

CLASSIFICA ASSOLUTA

48ª EDIZIONE "LA CANICOLA"

12° MEMORIAL "SERGIO ALONZI"

SORA (FR) - 16/08/2019

GARA PODISTICA SU STRADA DI KM. 11,200

CLASSIFICHE E RILEVAMENTO TEMPI A CURA DI ANDREA ZACCARI - WWW.AZPODISMO.IT

POS.	NUM.	M/F	COGNOME	NOME	SOCIETA'	ANNO	CAT.	TEMPO	MEDIA/KM	DISTACCO
1	77		BUCCILLI	CARMINE	A.S.D. CORRIALVITO	1982	SM35	00:35:07	3.08	
2	91		DI FOLCO	DAVIDE	A.S.D. POL. CIOCIARA A.FAVA	1995	SM	00:37:38	3.22	00:02:31
3	188		COPPA	FRANCESCO	ASD WAR - WIN ALL RACES	1985	SM	00:38:06	3.24	00:02:59
4	259		LUDOVICI	MARCO	ASD RUNNERS TEAM COLLEFFERRO	1986	SM	00:38:18	3.25	00:03:11
5	310		FANE	IBRAHIM	A.S.D. POL. CIOCIARA A.FAVA	1991	SM	00:38:42	3.27	00:03:35
6	146		D'AMBROGIO	MATTEO	A.S.D. ATL. CITTA' DEI PAPI	1987	SM	00:38:47	3.28	00:03:40
7	258		MATTACOLA	GIANNI	A.S.D. POL. CIOCIARA A.FAVA	1962	SM55	00:39:51	3.33	00:04:44
8	14		HERRERA	JUAN MANUEL	ASD ATLETICA ARCE	1982	SM35	00:40:07	3.35	00:05:00
9	260		SOUFYANE	EL FADIL	ASD RUNNERS TEAM COLLEFFERRO	1978	SM40	00:40:36	3.38	00:05:29
10	67		PALLAGROSI	ADRIANO	A.S.D. LIRI RUNNERS	1987	SM	00:41:00	3.40	00:05:53
11	59		CANCELLI	FILIPPO	A.S.D. LIRI RUNNERS	1983	SM35	00:41:23	3.42	00:06:16
12	36		FUSCO	ALESSANDRO	POL. ATLETICA CEPRANO	1975	SM40	00:41:49	3.44	00:06:42
13	15		VENAFRO	ROBERTO	A.S.D. LIRI RUNNERS	1968	SM50	00:42:08	3.46	00:07:01
14	142		DE STEFANO	CRISTIAN	ASD SORA RUNNERS CLUB	1994	SM	00:42:19	3.47	00:07:12
15	164		MELE	DIEGO	A.S.D. ATLETICA SORA	1980	SM35	00:43:43	3.54	00:08:36
16	297		MORETTI	CLAUDIO	POL. ATLETICA CEPRANO	1981	SM35	00:43:49	3.55	00:08:42
17	17		BOZZA	NICOLAS	-	1994	SM	00:43:57	3.55	00:08:50
18	101		TERSIGNI	PIERFRANCESCO	G.S. CAI SORA	1980	SM35	00:44:04	3.56	00:08:57
19	40		D'EMILIA	ANDREA	ASD ATLETICA ARCE	1977	SM40	00:44:12	3.57	00:09:05
20	43		D'AVERSA	MATTEO	A.S.D. ATL. FROSINONE - EPS	1985	SM	00:44:26	3.58	00:09:19
21	111		DI SARRA	FABIO	-	1984	SM35	00:44:31	3.58	00:09:24
22	73		ROSSINI	MICHELE	A.S.D. LIRI RUNNERS	1968	SM50	00:44:34	3.59	00:09:27
23	320		BRUNI	MORENO	A.S.D. LIRI RUNNERS	1968	SM50	00:44:40	3.59	00:09:33
24	30		FOLCARELLI	TOMMASO	ASD ATLETICA ARCE	1990	SM	00:44:43	4.00	00:09:36
25	255		PALLESCHI	DANIELE	-	1976	SM40	00:45:12	4.02	00:10:05
26	289		FIGLIARELLI	TONY	A.S.D. LIRI RUNNERS	1985	SM	00:45:13	4.02	00:10:06
27	79		ROSI	PAOLO	ASD TORRICE RUNNERS	1973	SM45	00:45:17	4.03	00:10:10
28	257		CAPOCCIA	PIERO	A.S.D. CORRIALVITO	1983	SM35	00:45:21	4.03	00:10:14
29	149		CORONA	MARCO	ASD PODISTICA SOLIDARIETA'	1991	SM	00:45:28	4.04	00:10:21
30	76		VONA	GINO	A.S.D. LIRI RUNNERS	1972	SM45	00:45:30	4.04	00:10:23
