44	0:32:54	0:44:02	4:24	0:11:04
151	88	SCHIAVI	ANTONIO	POD. AMATORI MOROLO	1959	SM55	0:10:21	0:21:11	0:32:33	0:44:03	4:24	0:11:05
152	507	D'AMICO	STEFANO	LE GANZE RUNNERS	1984	JPSM	0:10:43	0:21:38	0:32:48	0:44:15	4:26	0:11:17
153	402	MANCUSO	FABIO	LBM SPORT	1975	SM40	0:10:31	0:21:36	0:33:16	0:44:19	4:26	0:11:21
154	291	DRAGONE	MARIO	A.S.D. ATLETICA SAN GIORGIO A LIRI	1967	SM45	0:09:58	0:20:50	0:32:36	0:44:20	4:26	0:11:22
155	212	PANNONE	FABIO	POLISPORTIVA CIOCIARA A. FAVA	1965	SM50	0:10:51	0:21:49	0:33:05	0:44:21	4:26	0:11:23
156	198	IARFATE	ADRIANO	POLISPORTIVA CIOCIARA A. FAVA	1969	SM45	0:10:52	0:21:42	0:33:22	0:44:22	4:26	0:11:24
157	35	F VELOCCI	CHIARA	COLLEFERRO ATLETICA	1983	JPSF	0:10:55	0:21:52	0:33:15	0:44:22	4:26	0:11:24
158	472	GERMENIA	STEFANO	ERNICA RUNNING	1969	SM45	0:10:48	0:21:46	0:33:19	0:44:27	4:27	0:11:29
159	30	CELLANTE	FABIO	ASD RUNNERS ELITE	1964	SM50	0:10:52	0:21:50	0:32:57	0:44:27	4:27	0:11:29
160	311	FAUSTINI	EMILIO	ASD TORRICE RUNNER	1973	SM40	0:10:13	0:21:19	0:32:51	0:44:29	4:27	0:11:31
161	253	D'AMICI	MAURIZIO	ATLETICA CECCANO	1981	JPSM	0:10:57	0:22:08	0:33:24	0:44:31	4:27	0:11:33
162	191	FOLCARELLI	TOMMASO	POLISPORTIVA CIOCIARA A. FAVA	1970	SM45	0:10:56	0:21:59	0:33:24	0:44:32	4:27	0:11:34
163	389	BOCCHINO	RENATO	APROCIS RUNNERS TEAM	1959	SM55	0:10:43	0:21:55	0:33:23	0:44:35	4:28	0:11:37
164	509	LUCIANI	VITTORIO	LE GANZE RUNNERS	1986	JPSM	0:11:09	0:22:15	0:33:23	0:44:36	4:28	0:11:38
165	75	REA	ONORIO	AMATORI FIAT CASSINO	1963	SM50	0:11:00	0:22:04	0:33:24	0:44:39	4:28	0:11:41
166	404	VEGLIANTI	CARLO	ASD ATLETICA TUSCULUM	1959	SM55	0:10:28	0:21:36	0:33:16	0:44:41	4:28	0:11:43
167	549	ALIBARDI	ANGELO	A.S.D. CENTRO FITNESS MONTELLO	1973	SM40	0:11:20	0:22:14	0:33:28	0:44:42	4:28	0:11:44
168	464	CAMPOLI	ALESSANDRO	ERNICA RUNNING	1975	SM40	0:11:10	0:22:11	0:33:41	0:44:43	4:28	0:11:45
169	529	FERRI	STEFANO	LIRI RUNNERS	1989	JPSM	0:11:05	0:21:58	0:33:23	0:44:47	4:29	0:11:49
170	100	CIONE	MORENO	PODISTICA DEI FIORI	1971	SM40	0:10:58	0:21:40	0:32:51	0:44:48	4:29	0:11:50
171	99	BONAVENIA	FRANCO	PODISTICA DEI FIORI	1960	SM55	0:10:59	0:22:07	0:33:34	0:44:48	4:29	0:11:50
172	233	ZONFRILLI	VITTORIO	POLISPORTIVA CIOCIARA A. FAVA	1981	JPSM	0:11:36	0:22:28	0:33:48	0:44:49	4:29	0:11:51
173	273	MICHELI	MARIO	ATLETICA CECCANO	1957	SM55	0:11:02	0:22:15	0:33:37	0:44:50	4:29	0:11:52
174	47	COLELLA	GINO	AMATORI FIAT CASSINO	1963	SM50	0:11:01	0:22:07	0:33:45	0:44:51	4:29	0:11:53
175	346	ANTONELLI	BERNARD	ATLETICA ARCE	1966	SM45	0:10:58	0:22:07	0:33:39	0:44:51	4:29	0:11:53
176	211	PACITTO	ALESSANDRO	POLISPORTIVA CIOCIARA A. FAVA	1959	SM55	0:10:51	0:22:02	0:33:27	0:44:51	4:29	

181	485		QUATTROCIOCCHI	GENESIO	ERNICA RUNNING	1964	SM50	0:11:36	0:22:46	0:34:02	0:45:07	4:31	0:12:09
182	492		CECILIA	FLAVIO	RUNNERS CLUB ANAGNI	1976	SM35	0:11:02	0:22:20	0:33:56	0:45:12	4:31	0:12:14
183	339		COSTANTINI	CARLO	ASD I.A.O.GYM CLUB LIBERTAS	1986	JPSM	0:10:54	0:22:01	0:33:47	0:45:14	4:31	0:12:16
184	516		CATALDI	ARCANGELO GABRIELE	ASD I.A.O.GYM CLUB LIBERTAS	1957	SM55	0:10:53	0:22:01	0:33:45	0:45:14	4:31	0:12:16
185	546		VENAFRO	MARCO	LIRI RUNNERS	1970	SM45	0:11:47	0:23:05	0:34:16	0:45:18	4:32	0:12:20
186	344	F	CALENNE	ANNA	ROMA ROAD RUNNERS	1971	SF40	0:11:02	0:22:08	0:33:43	0:45:20	4:32	0:12:22
187	424		PULCIANI	MASSIMILIANO	POL ATLETICA CEPRANO	1973	SM40	0:11:11	0:22:15	0:33:52	0:45:24	4:32	0:12:26
188	290		GENTILE	OLINDO	ASD PRO LOCO VAIRANO PATENORA	1978	SM35	0:10:51	0:22:08	0:33:46	0:45:29	4:33	0:12:31
189	265		LEO	MARIO	ATLETICA CECCANO	1962	SM50	0:11:23	0:22:35	0:34:09	0:45:31	4:33	0:12:33
190	249	F	CELLETTI	KATIA	ATLETICA CECCANO	1970	SF45	0:11:12	0:22:35	0:34:09	0:45:31	4:33	0:12:33
191	535		IARFRATE	THIERRY	LIRI RUNNERS	1967	SM45	0:12:36	0:23:39	0:34:44	0:45:36	4:34	0:12:38
192	296		MASTROMATTEI	FRANCO	ASD SPIRITO TRAIL	1960	SM55	0:11:56	0:23:14	0:34:46	0:45:36	4:34	0:12:38
193	45		CIOTOLI	ALESSANDRO	AMATORI FIAT CASSINO	1958	SM55	0:11:15	0:22:42	0:34:17	0:45:37	4:34	0:12:39
194	70		PELLEGRINO	GIANCARLO	AMATORI FIAT CASSINO	1970	SM45	0:10:40	0:22:04	0:33:44	0:45:37	4:34	0:12:39
195	90		COMINI	ANGELO	POD. AMATORI MOROLO	1973	SM40	0:10:58	0:22:22	0:34:07	0:45:43	4:34	0:12:45
196	86		BUFOLI	FRANCESCO	POD. AMATORI MOROLO	1963	SM50	0:11:11	0:22:28	0:34:12	0:45:43	4:34	0:12:45
197	319		MASI	MASSIMO	ASD TORRICE RUNNER	1967	SM45	0:10:43	0:22:22	0:34:08	0:45:49	4:35	0:12:51
198	258		DEL BROCCO	LUCA	ATLETICA CECCANO	1982	JPSM	0:10:54	0:21:51	0:32:59	0:45:53	4:35	0:12:55
199	73		PONTONE	GIUSEPPE	AMATORI FIAT CASSINO	1956	SM55	0:11:18	0:22:39	0:34:15	0:45:53	4:35	0:12:55
200	466		CAMPOLI	QUIRINO	ERNICA RUNNING	1952	SM60	0:11:56	0:23:15	0:34:46	0:45:56	4:36	0:12:58
201	138		CAPALDO	DIEGO	ASD ATLETICA VENAFRO	1983	JPSM	0:11:23	0:22:43	0:34:27	0:45:57	4:36	0:12:59