31	64		D'ANNIBALE	ANTONIO	A.S.D. LIRI RUNNERS	1978	SM40	00:46:03	4.07	00:10:56
32	163		SALVATI	ARTURO	ASD SORA RUNNERS CLUB	1973	SM45	00:46:06	4.07	00:10:59
33	8		DE SANTIS	PAOLO	ASD SORA RUNNERS CLUB	1965	SM50	00:46:09	4.07	00:11:02
34	230		LUCARELLI	STEFANO	-	1984	SM35	00:46:13	4.08	00:11:06
35	106		MARINI	ANGELO	ASD SORA RUNNERS CLUB	1963	SM55	00:46:15	4.08	00:11:08
36	295		PADRONE	VINCENZO	A.S.D. FONDI RUNNERS 2010	1973	SM45	00:46:25	4.09	00:11:18
37	243		PROIA	FRANCESCO	RUNCARD	1976	SM40	00:46:25	4.09	00:11:18
38	107		MACIOCE	VINCENZO	-	1964	SM55	00:46:36	4.10	00:11:29
39	223		VENAFRO	PAOLO	-	1966	SM50	00:46:37	4.10	00:11:30
40	271		BAGLIONI	GIUSEPPE	-	1978	SM40	00:46:56	4.11	00:11:49
41	269	F	COLATOSTI	CHIARA	A.S.D. POL. CIOCIARA A.FAVA	1988	SF	00:47:06	4.12	00:11:59
42	309		PARISI	ROCCO	A.S.D. POL. CIOCIARA A.FAVA	1962	SM55	00:47:07	4.12	00:12:00
43	55		GIOVANNONE	LUCIANO	IL CORRIDORE RUNN. CLUB-EPS	1981	SM35	00:47:10	4.13	00:12:03
44	141		CAROLLO	GIAMPIERO	-	1986	SM	00:47:12	4.13	00:12:05
45	216		TAMBURRO	VITO	-	1987	SM	00:47:14	4.13	00:12:07
46	215		CASCHERA	LUCA	-	1972	SM45	00:47:15	4.13	00:12:08
47	98		PANACCI	MASSIMILIANO	A.S.D. LIRI RUNNERS	1973	SM45	00:47:17	4.13	00:12:10
48	160		DI COSMO	ROCCO	A.S.D. LIRI RUNNERS	1965	SM50	00:47:18	4.13	00:12:11
49	273		GUARCINI	LUCA	TOP RUN FONDI ASD	1976	SM40	00:47:36	4.15	00:12:29
50	268		DI RIENZO	NEMBO	A.S.D. ATLETICA CECCANO	1966	SM50	00:47:43	4.16	00:12:36
51	287		SPAZIANI TESTA	CHRISTIAN	ENDURANCE TRAINING	1981	SM35	00:47:54	4.17	00:12:47
52	286		MARCELLO	FEDERICO	-	1982	SM35	00:48:01	4.17	00:12:54
53	119		CASCHERA	PIETRO	A.S.D. POL. CIOCIARA A.FAVA	1974	SM45	00:48:06	4.18	00:12:59
54	75		VENDITTI	REMO	A.S.D. LIRI RUNNERS	1973	SM45	00:48:09	4.18	00:13:02
55	144	F	DI COSMO	SERENA	-	1989	SF	00:48:14	4.18	00:13:07
56	285		DI POFI	LUCA	ASD ERNICA RUNNING	1966	SM50	00:48:16	4.19	00:13:09
57	103		ALONZI	GIUSEPPE	-	1986	SM	00:48:17	4.19	00:13:10
58	251		BARONE	LORENZO	ENDURANCE TRAINING	2000	SM	00:48:22	4.19	00:13:15
59	267		IAFRATE	ADRIANO	ASD ATLETICA ARCE	1969	SM50	00:48:28	4.20	00:13:21
60	307		BRUNI	DIEGO	ASD RUNNERS ELITE CECCANO	1974	SM45	00:48:31	4.20	00:13:24
61	70		PISANI	ENRICO	A.S.D. LIRI RUNNERS	1977	SM40	00:48:36	4.20	00:13:29
62	292		GIOVANNESI	DIEGO	ASD RUNNERS TEAM COLLEFFERRO	1999	SM	00:48:42	4.21	00:13:35
63	138		SAVONA	MAURIZIO	-	1977	SM40	00:49:15	4.24	00:14:08

64	29		DI PALMA	GIANCARLO	ASD ATLETICA ARCE	1972	SM45	00:49:15	4.24	00:14:08
65	185		FACCHINI	ATTILIO	-	1976	SM40	00:49:17	4.24	00:14:10
66	13		TERSIGNI	FRANCESCO	-	1983	SM35	00:49:21	4.24	00:14:14
67	304		CAPRARO	GUGLIELMO	A.S.D. POL. CIOCIARA A.FAVA	1957	SM60	00:49:34	4.26	00:14:27
68	180		VANI	FABIO	-	1974	SM45	00:49:41	4.26	00:14:34
69	5		MARCUCCIULLI	PAOLO	-	1983	SM35	00:49:41	4.26	00:14:34
70	2		SERA	GIANMARCO	ASD ATLETICA ARCE	1974	SM45	00:49:47	4.27	00:14:40
71	226		D'ORAZIO	REMO	A.S.D. LIRI RUNNERS	1961	SM55	00:49:48	4.27	00:14:41
72	274		PICCHI	SIMONE	ATL. MONTE MARIO	1972	SM45	00:49:49	4.27	00:14:42
73	278		BATTISTA	MICHELE	-	1977	SM40	00:49:55	4.27	00:14:48
74	68		PALLAGROSI	ALIGHIERO	A.S.D. LIRI RUNNERS	1981	SM35	00:50:02	4.28	00:14:55
75	313		BEVILACQUA	TONI	A.S.D. ATL. CITTA' DEI PAPI	1975	SM40	00:50:05	4.28	00:14:58
76	124		SAVO	STEFANO	-	1975	SM40	00:50:07	4.28	00:15:00
77	61		CIONE	MORENO	A.S.D. LIRI RUNNERS	1971	SM45	00:50:09	4.29	00:15:02
78	66		PACIFICI	ALESSANDRO	A.S.D. LIRI RUNNERS	1971	SM45	00:50:11	4.29	00:15:04
79	57		ANTONELLIS	EMILIANO	A.S.D. LIRI RUNNERS	1971	SM45	00:50:12	4.29	00:15:05
80	250		CONTE	FABRIZIO	-	1997	SM	00:50:14	4.29	00:15:07
81	323		VILLA	MATTEO	-	1997	SM	00:50:23	4.30	00:15:16
82	129		CASCHERA	REMO	A.S.D. LIRI RUNNERS	1965	SM50	00:50:24	4.30	00:15:17
83	241		BUFOLI	FRANCESCO	POD. AMATORI MOROLO - EPS	1963	SM55	00:50:28	4.30	00:15:21
84	186		ANTONINI	ERMANNINO	-	1976	SM40	00:50:29	4.30	00:15:22
85	162		D'AMICO	ALESSIO	A.S.D. ATLETICA SORA	1972	SM45	00:50:31	4.31	00:15:24
86	189		MUSCEDERE	JACOPO	-	1995	SM	00:50:32	4.31	00:15:25
87	240		GISMONDI	JACOPO	-	1991	SM	00:50:32	4.31	00:15:25
88	291		FRAIOLI	MARIO	-	1966	SM50	00:50:39	4.31	00:15:32
89	21		MALTESE	CRISTIAN	-	1972	SM45	00:50:40	4.31	00:15:33
90	7		FIORINI	GIANLUIGI	-	1971	SM45	00:50:42	4.32	00:15:35
91	222		LUCENTE	SIMONE	-	1997	SM	00:50:44	4.32	00:15:37
92	122		CANCELLI	VINCENZO	A.S.D. CORRIALVITO	1983	SM35	00:50:47	4.32	00:15:40
93	3		GEREMIA	ROCCO	ASD SORA RUNNERS CLUB	1960	SM55	00:50:57	4.33	00:15:50
94	6		ALICATA	ALEXANDER	-	1980	SM35	00:50:59	4.33	00:15:52
95	190		BEACQUISTA	ALESSANDRO	-	1993	SM	00:51:03	4.33	00:15:56
96	110		REALE	VINCENZO	-	1970	SM45	00:51:07	4.34	00:16:00
97	32		SISTI	STEFANO	ASD ATLETICA ARCE	1984	SM35	00:51:11	4.34	00:16:04
98	275		DE CIANTIS	DOMENICO	-	1958	SM60	00:51:17	4.35	00:16:10
99	47		PISANI	MAURO	ASD ERNICA RUNNING	1971	SM45	00:51:20	4.35	00:16:13
100	100		CORDONE	SIMONE	-	2001	SM	00:51:25	4.35	00:16:18
101	53		FOLCARELLI	PIERLUIGI	-	1987	SM	00:51:26	4.36	00:16:19
102	239		BARTOLOMUCCI	MATTEO	-	1997	SM	00:51:28	4.36	00:16:21
103	253		CAMPOLI	QUIRINO	ASD ERNICA RUNNING	1952	SM65	00:51:31	4.36	00:16:24
104	37		BALDAZZI	LUCA	A.S.D. TEAM SPARTANS	1973	SM45	00:51:47	4.37	00:16:40
105	105		DELL'UNTO	SIMONE	-	1984	SM35	00:51:58	4.38	00:16:51