202	335		SAVO	ANDREA	ASD TORRICE RUNNER	1976	SM35	0:11:23	0:23:01	0:34:44	0:45:58	4:36	0:13:00
203	375		MANNI	MATTEO	ENDURANCE TRAINING	1993	JPSM	0:11:24	0:23:00	0:34:44	0:45:58	4:36	0:13:00
204	62		FRANCO	FABIO	AMATORI FIAT CASSINO	1986	JPSM	0:11:40	0:22:57	0:34:39	0:46:01	4:36	0:13:03
205	394		ROTONDO	CLAUDIO	APROCIS RUNNERS TEAM	1975	SM40	0:11:45	0:23:11	0:34:33	0:46:02	4:36	0:13:04
206	349		CELLETTI	FABRIZIO	ATLETICA ARCE	1981	JPSM	0:11:14	0:22:35	0:34:16	0:46:10	4:37	0:13:12
207	563		MARCOCCIA	ALESSANDRO	POL ATLETICA CEPRANO	1971	SM40	0:11:31	0:22:50	0:34:27	0:46:11	4:37	0:13:13
208	109		SETALE	ANTONIO	ALATRI 2001 I CICLOPI	1953	SM60	0:11:10	0:22:35	0:34:23	0:46:11	4:37	0:13:13
209	478		MELIDEO	GIUSEPPE	ERNICA RUNNING	1969	SM45	0:11:25	0:22:59	0:34:40	0:46:16	4:38	0:13:18
210	215		PERONTI	MASSIMO	POLISPORTIVA CIOCIARA A. FAVA	1956	SM55	0:10:55	0:22:53	0:34:55	0:46:17	4:38	0:13:19
211	354	F	GERMANI	LUCIA	ATLETICA ARCE	1969	SF45	0:11:35	0:23:01	0:34:43	0:46:18	4:38	0:13:20
212	351		DI PALMA	GIANCARLO	ATLETICA ARCE	1972	SM40	0:11:35	0:23:01	0:34:43	0:46:18	4:38	0:13:20
213	161		IMPERIOLI	VALERIANO	ASD MES COLLEFFERRO	1967	SM45	0:11:32	0:22:51	0:34:36	0:46:27	4:39	0:13:29
214	582		STRABIOLI	MARCO	RUNNIG EVOLUTION	1980	SM35	0:10:54	0:22:38	0:34:38	0:46:28	4:39	0:13:30
215	141		CAPARCO	GIANCARLO	ASD ATLETICA VENAFRO	1976	SM35	0:10:48	0:22:13	0:34:11	0:46:31	4:39	0:13:33
216	13		CIPOLLA	RINALDO	US VALLECORSIA	1972	SM40	0:10:54	0:22:25	0:34:31	0:46:32	4:39	0:13:34
217	206		MASTROMATTEI	LUIGI	POLISPORTIVA CIOCIARA A. FAVA	1980	SM35	0:11:27	0:23:04	0:34:58	0:46:32	4:39	0:13:34
218	106		NISTICO	FRANCESCO	PODISTICA DEI FIORI	1970	SM45	0:12:19	0:23:46	0:35:24	0:46:34	4:39	0:13:36
219	277		RICCI	LORETO	ATLETICA CECCANO	1979	SM35	0:11:03	0:22:35	0:34:29	0:46:36	4:40	0:13:38
220	347		BIANCHI	ANDREA	ATLETICA ARCE	1968	SM45	0:11:28	0:23:10	0:34:57	0:46:36	4:40	0:13:38
221	298		AGHITINI	DANIELE	ASD TORRICE RUNNER	1979	SM35	0:11:05	0:22:34	0:34:30	0:46:38	4:40	0:13:40
222	476		MARTINEZ	AGUSTIN	ERNICA RUNNING	1987	JPSM	0:11:23	0:22:55	0:34:49	0:46:38	4:40	0:13:40
223	486		STIRPE	FRANCESCO	ERNICA RUNNING	1982	JPSM	0:11:23	0:22:55	0:34:55	0:46:38	4:40	0:13:40
224	380		RICCARDI	LUCA	ENDURANCE TRAINING	1968	SM45	0:11:14	0:22:36	0:34:21	0:46:44	4:40	0:13:46
225	515	F	PIETROBONO	ALESSANDRA	ASD I.A.O.GYM CLUB LIBERTAS	1980	SF35	0:11:04	0:22:36	0:34:40	0:46:45	4:41	0:13:47
226	237		DI BARI	DANIELE	UISP ROMA	1967	SM45	0:10:49	0:22:33	0:34:35	0:46:46	4:41	0:13:48
227	401		PANICCIA	GIANCARLO	ASD I.A.O.GYM CLUB LIBERTAS	1957	SM55	0:11:04	0:22:36	0:34:40	0:46:46	4:41	0:13:48
228	23		AVERSA	MICHELANGELO	ASD RUNNERS ELITE	1963	SM50	0:11:26	0:23:23	0:35:24	0:46:47	4:41	0:13:49
229	104		CELLUPICA	STEFANO	PODISTICA DEI FIORI	1969	SM45	0:11:27	0:23:06	0:35:06	0:46:49	4:41	0:13:51
230	330		ROSI	ANTONIO	ASD TORRICE RUNNER	1962	SM50	0:11:17	0:23:02	0:35:05	0:46:50	4:41	0:13:52
231	313		IACOVISSI	MARCO	ASD TORRICE RUNNER	1976	SM35	0:11:47	0:23:22	0:35:14	0:46:50	4:41	0:13:52
232	483		PATRIZI	FABIO	ERNICA RUNNING	1983	JPSM	0:11:34	0:23:17	0:35:08	0:46:52	4:41	0:13:54
233	426		ROMANO	LUIGI	POL ATLETICA CEPRANO	1968	SM45	0:11:33	0:23:04	0:35:00	0:46:52	4:41	0:13:54
234	71		PERSECHINI	LORENZO	AMATORI FIAT CASSINO	1987	JPSM	0:12:35	0:24:01	0:35:31	0:46:56	4:42	0:13:58
235	88	F	PAGANO	ALESSANDRA	AMATORI FIAT CASSINO	1986	JPSF	0:12:38	0:23:59	0:35:31	0:46:57	4:42	0:13:59
236	80		TRANI	MARCELLO	AMATORI FIAT CASSINO	1964	SM50	0:12:38	0:24:00	0:35:31	0:46:57	4:42	0:13:59
237	91		COLASANTI	ALESSIO	POD. AMATORI MOROLO	1976	SM35	0:11:32	0:23:14	0:35:11	0:46:57	4:42	0:13:59
238	305		CECCARELLI	MARCO	ASD TORRICE RUNNER	1979	SM35	0:11:47	0:23:21	0:35:14	0:47:04	4:42	0:14:06
239	323		NOCE	GERARDO	ASD TORRICE RUNNER	1976	SM35	0:11:47	0:23:22	0:35:14	0:47:05	4:43	0:14:07
240	54		D'ANTONIO	ANTONIO	AMATORI FIAT CASSINO	1972	SM40	0:12:13	0:23:46	0:35:33	0:47:05	4:43	0:14:07
241	194		FREZZA	FRANCESCO	POLISPORTIVA CIOCIARA A. FAVA	1957	SM55	0:11:36	0:23:41	0:35:48	0:47:07	4:43	0:14:09
242	203		MARCIANO	DANIELE	POLISPORTIVA CIOCIARA A. FAVA	1981	JPSM	0:11:12	0:21:58	0:35:48	0:47:08	4:43	0:14:10
243	52		D'AGUANO	ANTONIO	AMATORI FIAT CASSINO	1957	SM55	0:12:23	0:23:44	0:35:38	0:47:10	4:43	0:14:12
244	306		CIANFRANO	EMILIO	ASD TORRICE RUNNER	1982	JPSM	0:11:14	0:23:15	0:35:17	0:47:11	4:43	0:14:13
245	315		MAGNANTE	GIUSEPPE	ASD TORRICE RUNNER	1968	SM45	0:11:15	0:23:15	0:35:17	0:47:11	4:43	0:14:13
246	320		MORICONI	FAUSTINO	ASD TORRICE RUNNER	1963	SM50	0:11:19	0:23:15	0:35:17	0:47:11	4:43	0:14:13
247	490		SPAZIANI	MICHELE	ASD TORRICE RUNNER	1979	SM35	0:11:18	0:23:15	0:35:17	0:47:12	4:43	0:14:14
248	72		PITTIGLIO	ANGELO	AMATORI FIAT CASSINO	1964	SM50	0:12:13	0:23:47	0:35:33	0:47:13	4:43	0:14:15