106	31	F	GERMANI	LUCIA	ASD ATLETICA ARCE	1969	SF50	00:52:03	4.39	00:16:56
107	262		SCIUCCA	ANDREA	-	1969	SM50	00:52:06	4.39	00:16:59
108	99		VENDITTI	GIOLIVO	-	1978	SM40	00:52:09	4.39	00:17:02
109	161		CAPESTRANO	IACOPO	-	1987	SM	00:52:17	4.40	00:17:10
110	131		D'AMBROSIO	ALFREDO	-	1997	SM	00:52:18	4.40	00:17:11
111	60		CASTALDI	ALBERTO	A.S.D. LIRI RUNNERS	1970	SM45	00:52:27	4.41	00:17:20
112	233		CELLUPICA	STEPHAN	PODISTICA DEI FIORI	1969	SM50	00:52:27	4.41	00:17:20
113	228		DELL'UNTO	AMODIO	-	1964	SM55	00:52:32	4.41	00:17:25
114	252		IAFRATE	MATTEO	-	2001	SM	00:52:35	4.42	00:17:28
115	244		REA	RICCARDO	-	2002	A/I	00:52:36	4.42	00:17:29
116	302		MASTROIANNI	DANIELE	-	1986	SM	00:52:37	4.42	00:17:30
117	187		SALTELLI	ANDREA	UISP COMITATO LAZIO SUD EST	1972	SM45	00:52:38	4.42	00:17:31
118	221		CAPOBIANCO	CARLO	-	1982	SM35	00:52:40	4.42	00:17:33
119	303		GRECI	EMANUELE	A.S.D. ATLETICA CECCANO	1986	SM	00:52:47	4.43	00:17:40
120	181		CONTE	DAVIDE	-	1980	SM35	00:52:49	4.43	00:17:42
121	120		COLETTI	CRISTIANO	-	1984	SM35	00:52:51	4.43	00:17:44
122	22		REALE	SANTINO	-	1993	SM	00:52:53	4.43	00:17:46
123	56		ALONZI	MASSIMO	A.S.D. LIRI RUNNERS	1970	SM45	00:52:54	4.43	00:17:47
124	196		LA POSTA	ARMANDO	-	1986	SM	00:53:08	4.45	00:18:01
125	261	F	CONFLITTI	MARIA RITA	-	1971	SF45	00:53:09	4.45	00:18:02
126	24		GOUNOT	CHRISTOPHE	-	1973	SM45	00:53:09	4.45	00:18:02
127	277		MARTINI	MIRKO	-	1988	SM	00:53:16	4.45	00:18:09
128	12		CASTELLUCCI	LORENZO	-	1998	SM	00:53:20	4.46	00:18:13
129	74		VENAFRO	MARCO	A.S.D. LIRI RUNNERS	1970	SM45	00:53:21	4.46	00:18:14
130	63		D'AMORE	JOSE' STEFANO	A.S.D. LIRI RUNNERS	1979	SM40	00:53:22	4.46	00:18:15
131	254		RECCHIA	ROBERTO	-	1978	SM40	00:53:37	4.47	00:18:30
132	132		COLUCCI	ANTONIO	-	1975	SM40	00:53:49	4.48	00:18:42
133	281		FIORE	EMILIANO	ATL. AMATORI FIAT CASSINO	1977	SM40	00:53:51	4.48	00:18:44
134	284		DURANTE	FABRIZIO	ASD ERNICA RUNNING	1968	SM50	00:53:54	4.49	00:18:47
135	148		CONTE	MATTEO	-	1982	SM35	00:54:00	4.49	00:18:53
136	123		ALONZI	MARCO	PODISTICA DEI FIORI	1989	SM	00:54:03	4.50	00:18:56
137	169		COCCO	FRANCESCO	-	1989	SM	00:54:08	4.50	00:19:01
138	150		CASAVECCHIA	CORRADO	-	1982	SM35	00:54:12	4.50	00:19:05
139	279		ROSI	ANTONIO	A.S.D. ATL. CITTA' DEI PAPI	1962	SM55	00:54:16	4.51	00:19:09
140	71		REALE	ELIO	A.S.D. LIRI RUNNERS	1960	SM55	00:54:18	4.51	00:19:11

141	192		GRIECO	ALFONSO	-	1976	SM40	00:54:22	4.51	00:19:15
142	104		MACCIOCCHI	FABRIZIO	-	1980	SM35	00:54:25	4.52	00:19:18
143	195		CIANFARANI	DANIELE	-	1986	SM	00:54:26	4.52	00:19:19
144	11		VINCI	ALESSANDRO	-	1998	SM	00:54:28	4.52	00:19:21
145	113		FERRARI	FRANCESCO	-	1975	SM40	00:54:35	4.52	00:19:28