249	280		SANNA	SALVATORE	ATLETICA CECCANO	1964	SM50	0:12:13	0:23:54	0:35:39	0:47:14	4:43	0:14:16
250	340		CARBONE	ANTONIO	ASD PODISTICA AVIS PRIVVERNO	1965	SM50	0:12:10	0:23:26	0:35:19	0:47:20	4:44	0:14:22
251	38		CANCIANI	MAURO	AMATORI FIAT CASSINO	1964	SM50	0:11:33	0:22:56	0:35:05	0:47:21	4:44	0:14:23
252	544		TURCHETTA	LUIGI	LIRI RUNNERS	1958	SM55	0:11:47	0:23:06	0:35:11	0:47:23	4:44	0:14:25
253	83		VIATTI	ROCCO	AMATORI FIAT CASSINO	1968	SM45	0:11:13	0:23:13	0:35:26	0:47:24	4:44	0:14:26
254	164		MATURANI	MARIO	ASD MES COLLEFFERRO	1968	SM45	0:12:06	0:24:01	0:35:46	0:47:25	4:45	0:14:27
255	513		GENOVESI	ATTILIO	ATLETICA CECCANO	1962	SM50	0:13:37	0:25:29	0:36:25	0:47:26	4:45	0:14:28
256	220		POMPONIO	PIETRO	POLISPORTIVA CIOCIARA A. FAVA	1956	SM55	0:11:05	0:23:00	0:35:13	0:47:29	4:45	0:14:31
257	449		MONACELLI GARGARO	FRANCESCO	ASD PLUS ULTRA	1978	SM35	0:11:44	0:23:17	0:35:32	0:47:35	4:46	0:14:37
258	150		D'ARPINO	SALVATORE	TEAM CLUB GIACOMAINS	1964	SM50	0:11:34	0:23:32	0:35:41	0:47:37	4:46	0:14:39
259	66		MARSELLA	BRUNO	AMATORI FIAT CASSINO	1979	SM35	0:12:35	0:24:00	0:35:32	0:47:42	4:46	0:14:44
260	205		MARTINI	PAOLO	POLISPORTIVA CIOCIARA A. FAVA	1962	SM50	0:12:07	0:23:43	0:35:33	0:47:42	4:46	0:14:44
261	137		ZARLENGA	FERNANDO	ASD ATLETICA VENAFRO	1951	SM60	0:11:40	0:23:40	0:35:52	0:47:46	4:47	0:14:48
262	92		SAVONA	MARCELLO	PODISTICA DEI FIORI	1966	SM45	0:12:10	0:23:59	0:35:47	0:47:46	4:47	0:14:48
263	228		TARI	CARMELINO	POLISPORTIVA CIOCIARA A. FAVA	1964	SM50	0:12:22	0:23:47	0:35:53	0:47:48	4:47	0:14:50
264	182		DI SCANNO	MASSIMO	POLISPORTIVA CIOCIARA A. FAVA	1967	SM45	0:11:58	0:23:47	0:35:50	0:47:51	4:47	0:14:53
265	363		PROTANI	MARCO	ENDURANCE TRAINING	1965	SM50	0:11:26	0:23:24	0:35:40	0:47:55	4:48	0:14:57
266	382		SACCO	GIAMPIERO	ENDURANCE TRAINING	1970	SM45	0:11:26	0:23:24	0:35:40	0:47:55	4:48	0:14:57
267	271		MATTONE	VINCENZO	ATLETICA CECCANO	1965	SM50	0:11:38	0:23:06	0:35:08	0:47:58	4:48	0:15:00
268	411		COCCIA	DAVIDE	POL ATLETICA CEPRANO	1970	SM45	0:12:09	0:23:26	0:35:27	0:48:03	4:48	0:15:05
269	489		PANFILI NOCE	FABIO	ASD TORRICE RUNNER	1974	SM40	0:11:18	0:23:09	0:35:22	0:48:06	4:49	0:15:08
270	548												

277	151	CACCIOTTI	AGOSTINO	ASD MES COLLEFFERRO	1975	SM40	0:11:09	0:23:16	0:35:48	0:48:30	4:51	0:15:32
278	488	ALONZI	DANIELE	ERNICA RUNNING	1977	SM35	0:11:57	0:24:25	0:36:32	0:48:31	4:51	0:15:33
279	24	DIANA	ROSSANO	ASD RUNNERS ELITE	1973	SM40	0:12:32	0:24:04	0:36:21	0:48:33	4:51	0:15:35
280	78	F SPIGA	NAUSICA	AMATORI FIAT CASSINO	1972	SF40	0:11:14	0:23:31	0:36:05	0:48:35	4:52	0:15:37
281	300	BATTISTI	MARIO	ASD TORRICE RUNNER	1972	SM40	0:11:20	0:23:32	0:36:10	0:48:36	4:52	0:15:38
282	326	PIGLIACELLI	ILAN	ASD TORRICE RUNNER	1980	SM35	0:11:15	0:23:33	0:36:10	0:48:36	4:52	0:15:38
283	371	FIORINI	PASQUALE	ENDURANCE TRAINING	1990	JPSM	0:11:26	0:23:17	0:36:00	0:48:41	4:52	0:15:43
284	160	GALEONE	MAURIZIO	ASD MES COLLEFFERRO	1955	SM60	0:11:47	0:23:54	0:36:20	0:48:48	4:53	0:15:50
285	551	COCCI	MAURIZIO	A.S.D. CENTRO FITNESS MONTELLO	1972	SM40	0:12:38	0:24:40	0:36:46	0:48:48	4:53	0:15:50
286	554	MARANGON	MARCO	A.S.D. CENTRO FITNESS MONTELLO	1967	SM45	0:12:37	0:24:40	0:36:49	0:48:48	4:53	0:15:50
287	186	FABBIANO	CINZIA	POLISPORTIVA CIOCIARA A. FAVA	1982	JPSF	0:11:39	0:23:40	0:36:09	0:48:50	4:53	0:15:52
288	33	DE SANTIS	MAURIZIO	A.S.D. MAXIMUS CROSS RUNNER	1977	SM35	0:11:07	0:23:22	0:36:19	0:48:53	4:53	0:15:55
289	229	TOMASSI SPERDUTI	FRANCO	POLISPORTIVA CIOCIARA A. FAVA	1963	SM50	0:12:09	0:24:07	0:36:38	0:48:55	4:54	0:15:57
290	419	MASCETTI MAGLIOCCO	MARCO	POL ATLETICA CEPRANO	1967	SM45	0:11:37	0:23:45	0:36:15	0:49:00	4:54	0:16:02
291	278	RICCI	VINCENZO	ATLETICA CECCANO	1966	SM45	0:12:34	0:26:06	0:37:33	0:49:00	4:54	0:16:02
292	520	ALONZI	PAOLO	LIRI RUNNERS	1966	SM45	0:12:06	0:24:10	0:36:32	0:49:05	4:55	0:16:07
293	309	EDOARDI	ANTONINO	ASD TORRICE RUNNER	1972	SM40	0:12:01	0:24:01	0:36:25	0:49:06	4:55	0:16:08
294	225	SPADA	CLAUDIO	POLISPORTIVA CIOCIARA A. FAVA	1961	SM50	0:12:37	0:24:40	0:36:53	0:49:07	4:55	0:16:09
295	122	GALASSI	MARIO	ASD ATLETICA CITTA' DEI PAPI	1971	SM40	0:11:33	0:23:42	0:36:33	0:49:16	4:56	0:16:18
296	172	ALFANO	ANTONIO	POLISPORTIVA CIOCIARA A. FAVA	1961	SM50	0:12:00	0:24:29	0:36:33	0:49:20	4:56	0:16:22
297	125	FABBRIZI	GIUSEPPE	ASD ATLETICA CITTA' DEI PAPI	1951	SM60	0:12:05	0:24:12	0:36:43	0:49:20	4:56	0:16:22
298	119	F MANCINI	ROSA MARIA	ASD ATLETICA CITTA' DEI PAPI	1976	SF35	0:12:04	0:24:26	0:36:57	0:49:22	4:56	0:16:24
299	468	CARINCI	MASSIMO	ERNICA RUNNING	1966	SM45	0:11:37	0:23:55	0:36:42	0:49:27	4:57	0:16:29
300	159	F FRANCHINI	LAURA	ASD MES COLLEFFERRO	1986	JPSF	0:12:38	0:24:51	0:37:12	0:49:28	4:57	0:16:30
301	156	COLLALTO	FRANCESCO	ASD MES COLLEFFERRO	1969	SM45	0:13:05	0:25:42	0:37:49	0:49:29	4:57	0:16:31
302	310	FANFARILLO	VALERIO	ASD TORRICE RUNNER	1987	JPSM	0:11:29	0:23:58	0:36:57	0:49:29	4:57	0:16:31
303	58	DI SOTTO	MAURIZIO	AMATORI FIAT CASSINO	1964	SM50	0:12:12	0:24:31	0:37:10	0:49:30	4:57	0:16:32
304	497	GRANDE	PAOLO	RUNNERS CLUB ANAGNI	1979	SM35	0:12:40	0:25:06	0:37:23	0:49:30	4:57	0:16:32
305	56	DI LETIZIA	PIO	AMATORI FIAT CASSINO	1982	JPSM	0:11:17	0:24:21	0:37:42	0:49:36	4:58	0:16:38
306	167	PALLANTE	GIANFRANCO	ASD MES COLLEFFERRO	1959	SM55	0:12:21	0:24:33	0:37:07	0:49:39	4:58	0:16:41
307	65	MACCIOCCHI	MARCO	AMATORI FIAT CASSINO	1965	SM50	0:12:37	0:24:45	0:37:04	0:49:41	4:58	0:16:43
308	361	CAMPAGNOLI	SILVESTRO	ENDURANCE TRAINING	1962	SM50	0:12:11	0:24:29	0:37:09	0:49:41	4:58	0:16:43
309	132	BRACAGLIA	VINCENZO	ATLETICA FROSINONE	1951	SM60	0:12:11	0:24:30	0:37:06	0:49:42	4:58	0:16:44
310	528	DE GASPERIS	CRISTIAN	LIRI RUNNERS	1975	SM40	0:12:49	0:25:23	0:37:47	0:49:44	4:58	0:16:46
311	420	MONTEFORTE	SALVATORE	POL ATLETICA CEPRANO	1960	SM55	0:12:55	0:25:08	0:37:37	0:49:45	4:59	0:16:47
312	383	SASSANI	BENEDETTO	ENDURANCE TRAINING	1978	SM35	0:11:31	0:23:52	0:37:12	0:49:46	4:59	0:16:48
313	362	CAMPIONI	ANTONGIULIO	ENDURANCE TRAINING	1979	SM35	0:12:17	0:24:39	0:37:17	0:49:46	4:59	0:16:48
314	413	DE LUCA	SIMONE	POL ATLETICA CEPRANO	1975	SM40	0:12:03	0:24:28	0:37:09	0:49:48	4:59	0:16:50
315	533	GIORGIO	MATTEO	LIRI RUNNERS	1990	JPSM	0:12:45	0:25:23	0:37:46	0:49:50	4:59	0:16:52
316	121	F CIOCCHETTI	VALERIA	ASD ATLETICA CITTA' DEI PAPI	1993	JPSF	0:12:16	0:24:40	0:37:19	0:49:50	4:59	0:16:52
317	166	F MEAZZO	CRISTINA	ASD MES COLLEFFERRO	1964	SF50	0:13:27	0:25:56	0:38:18	0:49:52	4:59	0:16:54
318	473	IABONI	ARMANDO	ERNICA RUNNING	1944	SM70	0:12:25	0:24:49	0:37:28	0:49:55	5:00	0:16:57
319	525	DE CIANTIS	LUCA	LIRI RUNNERS	1977	SM35	0:13:22	0:25:40	0:38:02	0:49:57	5:00	0:16:59
320	17	GROSSI	MAURO	BORGATE RIUNITE SERMONETA	1978	SM35	0:12:51	0:25:10	0:37:44	0:49:58	5:00	0:17:00
321	334	SANTORO	GIULIANO	ASD TORRICE RUNNER	1977	SM35	0:12:46	0:25:21	0:38:01	0:49:58	5:00	0:17:00
322	318	MANNI	MARCO	ASD TORRICE RUNNER	1961	SM50	0:12:37	0:25:06	0:37:38	0:50:00	5:00	0:17:02
323	180	CORSETTI	DANIELE	POLISPORTIVA CIOCIARA A. FAVA	1972	SM40	0:12:30	0:24:52	0:37:38	0:50:04	5:00	0:17:06
324	196	GIAMMASI	JURI	POLISPORTIVA CIOCIARA A. FAVA	1985	JPSM	0:12:28	0:25:14	0:37:54	0:50:05	5:01	0:17:07
325	327	PRELI	ANONIO	ASD TORRICE RUNNER	1979	SM35	0:11:44	0:23:59	0:36:49	0:50:08	5:01	0:17:10
326	364	CIOTOLI	DARIO	ENDURANCE TRAINING	1967	SM45	0:12:12	0:24:39	0:37:22	0:50:10	5:01	0:17:12
327	552	IORELLI	GAETANO	A.S.D. CENTRO FITNESS MONTELLO	1964	SM50	0:12:13	0:24:43	0:37:29	0:50:15	5:02	0:17:17
328	508	F GISMONDI	SONIA	LE GANZE RUNNERS	1973	SF40	0:11:56	0:24:26	0:37:36	0:50:18	5:02	0:17:20
329	353	GERMANI	LUCA	ATLETICA ARCE	1982	JPSM	0:12:40	0:25:10	0:37:46	0:50:19	5:02	0:17:21
330	542	ROSCILLI	SANDRO	LIRI RUNNERS	1968	SM45	0:12:06	0:24:10	0:36:51	0:50:27	5:03	0:17:29
331	209	MUNNO	GIOVANNI	POLISPORTIVA CIOCIARA A. FAVA	1968	SM45	0:11:43	0:24:15	0:37:30	0:50:27	5:03	0:17:29
332	395	MARANDOLA	CIRO	APROCIS RUNNERS TEAM	1979	SM35	0:11:43	0:24:08	0:37:26	0:50:33	5:03	0:17:35
333	85	SCHIAVI	VINCENZO	POD AMATORI MOROLO	1946	SM65	0:12:46	0:25:30	0:38:21	0:50:36	5:04	0:17:38
334	575	MASTROBATTISTA	GIOVANNI	LA FONTANA LENOLA	1966	SM45	0:13:26	0:25:53	0:38:41	0:50:38	5:04	0:17:40
335	423	PISTOLESI	TOMASO	POL ATLETICA CEPRANO	1970	SM45	0:12:44	0:25:19	0:38:01	0:50:39	5:04	0:17:41
336	163	MANCINI	FRANCESCO	ASD MES COLLEFFERRO	1983	JPSM	0:13:05	0:25:29	0:38:12	0:50:40	5:04	0:17:42
337	200	F MAIURI	IVANA	POLISPORTIVA CIOCIARA A. FAVA	1955	SF60	0:11:53	0:24:38	0:37:50	0:50:40	5:04	0:17:42
338	469	CARINCI	STEFANO	ERNICA RUNNING	1971	SM40	0:13:04	0:25:33	0:38:13	0:50:47	5:05	0:17:49
339	42	CARNEVALE	FABRIZIO	AMATORI FIAT CASSINO	1971	SM40	0:12:54	0:25:22	0:38:00	0:50:48	5:05	0:17:50
340	173	ALONZI	ENNIO	POLISPORTIVA CIOCIARA A. FAVA	1968	SM45	0:10:59	0:23:44	0:37:18	0:50:49	5:05	0:17:51
341	19	VINCI	CLAUDIO	ASD RUNNERS ELITE	1973	SM40	0:12:35	0:25:01	0:37:57	0:50:49	5:05	0:17:51
342	81	TUOZZO	LUIGI	AMATORI FIAT CASSINO	1943	SM70	0:12:29	0:25:09	0:38:00	0:50:49	5:05	0:17:51
343	574	F VONA	NATALIA	POD AMATORI MOROLO	1980	SF35	0:13:27	0:25:45	0:38:20	0:50:50	5:05	0:17:52
344	518	F FRATTAROLI	EMANUELA	TOTAL FITNESS	1980	SF35	0:12:14	0:25:03	0:38:07	0:50:50	5:05	0:17:52
345	256	F DE LELLIS	DANIELA	ATLETICA CECCANO	1975	SF40	0:12:37	0:25:07	0:38:07	0:50:51	5:05	0:17:53
346	317	MANNI	GIORDANO	ASD TORRICE RUNNER	1964	SM50	0:13:13	0:26:05	0:38:52	0:50:51	5:05	0:17:53
347	50	PUTTINI	MAURIZIO	POL ATLETICA CEPRANO	1965	SM50	0:11:59	0:24:50	0:38:11	0:50:52	5:05	0:17:54
348	272	F MAURA	CATERINA	ATLETICA CECCANO	1983	JPSF	0:12:38	0:25:20	0:38:25	0:50:53	5:05	0:17:55
349	328	PUGLIESE	TONY	ASD TORRICE RUNNER	1979	SM35	0:12:38	0:25:20	0:38:25	0:50:53	5:05	0:17:55