146	212		LOMBARDOZZI	EMILIO	ASD SORA RUNNERS CLUB	1962	SM55	00:54:36	4.53	00:19:29
147	133		BRUNI	ALESSANDRO	ASD SORA RUNNERS CLUB	1971	SM45	00:54:36	4.53	00:19:29
148	248		CIANFARANI	CIRO	-	1971	SM45	00:54:39	4.53	00:19:32
149	143		DI COSMO	LUCA	-	1992	SM	00:54:40	4.53	00:19:33
150	130		ONORATI	MATTIA	-	1996	SM	00:54:42	4.53	00:19:35
151	172		MASSA	MARIO	ENDURANCE TRAINING	1986	SM	00:54:42	4.53	00:19:35
152	220		TORTI	DOMENICO	-	1970	SM45	00:54:44	4.53	00:19:37
153	300		CARNEVALE	ROCCO	-	1985	SM	00:54:48	4.54	00:19:41
154	97		COLAIACOVO	DONATO	-	1978	SM40	00:54:53	4.54	00:19:46
155	308		CIOTOLI	SIMONE	ASD RUNNERS ELITE CECCANO	1971	SM45	00:54:57	4.54	00:19:50
156	178		MOSTICONE	GIANLUCA	ASD SORA RUNNERS CLUB	1969	SM50	00:55:01	4.55	00:19:54
157	92		MORA	PIERLUIGI	-	1988	SM	00:55:04	4.55	00:19:57
158	317		MAIURI	GIOVANNI	A.S.D. ATLETICA CECCANO	1974	SM45	00:55:11	4.56	00:20:04
159	218	F	PISANI	LAURA	-	1981	SF35	00:55:16	4.56	00:20:09
160	214		CARENI	KEVIN	-	1996	SM	00:55:19	4.56	00:20:12
161	173		LUCARELLI	PAOLO	G.S. CAI SORA	1983	SM35	00:55:20	4.56	00:20:13
162	4		FARENDI	FRANCO	-	1962	SM55	00:55:22	4.57	00:20:15
163	114		VERRO	ANTONIO	-	1974	SM45	00:55:31	4.57	00:20:24
164	184		SPERDUTO	ANTONIO	-	1969	SM50	00:55:32	4.58	00:20:25
165	282		PARENTE	ANDREA	ATL. AMATORI FIAT CASSINO	1977	SM40	00:55:36	4.58	00:20:29
166	288		PRELI	ANTONIO	ASD ERNICA RUNNING	1979	SM40	00:55:46	4.59	00:20:39
167	213		MALTESI	GIORDANO	-	1984	SM35	00:55:55	5.00	00:20:48
168	311		PALMISANO	GERARDO	-	1982	SM35	00:55:56	5.00	00:20:49
169	27		BLEFARI	NORBERTO	RUNCARD	1979	SM40	00:56:00	5.00	00:20:53
170	152		CANALE PAROLA	MATTEO	-	1992	SM	00:56:05	5.00	00:20:58
171	290	F	DELL'UOMO	TIZIANA	A.S.D. POL. CIOCIARA A.FAVA	1969	SF50	00:56:11	5.01	00:21:04
172	283		CESTRA	MARCO	ASD ERNICA RUNNING	1968	SM50	00:56:11	5.01	00:21:04
173	117		PARADISO	VITO	ASD SORA RUNNERS CLUB	1951	SM65	00:56:16	5.01	00:21:09
174	177		DI SCANNO	MASSIMO	ASD SORA RUNNERS CLUB	1967	SM50	00:56:16	5.01	00:21:09
175	41		POMPONIO	PIETRO	A.S.D. POL. CIOCIARA A.FAVA	1956	SM60	00:56:19	5.02	00:21:12
176	82		POLSINELLI	CARMINE	-	1956	SM60	00:56:20	5.02	00:21:13
177	115		DI VITO	LUCA	-	1995	SM	00:56:22	5.02	00:21:15
178	118		LEONE	LUCA	-	1995	SM	00:56:23	5.02	00:21:16
179	156		DE GASPERIS	DAVIDE	-	1993	SM	00:56:24	5.02	00:21:17
180	93		FERRI	GIULIANO	-	1988	SM	00:56:39	5.03	00:21:32
181	316		CORSI	MARIO	-	1979	SM40	00:56:45	5.04	00:21:38
182	140		TULLIO	GIANPIERO	ENDURANCE TRAINING	1982	SM35	00:56:47	5.04	00:21:40
183	194		PISANI	ROSSANO	-	1949	SM70	00:56:49	5.04	00:21:42