350	269	F MASULLO	PAOLA	ATLETICA CECCANO	1959	SF55	0:12:37	0:25:07	0:38:07	0:50:54	5:05	0:17:56
351	443	INGLESE	VINCENZO	ASD PLUS ULTRA	1956	SM55	0:12:48	0:25:08	0:37:48	0:50:59	5:06	0:18:01
352	479	F MIZZONI	ANNAMARIA	ERNICA RUNNING	1960	SF55	0:13:01	0:25:44	0:38:24	0:50:59	5:06	0:18:01
353	367	D'AVERSA	ANGELO	ENDURANCE TRAINING	1968	SM45	0:12:44	0:25:09	0:37:58	0:50:59	5:06	0:18:01
354	495	D'ANGELI	LUIGI	RUNNERS CLUB ANAGNI	1953	SM60	0:12:15	0:24:52	0:38:00	0:51:02	5:06	0:18:04
355	496	DE SANTIS	CASIMIRO	RUNNERS CLUB ANAGNI	1966	SM45	0:12:15	0:24:53	0:38:00	0:51:02	5:06	0:18:04
356	418	MALANDRUCCOLO	MARCO	POL ATLETICA CEPRANO	1969	SM45	0:12:13	0:24:45	0:37:42	0:51:06	5:07	0:18:08
357	461	ASSENI	PAOLO	ERNICA RUNNING	1950	SM65	0:11:59	0:24:43	0:38:10	0:51:07	5:07	0:18:09
358	545	URBANI	EMANUELE	LIRI RUNNERS	1991	JPSM	0:12:49	0:25:31	0:38:28	0:51:09	5:07	0:18:11
359	482	PAESANO	JEAN PHILIPPE	ERNICA RUNNING	1964	SM50	0:13:15	0:26:19	0:38:58	0:51:12	5:07	0:18:14
360	484	F PETRIGLIA	BARBARA	ERNICA RUNNING	1978	SF35	0:13:16	0:26:20	0:38:58	0:51:13	5:07	0:18:15
361	384	SCACCIA	GIANFRANCO	ENDURANCE TRAINING	1955	SM60	0:13:27	0:26:15	0:38:57	0:51:16	5:08	0:18:18
362	463	BUNOPANE	LUIGI	ERNICA RUNNING	1947	SM65	0:13:16	0:26:19	0:38:58	0:51:17	5:08	0:18:19
363	561	ZONZIN	SERGIO	A.S.D. CENTRO FITNESS MONTELLO	1960	SM55	0:13:30	0:26:02	0:38:43	0:51:21	5:08	0:18:23
364	155	COLAIACOMO	ANDREA	ASD MES COLLEFFERRO	1976	SM35	0:13:13	0:25:57	0:38:47	0:51:26	5:09	0:18:28
365	165	MATURANI	ROBERTO	ASD MES COLLEFFERRO	1962	SM50	0:13:13	0:25:58	0:38:47	0:51:26	5:09	0:18:28
366	14	GIULIANELLI	IVANO	COLLEFFERRO ATLETICA	1978	SM35	0:12:09	0:24:42	0:37:55	0:51:34	5:09	0:18:36
367	210	NOTARANGELI	TOMMASO	POLISPORTIVA CIOCIARA A. FAVA	1959	SM55	0:12:07	0:25:10	0:38:27	0:51:40	5:10	0:18:42
368	49	D'ADAMO	GIANCARLO	AMATORI FIAT CASSINO	1955	SM60	0:13:14	0:26:07	0:39:01			

373	474	IANNOZZI	STEFANO	ERNICA RUNNING	1968	SM45	0:13:13	0:26:06	0:38:55	0:52:15	5:14	0:19:17
374	267	MARZIANTONIO	NEVIO	ATLETICA CECCANO	1950	SM65	0:12:57	0:26:07	0:39:35	0:52:17	5:14	0:19:19
375	270	MATTONE	MAURIZIO	ATLETICA CECCANO	1964	SM50	0:13:22	0:26:15	0:39:40	0:52:18	5:14	0:19:20
376	133	IACOVACCI	GIORGIO	GS BANCARI ROMANI	1947	SM65	0:13:39	0:26:40	0:39:35	0:52:21	5:14	0:19:23
377	487	ZEPPIERI	WALTER	ERNICA RUNNING	1962	SM50	0:13:08	0:26:13	0:38:55	0:52:27	5:15	0:19:29
378	157	F DURANTE	RITA	ASD MES COLLEFFERRO	1970	SF45	0:12:43	0:25:57	0:39:17	0:52:28	5:15	0:19:30
379	97	PALAZZO	ROBERTO	PODISTICA DEI FIORI	1970	SM45	0:11:50	0:24:55	0:38:46	0:52:29	5:15	0:19:31
380	94	TAGLIONE	MAURIZIO	PODISTICA DEI FIORI	1958	SM55	0:12:21	0:25:46	0:39:15	0:52:32	5:15	0:19:34
381	31	F COCCIA	ROSITA	OFFIDA ATLETICA	1980	SF35	0:12:09	0:25:26	0:39:11	0:52:35	5:16	0:19:37
382	190	FIGLIARELLI	TOMMASO	POLISPORTIVA CIOCIARA A. FAVA	1958	SM55	0:12:43	0:25:55	0:39:32	0:52:37	5:16	0:19:39
383	294	F FARGNOLI	MARIA	A.S.D. ATLETICA SAN GIORGIO A LIRI	1973	SF40	0:12:58	0:26:17	0:39:50	0:52:41	5:16	0:19:43
384	53	D'AGUANO	CRISTIANO	AMATORI FIAT CASSINO	1975	SM40	0:12:38	0:25:49	0:39:36	0:52:41	5:16	0:19:43
385	219	F POLSINELLI	ANNA FELICITA	POLISPORTIVA CIOCIARA A. FAVA	1963	SF50	0:12:32	0:25:44	0:39:07	0:52:43	5:16	0:19:45
386	242	F BAINCHI	MARILENA	ATLETICA CECCANO	1967	SF45	0:12:37	0:25:45	0:39:18	0:52:45	5:17	0:19:47
387	286	DE ANGELIS	EDOARDO	ASD PRO LOCO VAIRANO PATENORA	1966	SM45	0:12:33	0:25:43	0:39:10	0:52:47	5:17	0:19:49
388	302	BOCCIA	CRISTIANO	ASD TORRICE RUNNER	1972	SM40	0:13:38	0:29:54	0:41:40	0:52:48	5:17	0:19:50
389	430	F TUDOR	BIANCA	POL ATLETICA CEPRANO	1986	JPSF	0:12:57	0:26:14	0:39:37	0:52:53	5:17	0:19:55
390	427	F SIMONELLI	SIMONA	POL ATLETICA CEPRANO	1981	JPSF	0:12:57	0:26:14	0:39:36	0:52:53	5:17	0:19:55
391	531	F FIORLETTA	MEMMO	LIRI RUNNERS	1970	SM45	0:12:31	0:25:34	0:39:12	0:52:55	5:18	0:19:57
392	276	PUCA	ANIELLO	ATLETICA CECCANO	1969	SM45	0:13:03	0:26:14	0:39:40	0:52:55	5:18	0:19:57
393	283	F TIBERIA	LUISA	ATLETICA CECCANO	1968	SF45	0:13:04	0:26:15	0:39:41	0:52:56	5:18	0:19:58
394	158	FRANCHINI	CLAUDIO	ASD MES COLLEFFERRO	1959	SM55	0:13:27	0:26:31	0:39:42	0:52:58	5:18	0:20:00
395	235	F CASALINI	DANIELA	UISP ROMA	1959	SF55	0:12:51	0:26:08	0:39:36	0:53:02	5:18	0:20:04
396	103	PROIA	FRANCESCO	PODISTICA DEI FIORI	1976	SM35	0:13:19	0:26:33	0:40:06	0:53:16	5:20	0:20:18
397	268	MASI	LUIGI	ATLETICA CECCANO	1949	SM65	0:12:48	0:26:07	0:39:35	0:53:18	5:20	0:20:20
398	43	CATAUDELLA	GIAMPAOLO	AMATORI FIAT CASSINO	1971	SM40	0:13:26	0:26:42	0:40:20	0:53:22	5:20	0:20:24
399	304	CARDAZZI	ANDREA	ASD TORRICE RUNNER	1983	JPSM	0:12:09	0:24:47	0:38:35	0:53:30	5:21	0:20:32
400	55	DE PAOLA	RAFFAELE	AMATORI FIAT CASSINO	1942	SM70	0:13:41	0:27:08	0:40:26	0:53:33	5:21	0:20:35
401	512	F SPIGARELLI	A.RITA	LE GANZE RUNNERS	1964	SF50	0:12:30	0:25:56	0:39:48	0:53:47	5:23	0:20:49