184	171		VICINI	STEFANO	PODISTICA DEI FIORI	1988	SM	00:56:52	5.05	00:21:45
185	322		SCACCHI	PIERGIORGIO	-	1996	SM	00:56:54	5.05	00:21:47
186	219		RAGGI	FRANCESCO	-	1972	SM45	00:56:55	5.05	00:21:48
187	48		SALEMME	SIMONE	-	1996	SM	00:56:58	5.05	00:21:51
188	249		CORAGGIO	FRANCESCO	-	1997	SM	00:57:00	5.05	00:21:53
189	227		PELLEGRINI	ROCCO	-	1986	SM	00:57:01	5.05	00:21:54
190	293		SETTEVENDEMMIE	GAETANO	ASD POD. LUCO DEI MARZI	1950	SM65	00:57:07	5.06	00:22:00
191	46		TUZI	DIEGO	-	1987	SM	00:57:15	5.07	00:22:08
192	25	F	GOUNOT	ILEANA	-	2003	A/E	00:57:19	5.07	00:22:12
193	174		GISMONDI	ALESSIO	-	1994	SM	00:57:28	5.08	00:22:21
194	108		FAIOLA	RENATO	-	1988	SM	00:57:32	5.08	00:22:25
195	153		ALTOBELLI	GIUSEPPE	-	1961	SM55	00:57:48	5.10	00:22:41
196	238		VONA	CELESTINO	-	1963	SM55	00:57:52	5.10	00:22:45
197	62		D'AGOSTINI	LEONARDO	A.S.D. LIRI RUNNERS	1956	SM60	00:57:54	5.10	00:22:47
198	80		GEREMIA	RENATO	-	1985	SM	00:57:55	5.10	00:22:48
199	312		VATINI	STEFANO	RUNCARD	1992	SM	00:57:56	5.10	00:22:49
200	175		TARQUINIO	GIANMARCO	-	1995	SM	00:57:56	5.10	00:22:49
201	235		TUZI	NAZARENO	-	1974	SM45	00:57:58	5.11	00:22:51
202	266		MARROCCO	PAOLO	-	1978	SM40	00:58:03	5.11	00:22:56
203	23	F	ABDEL AZIZ	ZENA	-	1984	SF35	00:58:06	5.11	00:22:59
204	265		PALLADINO	MICHELANGELO	POL. ATLETICA CEPRANO	1955	SM60	00:58:11	5.12	00:23:04
205	264		ROSSI	ARMANDO	-	1954	SM65	00:58:12	5.12	00:23:05
206	202		TOMASELLI	CRISTIAN	-	1974	SM45	00:58:18	5.12	00:23:11
207	182		PANTANO	ANDREA	-	1976	SM40	00:58:21	5.13	00:23:14
208	207		CASCHERA	MICHELE	-	1987	SM	00:58:25	5.13	00:23:18
209	50		VILLA	FRANCESCO	-	1995	SM	00:58:31	5.13	00:23:24
210	102		ALONZI	ALESSANDRO	-	1982	SM35	00:58:36	5.14	00:23:29
211	116	F	ROTONDI	PAMELA	-	1987	SF	00:58:37	5.14	00:23:30
212	176		MARTUCCI	GIACOMO	-	1961	SM55	00:58:47	5.15	00:23:40
213	158		MORA	FRANCESCO	-	1996	SM	00:58:48	5.15	00:23:41
214	155		PETROZZI	MATTEO	-	1990	SM	00:58:54	5.16	00:23:47
215	236		VINCIGUERRA	FRANCESCO	-	1978	SM40	00:59:07	5.17	00:24:00
216	26		TOLLIS	ATTILIO	-	1964	SM55	00:59:15	5.17	00:24:08
217	96	F	SBORDONE	ANNA	-	1977	SF40	00:59:19	5.18	00:24:12

218	206		DE GASPERIS	GIUSEPPE	-	1977	SM40	00:59:20	5.18	00:24:13
219	134		BUFFONE	FERNANDO	ASD SORA RUNNERS CLUB	1955	SM60	00:59:21	5.18	00:24:14
220	324		VENDITTI	LUIGI	ASD PODISTICA SOLIDARIETA'	1976	SM40	00:59:28	5.19	00:24:21
221	33		LOMBARDI	TOMMASO	G.S. FILIPPIDE	1975	SM40	00:59:32	5.19	00:24:25
222	272		SCAPPATICCI	ADRIANO	-	1980	SM35	00:59:35	5.19	00:24:28
223	157		ORLANDI	IVANO	-	1964	SM55	00:59:43	5.20	00:24:36
224	39		DI FOLCO	MARCO	RUNCARD	1973	SM45	00:59:51	5.21	00:24:44