402	184	DI ZAZZO	ANTONIO	POLISPORTIVA CIOCIARA A. FAVA	1960	SM55	0:13:00	0:26:25	0:40:16	0:53:58	5:24	0:21:00
403	510	F RAMIERI	JACQUELINE	LE GANZE RUNNERS	1967	SF45	0:12:57	0:26:18	0:39:59	0:53:59	5:24	0:21:01
404	511	REA	ANTONIO	LE GANZE RUNNERS	1967	SM45	0:12:30	0:25:56	0:39:47	0:53:59	5:24	0:21:01
405	34	STELLA	ALESSANDRO	A.S.D. MAXIMUS CROSS RUNNER	1987	JPSM	0:11:35	0:25:30	0:40:00	0:54:13	5:25	0:21:15
406	128	F SORDI	FIGLIARELLA	ASD ATLETICA CITTA' DEI PAPI	1963	SF50	0:13:30	0:26:52	0:40:29	0:54:14	5:25	0:21:16
407	436	CANCELLI	ANDREA	ASD PLUS ULTRA	1989	JPSM	0:13:22	0:26:54	0:40:41	0:54:18	5:26	0:21:20
408	451	SANTILLI	VINCENZO	ASD PLUS ULTRA	1984	JPSM	0:13:22	0:26:55	0:40:41	0:54:18	5:26	0:21:20
409	139	DI ZAZZO	ANTONIO LIVIO	ASD ATLETICA VENAFRO	1975	SM40	0:13:41	0:26:50	0:40:32	0:54:25	5:27	0:21:27
410	259	DELL'UOMO	GIORGIO	ATLETICA CECCANO	1978	SM35	0:12:33	0:26:07	0:40:23	0:54:28	5:27	0:21:30
411	154	CATRACCHIA	LEONELLO	ASD MES COLLEFFERRO	1944	SM70	0:13:58	0:27:28	0:40:53	0:54:33	5:27	0:21:35
412	391	F D'AMICO	CARMELA	APROCIS RUNNERS TEAM	1968	SF45	0:13:41	0:27:20	0:41:03	0:54:42	5:28	0:21:44
413	15	F SCHIETROMA	NOEMI	OPES FROSINONE	1978	SF35	0:13:13	0:26:32	0:40:44	0:54:48	5:29	0:21:50
414	152	CASO	DANIELE	ASD MES COLLEFFERRO	1980	SM35	0:13:05	0:26:48	0:40:50	0:54:48	5:29	0:21:50
415	134	CASTALDI	GUIDO	ORO FANTASY POLISPORTIVA	1958	SM55	0:13:13	0:26:32	0:40:43	0:54:49	5:29	0:21:51
416	74	F PUTZ	SILVIA	AMATORI FIAT CASSINO	1978	SF35	0:13:49	0:27:01	0:40:44	0:54:50	5:29	0:21:52
417	287	FACCHINI	MARCO	ASD PRO LOCO VAIRANO PATENORA	1957	SM55	0:12:44	0:26:39	0:40:45	0:54:52	5:29	0:21:54
418	337	TARQUINI	MASSIMO	ASD TORRICE RUNNER	1973	SM40	0:14:38	0:28:35	0:42:01	0:54:54	5:29	0:21:56
419	570	FABRIZI	PAOLO	ASD MES COLLEFFERRO	1970	SM45	0:13:27	0:26:47	0:40:39	0:54:55	5:30	0:21:57
420	115	F GRADELLINI	PAOLA	ASD ATLETICA CITTA' DEI PAPI	1960	SF55	0:13:06	0:26:52	0:40:58	0:54:55	5:30	0:21:57
421	322	NOBILI	SANTE	ASD TORRICE RUNNER	1960	SM55	0:12:50	0:26:27	0:40:47	0:54:57	5:30	0:21:59
422	579	ROBBIO	SALVATORE	OPES FROSINONE	1946	SM65	0:13:42	0:27:06	0:40:55	0:54:58	5:30	0:22:00
423	527	DI MAMBRO	ALESSANDRO	LIRI RUNNERS	1951	SM60	0:13:45	0:27:23	0:41:13	0:55:01	5:30	0:22:03
424	18	DI POFI	DANIELE	ASD RUNNERS ELITE	1973	SM40	0:12:47	0:26:16	0:40:18	0:55:03	5:30	0:22:05
425	140	DI ZAZZO	ENNIO	ASD ATLETICA VENAFRO	1977	SM35	0:14:04	0:27:51	0:41:43	0:55:14	5:31	0:22:16
426	455	F ZARROLI	MARIA ROSARIA	ASD PLUS ULTRA	1979	SF35	0:13:40	0:27:20	0:41:10	0:55:14	5:31	0:22:16
427	26	BALDESI	ULDERICO	ASD RUNNERS ELITE	1968	SM45	0:12:48	0:26:04	0:40:11	0:55:22	5:32	0:22:24
428	410	COLATOSTI	ANGELO GIANNI	POL ATLETICA CEPRANO	1966	SM45	0:13:36	0:27:33	0:41:30	0:55:25	5:33	0:22:27
429	254	D'AMICO	MAURIZIO	ATLETICA CECCANO	1962	SM50	0:13:34	0:27:11	0:41:01	0:55:25	5:33	0:22:27
430	556	PICCHIONI	ALFONSO	A.S.D. CENTRO FITNESS MONTELLO	1958	SM55	0:12:49	0:26:47	0:41:27	0:55:29	5:33	0:22:31
431	227	F STRACQUALURSI	RAFFAELLA	POLISPORTIVA CIOCIARA A. FAVA	1966	JPSF	0:13:52	0:27:48	0:42:18	0:55:30	5:33	0:22:32
432	366	D'ANGELO	GIUSEPPE	ENDURANCE TRAINING	1950	SM65	0:14:32	0:28:31	0:42:05	0:55:31	5:33	0:22:33
433	365	CIOTOLI	ROBERTO	ENDURANCE TRAINING	1956	SM55	0:14:19	0:28:31	0:42:05	0:55:32	5:33	0:22:34
434	69	PALOMBO	TOMMASO	AMATORI FIAT CASSINO	1982	JPSM	0:13:50	0:27:00	0:41:22	0:55:33	5:33	0:22:35
435	264	LEO	FRANCESCO	ATLETICA CECCANO	1995	JPSM	0:14:56	0:29:03	0:42:50	0:55:36	5:34	0:22:38
436	465	CAMPOLI	DOMENICO	ERNICA RUNNING	1943	SM70	0:13:53	0:27:39	0:41:32	0:55:38	5:34	0:22:40
437	526	DI BENEDETTO	STEFANO	LIRI RUNNERS	1977	SM35	0:15:03	0:29:07	0:42:17	0:55:44	5:34	0:22:46
438	288	PICOZZI	ANGELO	ASD PRO LOCO VAIRANO PATENORA	1973	SM40	0:13:00	0:27:06	0:41:42	0:55:45	5:35	0:22:47
439	536	NOTARANTONIO	GIANLUCA	LIRI RUNNERS	1973	SM40	0:13:58	0:28:27	0:42:44	0:56:01	5:36	0:23:03
440	303	F CAMILLACCI	ALESSANDRA	ASD TORRICE RUNNER	1975	SF40	0:13:35	0:27:14	0:41:43	0:56:04	5:36	0:23:06
441	336	SCHNIDERITSCH	PIERLUIGI	ASD TORRICE RUNNER	1968	SM45	0:13:34	0:27:14	0:41:45	0:56:05	5:37	0:23:07
442	79	TOMASSI	ROCCO	AMATORI FIAT CASSINO	1965	SM50	0:14:12	0:28:20	0:42:58	0:56:13	5:37	0:23:15
443	118	F ROMANI	ALESSANDRA	ASD ATLETICA CITTA' DEI PAPI	1974	SF40	0:14:07	0:28:03	0:42:20	0:56:31	5:39	0:23:33
444	370	F DROGHEI	OLIVA	ENDURANCE TRAINING	1966	SF45	0:13:43	0:27:52	0:42:37	0:56:50	5:41	0:23:52
445	377	F MARTIGNANI	MARILENA	ENDURANCE TRAINING	1954	SF60	0:13:44	0:27:52	0:42:38	0:56:51	5:41	0:23:53
446	446	LUCIANI	DOMENICO	ASD PLUS ULTRA	1960	SM55	0:14:43	0:28:48	0:42:52	0:56:55	5:42	0:23:57
447	433	VONA	DANILO	POL ATLETICA CEPRANO	1976	SM35	0:13:36	0:27:38	0:42:19	0:56:57	5:42	0:23:59
448	539	PARRAVANO	LORETO	LIRI RUNNERS	1961	SM50	0:15:03	0:29:09	0:43:06	0:57:00	5:42	0:24:02