225	319		BARTOLOMUCCI	FILIPPO	A.S.D. ATL. FROSINONE - EPS	1966	SM50	00:59:53	5.21	00:24:46
226	170		GROSSI	FRANCESCO	PODISTICA DEI FIORI	1988	SM	01:00:31	5.24	00:25:24
227	1		CASTALDI	DANIEL	-	1973	SM45	01:00:36	5.25	00:25:29
228	270		PESCOSOLIDO	PAOLO	ASD ATLETICA ARCE	1966	SM50	01:00:49	5.26	00:25:42
229	306		BELLI	FLAVIO	-	1965	SM50	01:00:49	5.26	00:25:42
230	112		DI RUSCIO	MARCO	-	1988	SM	01:01:10	5.28	00:26:03
231	229		D'AMBROSIO	ANDREA	-	1992	SM	01:01:10	5.28	00:26:03
232	147		PERNA	MATTEO	-	1986	SM	01:01:33	5.30	00:26:26
233	305		FOLCARELLI	MARIO	-	1952	SM65	01:01:35	5.30	00:26:28
234	217		VELLUTO	PAOLO	-	1983	SM35	01:01:37	5.30	00:26:30
235	191	F	FANTAUZZI	MARTINA	-	1992	SF	01:01:40	5.30	00:26:33
236	127		DI PALMA	LEANDRO	-	1990	SM	01:01:42	5.31	00:26:35
237	246		BOTTONI	MARCELLO	-	1963	SM55	01:01:49	5.31	00:26:42
238	128		MARCELLI	MARCO	-	1987	SM	01:01:58	5.32	00:26:51
239	179		GRECO	DOMENICO	-	1964	SM55	01:02:00	5.32	00:26:53
240	208		D'AMICO	FABIO	-	1980	SM35	01:02:00	5.32	00:26:53
241	42		MARTINI	PAOLO	A.S.D. POL. CIOCIARA A.FAVA	1962	SM55	01:02:03	5.32	00:26:56
242	294	F	COMPAGNONE	LUDOVICA	-	2001	SF	01:02:05	5.33	00:26:58
243	299		GEMMA	PIERLUIGI	ASD ATLETICA ARCE	1982	SM35	01:02:07	5.33	00:27:00
244	209		LONGO	LORENZO	-	1983	SM35	01:02:12	5.33	00:27:05
245	183		CONTE	ALESSANDRO	-	1974	SM45	01:02:13	5.33	00:27:06
246	165		DI VONA	EMILIANO	-	1976	SM40	01:02:16	5.34	00:27:09
247	166		DI VONA	DANIELE	-	1979	SM40	01:02:17	5.34	00:27:10
248	318		D'ORAZIO	MANUEL	-	1994	SM	01:02:23	5.34	00:27:16
249	139		FARINA	DOMENICO	-	1954	SM65	01:02:36	5.35	00:27:29
250	225	F	RECCHIA	LUISA	-	1968	SF50	01:02:53	5.37	00:27:46
251	224		TOMEI	LUCA	A.S.D. POL. CIOCIARA A.FAVA	1972	SM45	01:02:58	5.37	00:27:51
252	109		COLUCCI	ARMANDO	-	1988	SM	01:03:07	5.38	00:28:00
253	167		PELLEGRINI	ANDREA	-	1983	SM35	01:03:10	5.38	00:28:03
254	58	F	BUTTAZZI	FEDERICA	A.S.D. LIRI RUNNERS	1977	SF40	01:03:31	5.40	00:28:24
255	121	F	QUADRINI	ROMINA	-	1976	SF40	01:03:37	5.41	00:28:30
256	19		TERRINONI	MARCO	-	1981	SM35	01:03:40	5.41	00:28:33
257	315	F	GAZZETTI	CHETTI	ASD RUNNERS ELITE CECCANO	1972	SF45	01:03:44	5.41	00:28:37
258	314		LAURI	VITTORIO	A.S.D. ATLETICA CECCANO	1965	SM50	01:03:44	5.41	00:28:37
259	54		AUSIELLO	GIOVANNI	-	1987	SM	01:04:04	5.43	00:28:57
260	95		TUZI	ARCANGELO	-	1985	SM	01:04:34	5.46	00:29:27
261	52		GIOVANNINI	LUCIANO	ASD PODISTICA PRIMAVALLE	1961	SM55	01:04:58	5.48	00:29:51
262	136		GRECO	MARIANO	-	1963	SM55	01:05:00	5.48	00:29:53
263	125	F	CRISTINI	CLAUDIA	-	1987	SF	01:05:02	5.48	00:29:55
264	126		VONA	MANUEL	A.S.D. LIRI RUNNERS	1980	SM35	01:05:04	5.49	00:29:57
265	301		SOLAZZI	LUCA	-	1984	SM35	01:05:22	5.50	00:30:15
266	276		GABRIELE	MASSIMO	-	1969	SM50	01:05:28	5.51	00:30:21
267	45	F	CAMASTRO	SILVIA	-	1977	SF40	01:05:31	5.51	00:30:24
268	38	F	MENGOZZI	MARTA	RUNCARD	1973	SF45	01:05:32	5.51	00:30:25
269	35		BRUNI	FRANCESCO	-	2002	A/I	01:05:53	5.53	00:30:46
270	20		D'ANGELO	GIUSEPPE	ENDURANCE TRAINING	1950	SM65	01:05:54	5.53	00:30:47
271	280	F	PANICCIA	SAVINA	A.S.D. ATL. CITTA' DEI PAPI	1974	SF45	01:06:43	5.57	00:31:36
272	72	F	ROJAS	ANDREA VIVIANA	A.S.D. LIRI RUNNERS	1984	SF35	01:06:45	5.58	00:31:38
273	51		GIORGIO	PAOLO	RUNCARD	1974	SM45	01:06:47	5.58	00:31:40
274	145		GABRIELE	SANDRO	-	1970	SM45	01:06:51	5.58	00:31:44
275	203	F	ABBALLE	EMILIANA	-	1981	SF35	01:07:32	6.02	00:32:25
276	298		GIULIANO	BIAGINO	-	1955	SM60	01:07:41	6.03	00:32:34
277	34	F	COLETTI	SABRINA	-	1977	SF40	01:07:42	6.03	00:32:35
278	154		PALMA	FRANCESCO	-	1954	SM65	01:08:37	6.08	00:33:30
279	69		PANTANELLA	FRANCO	A.S.D. LIRI RUNNERS	1961	SM55	01:09:19	6.11	00:34:12
280	256		COLUCCI	MARIO	-	1977	SM40	01:09:31	6.12	00:34:24
281	237		PANTANO	STEFANO	-	1985	SM	01:09:45	6.14	00:34:38
282	83		PELLEGRINI	LUCA	-	1974	SM45	01:10:22	6.17	00:35:15
283	84		CALDARONI	FILIPPO	-	2001	SM	01:10:22	6.17	00:35:15
284	85	F	CIPOLLONE	POMPEA	-	1970	SF45	01:10:23	6.17	00:35:16
285	87		SARDELLITTI	MARCO	-	1980	SM35	01:10:23	6.17	00:35:16
286	89		IAFRATE	DAVIDE	A.S.D. ATLETICA SORA	1989	SM	01:10:24	6.17	00:35:17
287	86		SILI	ALESSIO	-	1980	SM35	01:10:24	6.17	00:35:17
288	90		PERNA	MARCO	-	1992	SM	01:10:25	6.17	00:35:18
289	88		FARINA	EMANUELE	-	1981	SM35	01:10:29	6.18	00:35:22
290	193		FERRI	FRANCO	-	1945	SM70	01:11:17	6.22	00:36:10
291	201	F	DI LORENZO	FRANCA	-	1984	SF35	01:12:59	6.31	00:37:52
292	197	F	MEZZONE	CHIARA	-	1984	SF35	01:13:06	6.32	00:37:59
293	204	F	SAVONA	CLAUDIA	-	1993	SF	01:13:29	6.34	00:38:22
294	65		FOSCOLO	MANUEL	A.S.D. LIRI RUNNERS	1981	SM35	01:13:30	6.34	00:38:23

295	168		DI CARLO	DAVIDE	-	1993	SM	01:13:30	6.34	00:38:23
296	28	F	CASCONE	NICOLETTA	RUNCARD	1974	SF45	01:14:18	6.38	00:39:11
297	44	F	LOFFREDA	ELISA	-	1977	SF40	01:15:05	6.42	00:39:58
298	210		BORRELLI	DOMENICO	-	1957	SM60	01:15:22	6.44	00:40:15
299	199	F	SACCUCCI	ANNA RITA	-	1975	SF40	01:19:47	7.07	00:44:40
300	200		GABRIELE	REMO	-	1971	SM45	01:19:47	7.07	00:44:40
301	242		PIZZI	PAOLO	-	1967	SM50	01:20:50	7.13	00:45:43
302	137		DI MAIO	MANUEL	-	1978	SM40	01:21:17	7.15	00:46:10
303	263		D'AGUANNO	ARMANDO	A.S.D. ATLETICA VENAFRO	1943	SM75	01:21:18	7.16	00:46:11
304	198	F	PANACCI	ANNA	-	1975	SF40	01:27:03	7.46	00:51:56
305	234		DI VONA	FABIO	-	1974	SM45	01:27:03	7.46	00:51:56