449	532	FREDDO	MARINO	LIRI RUNNERS	1962	SM50	0:15:03	0:29:08	0:43:06	0:57:00	5:42	0:24:02
450	360	CAMERACANNA	PRIMO	ENDURANCE TRAINING	1969	SM45	0:14:19	0:28:35	0:43:06	0:57:00	5:42	0:24:02
451	248	F CECCARELLI	EMANUELA	ATLETICA CECCANO	1971	SF40	0:14:20	0:28:35	0:43:06	0:57:01	5:42	0:24:03
452	373	FRIONI	LUIGI	ENDURANCE TRAINING	1967	SM45	0:14:20	0:28:35	0:43:06	0:57:01	5:42	0:24:03
453	98	TATANGELO	MASSIMILIANO	PODISTICA DEI FIORI	1970	SM45	0:15:21	0:29:20	0:43:34	0:57:08	5:43	0:24:10
454	504	SASSU	ENRICO	RUNNERS CLUB ANAGNI	1967	SM45	0:12:12	0:26:28	0:41:33	0:57:16	5:44	0:24:18
455	381	F RIVANO	MICHELA	ENDURANCE TRAINING	1969	SF45	0:13:43	0:27:52	0:42:37	0:57:17	5:44	0:24:19
456	417	MAIURI	ANTONIO	POL ATLETICA CEPRANO	1953	SM60	0:13:41	0:27:55	0:42:21	0:57:21	5:44	0:24:23
457	491	F CARDINALE	LUANA	RUNNERS CLUB ANAGNI	1975	SF40	0:13:39	0:28:16	0:42:47	0:57:22	5:44	0:24:24
458	224	RUSSO	ANTONY	POLISPORTIVA CIOCIARA A. FAVA	1962	SM50	0:13:04	0:27:22	0:42:45	0:57:24	5:44	0:24:26
459	314	INCITTI	NICOLA	ASD TORRICE RUNNER	1973	SM40	0:13:52	0:28:20	0:42:56	0:57:28	5:45	0:24:30
460	396	F SZOSTEK	ANNA	APROCIS RUNNERS TEAM	1980	SF35	0:14:54	0:29:24	0:43:42	0:57:32	5:45	0:24:34
461	467	F CAPOCCITTI	SARA	ERNICA RUNNING	1977	SF35	0:15:15	0:29:49	0:43:50	0:57:45	5:47	0:24:47
462	57	F DI SOTTO	EMANUELA	AMATORI FIAT CASSINO	1974	SF40	0:14:12	0:28:21	0:43:03	0:57:49	5:47	0:24:51
463	60	FERDINADI	LUIGI	AMATORI FIAT CASSINO	1966	SM45	0:14:12	0:28:22	0:43:03	0:57:50	5:47	0:24:52
464	127	F STACHURSKA	BEATA MARIA	ASD ATLETICA CITTA' DEI PAPI	1970	SF45	0:13:1					

469	578		ROBBIO	SALVATORE	OPES	1946	SM65	0:14:34	0:29:17	0:46:14	0:58:21	5:50	0:25:23
470	117	F	PESOLI	ROBERTA	ASD ATLETICA CITTA' DEI PAPI	1985	JPSF	0:14:06	0:28:47	0:43:51	0:58:24	5:50	0:25:26
471	316		MAGNANTE	TONY	ASD TORRICE RUNNER	1973	SM40	0:15:21	0:30:05	0:44:26	0:58:30	5:51	0:25:32
472	338		TURRIZIANI	SILVANO	ASD TORRICE RUNNER	1960	SM55	0:15:21	0:30:06	0:44:27	0:58:30	5:51	0:25:32
473	40	F	CAPRARO	MARIA	AMATORI FIAT CASSINO	1971	SF40	0:14:18	0:28:31	0:43:18	0:58:30	5:51	0:25:32
474	325	F	PERUGINI	ALESSANDRA	ASD TORRICE RUNNER	1968	SF45	0:14:20	0:28:35	0:43:16	0:58:30	5:51	0:25:32
475	307		DE PERSIS	ITALO	ASD TORRICE RUNNER	1963	SM50	0:14:47	0:28:45	0:43:09	0:58:30	5:51	0:25:32
476	197		GIANNITELLI	FRANCESCO	POLISPORTIVA CIOCIARA A. FAVA	1964	SM50	0:14:52	0:29:29	0:44:33	0:58:40	5:52	0:25:42
477	437		CAPOBIANCO	MARCO	ASD PLUS ULTRA	1972	SM40	0:18:58	0:31:51	0:45:25	0:58:59	5:54	0:26:01
478	116	F	PESOLI	MANUELA	ASD ATLETICA CITTA' DEI PAPI	1983	JPSF	0:13:38	0:28:16	0:44:02	0:59:04	5:54	0:26:06
479	445	F	LIBERATI	BARBARA	ASD PLUS ULTRA	1985	JPSF	0:13:40	0:28:18	0:43:43	0:59:08	5:55	0:26:10
480	440		DI SALVATORE	CRISTIAN	ASD PLUS ULTRA	1983	JPSM	0:13:40	0:28:18	0:43:43	0:59:08	5:55	0:26:10
481	266		MARTINI	MARIO	ATLETICA CECCANO	1967	SM45	0:15:07	0:29:47	0:45:05	0:59:12	5:55	0:26:14
482	124	F	MARACCHIONI	ROSSELLA	ASD ATLETICA CITTA' DEI PAPI	1958	SF55	0:14:19	0:28:58	0:44:20	0:59:14	5:55	0:26:16
483	168	F	PERFETTI	ANTONELLA	ASD MES COLLEFERRO	1977	SF35	0:14:29	0:29:09	0:44:21	0:59:16	5:56	0:26:18
484	252	F	COSTANTINI	SILVIA	ATLETICA CECCANO	1962	SF50	0:14:56	0:29:03	0:44:17	0:59:18	5:56	0:26:20
485	281		SOLLI	WALTER	ATLETICA CECCANO	1958	SM55	0:15:07	0:29:48	0:45:05	0:59:19	5:56	0:26:21
486	46		COCOROCCHIO	ERMANN0	AMATORI FIAT CASSINO	1949	SM65	0:14:19	0:28:31	0:44:30	0:59:29	5:57	0:26:31
487	295		MAIURI	PIERFRANCESCO	ASD AMATORI VILLA PAMPHILI	1973	SM40	0:14:26	0:29:07	0:44:34	0:59:36	5:58	0:26:38
488	538		PANTANELLA	FRANCO	LIRI RUNNERS	1961	SM50	0:14:54	0:29:40	0:44:54	0:59:41	5:58	0:26:43
489	541	F	PALOMBO	ALESSANDRA	LIRI RUNNERS	1976	SF35	0:14:54	0:29:40	0:44:54	0:59:41	5:58	0:26:43
490	342	F	LUCARINI	MARIA SONIA	ASD PODISTICA AVIS PRIVERNO	1966	SF45	0:14:02	0:28:45	0:44:24	0:59:51	5:59	0:26:53
491	343		PELAGALLI	GUGLIELMO	ASD PODISTICA AVIS PRIVERNO	1976	SM35	0:14:03	0:28:41	0:44:23	0:59:51	5:59	0:26:53
492	376		MARCOCCIA	LIVIO	ENDURANCE TRAINING	1966	SM45	0:14:02	0:29:44	0:44:57	1:00:01	6:00	0:27:03
493	239		GOLVELLI	GIOVANNI	PODISTICA SOLIDARIETA'	1950	SM65	0:15:01	0:29:44	0:44:56	1:00:23	6:02	0:27:25
494	27		MICHELI	MARCO	ASD RUNNERS ELITE	1977	SM35	0:15:13	0:30:16	0:45:56	1:00:28	6:03	0:27:30
495	289	F	NARDELLI	MARA	ASD PRO LOCO VAIRANO PATENORA	1975	SF40	0:16:16	0:31:35	0:46:02	1:00:29	6:03	0:27:31
496	534		GRAVAGNONE	ALFREDO	LIRI RUNNERS	1953	SM60	0:15:04	0:29:42	0:45:02	1:00:31	6:03	0:27:33
497	374	F	GIORGILLI	VERONICA	ENDURANCE TRAINING	1983	JPSF	0:14:06	0:29:00	0:44:53	1:00:37	6:04	0:27:39
498	431	F	VISELLI	SERENA	POL ATLETICA CEPRANO	1967	SF45	0:11:54	0:29:33	0:45:24	1:00:43	6:04	0:27:45
499	407	F	BRUNO	MARIA ASSUNTA	POL ATLETICA CEPRANO	1965	SF50	0:14:00	0:29:33	0:45:25	1:00:43	6:04	0:27:45
500	217		PESCOSOLIDO	ELEUTERIO	POLISPORTIVA CIOCIARA A. FAVA	1965	SM50	0:13:30	0:27:48	0:44:48	1:00:47	6:05	0:27:49
501	22		DE LUCA	SIMONE	ASD RUNNERS ELITE	1972	SM40	0:15:13	0:30:17	0:45:56	1:00:48	6:05	0:27:50
502	297	F	ACQUAVIVA	ILARIA	ASD TORRICE RUNNER	1973	SF40	0:15:21	0:30:06	0:45:19	1:01:02	6:06	0:28:04
503	350	F	CELLETTI	SONIA	ATLETICA ARCE	1962	SF50	0:14:37	0:29:55	0:45:31	1:01:03	6:06	0:28:05
504	179	F	CORSETTA	RITA	POLISPORTIVA CIOCIARA A. FAVA	1980	SF35	0:13:00	0:28:16	0:44:38	1:01:04	6:06	0:28:06
505	308		DONFRANCESCO	LUCIANO	ASD TORRICE RUNNER	1956	SM55	0:15:08	0:34:17	0:51:01	1:01:07	6:07	0:28:09
506	25	F	NOBILE	FRANCESCA	ASD RUNNERS ELITE	1987	JPSF	0:14:26	0:30:10	0:46:26	1:01:46	6:11	0:28:48
507	93	F	LOMBARDOZZI	NADIA	PODISTICA DEI FIORI	1970	SF45	0:15:22	0:30:44	0:46:08	1:01:50	6:11	0:28:52
508	216		PESCOSOLIDO	DARIO	POLISPORTIVA CIOCIARA A. FAVA	1969	SM45	0:14:34	0:29:15	0:45:08	1:01:51	6:11	0:28:53
509	218		PETRUCCI	ANTONIO	POLISPORTIVA CIOCIARA A. FAVA	1967	SM45	0:14:52	0:29:50	0:45:57	1:01:51	6:11	0:28:53
510	76		SALERA	ALDO	AMATORI FIAT CASSINO	1950	SM65	0:14:48	0:30:43	0:46:52	1:02:01	6:12	0:29:03
511	260		INCITTI	ANGELO	ATLETICA CECCANO	1934	SM80+	0:15:28	0:31:02	0:46:43	1:02:19	6:14	0:29:21
512	435	F	BIANCHI	MARIA CRISTINA	ASD PLUS ULTRA	1974	SF40	0:15:05	0:31:05	0:47:24	1:02:57	6:18	0:29:59
513	442		FATATO	CARMINE	ASD PLUS ULTRA	1966	SM45	0:15:05	0:31:06	0:47:25	1:02:57	6:18	0:29:59
514	369		DE FILIPPO	MICHELE	ENDURANCE TRAINING	1964	SM50	0:14:24	0:30:30	0:47:01	1:03:23	6:20	0:30:25
515	107		BONAVENIA	LEONARDO	PODISTICA DEI FIORI	1996	JPSM	0:16:13	0:32:03	0:48:15	1:04:10	6:25	0:31:12
516	284		SCHIAVI	FRANCESCO	ATLETICA CECCANO	1970	SM45	0:16:08	0:32:04	0:48:05	1:04:10	6:25	0:31:12
517	244		CALDARONI	CARLO	ATLETICA CECCANO	1976	SM35	0:16:08	0:32:04	0:48:05	1:04:11	6:25	0:31:13
518	96		BONAVENIA	ROMANO	PODISTICA DEI FIORI	1953	SM60	0:16:14	0:32:03	0:48:16	1:04:13	6:25	0:31:15
519	400		CAPOCCIATA	MIRKO	CORRI ALVITO	1974	SM40	0:15:25	0:31:18	0:47:51	1:04:29	6:27	0:31:31
520	398	F	PETRONGELLI	TANIA	CORRI ALVITO	1966	SF45	0:15:25	0:31:19	0:47:51	1:04:29	6:27	0:31:31
521	123	F	FILIPPI	CATERINA	ASD ATLETICA CITTA' DEI PAPI	1979	SF35	0:16:35	0:32:42	0:49:16	1:05:24	6:32	0:32:26
522	130	F	BELLI	TIZIANA	ASD ATLETICA CITTA' DEI PAPI	1971	SF40	0:16:18	0:32:22	0:49:15	1:05:38	6:34	0:32:40
523	553		LORENZIN	RENATO	A.S.D. CENTRO FITNESS MONTELLO	1952	SM60	0:15:59	0:32:22	0:49:19	1:05:55	6:36	0:32:57
524	550	F	BUSSOLETTI	ANNA	A.S.D. CENTRO FITNESS MONTELLO	1953	SF60	0:15:59	0:32:23	0:49:19	1:05:55	6:36	0:32:57
525	348	F	CARDUCCI	STEFANIA	ATLETICA ARCE	1971	SF40	0:15:18	0:31:46	0:49:10	1:06:46	6:41	0:33:48
526	356		MARCOCCIO	DONATO	ATLETICA ARCE	1970	SM45	0:15:18	0:31:49	0:49:12	1:06:50	6:41	0:33:52
527	333	F	ROSSI	MARIA ANTONIETTA	ASD TORRICE RUNNER	1981	JPSF	0:13:35	0:27:15	0:41:46	1:07:04	6:42	0:34:06
528	422		PALLADINO	MICHELANGELO	POL ATLETICA CEPRANO	1955	SM60	0:14:35	0:29:28	0:47:00	1:07:06	6:43	0:34:08
529	429		TREPPICCONI	EMANUELE	POL ATLETICA CEPRANO	1970	SM45	0:14:35	0:29:28	0:47:00	1:07:06	6:43	0:34:08
530	428		TREPPICCONI	ALBERTO	POL ATLETICA CEPRANO	1994	JPSM	0:14:35	0:29:30	0:47:02	1:07:06	6:43	0:34:08
531	447		LUCIANI	ANTONIO	ASD PLUS ULTRA	1974	SM40	0:15:22	0:32:42	0:50:56	1:08:39	6:52	0:35:41
532	448	F	MASELLA	TIZIANA	ASD PLUS ULTRA	1969	SF45	0:15:23	0:32:42	0:50:57	1:08:39	6:52	0:35:41
533	450		ONELLI	AUGUSTO	ASD PLUS ULTRA	1970	SM45	0:15:22	0:32:42	0:50:56	1:08:39	6:52	0:35:41
534	64		LJILJANIC	MIROSLAV	AMATORI FIAT CASSINO	1962	SM50	0:17:01	0:34:50	0:51:00	1:09:56	7:00	0:36:58
535	146		COCCIA	GISUEPPE	UISP LAZIO SUD-EST	1947	SM65	0:19:44	0:33:11	0:49:15	1:10:15	7:02	0:37:17
536	560	F	TOMASSINI	PIERINA	A.S.D. CENTRO FITNESS MONTELLO	1954	SF60	0:17:45	0:35:48	0:53:38	1:10:38	7:04	0:37:40
537	453		VALENTE	ALESSANDRO	ASD PLUS ULTRA	1987	JPSM	0:16:54	0:35:51	0:57:09	1:14:34	7:27	0:41:36
538	226	F	SPIGOLA	ROBERTA	POLISPORTIVA CIOCIARA A. FAVA	1994	JPSF	0:16:04	0:34:37	0:54:18	1:17:18	7:44	0:44:20
539	176		CARBONE	LUIGI	POLISPORTIVA CIOCIARA A. FAVA	1989	JPSM	0:17:27	0:36:35	0:56:32	1:17:46	7:47	0:44:48
540	452	F	TONELLI	MARILENA	ASD PLUS ULTRA	1966	SF45	0:19:00	0:39:00	1:00:30	1:20:44	8:04	0:47:46
541	444	F	LETTIERI	CAROLINA	ASD PLUS ULTRA	1958	SF55	0:19:00	0:38:59	1:00:31	1:20:44	8:04	0:47:46
542	454		VENTURA	FRANCESCO	ASD PLUS ULTRA	1983	JPSM	0:18:59	0:41:25	1:02:07	1:20:45	8:04	0:47:47
543	441	F	DI SALVATORE	SARA	ASD PLUS ULTRA	1984	JPSF	0:19:00	0:41:26	1:02:07	1:20:45	8:04	0:47:47
544	438		DI SALVATORE	ALVISE	ASD PLUS ULTRA	1957	SM55	0:18:57	0:41:23	1:02:07	1:20:45	8:04	0:47:47
545	61		FORNARI	DOMENICO	AMATORI FIAT CASSINO	1947	SM65	0:21:44	0:44:44	1:09:06	1:31:19	9:08	0:58:21