

# LA SCALATA ALLE COSTARELLE

ARCE (FR) 8 Dicembre 2023

km 6,500

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Pos.	Pos M/W	Cognome	Nome	Cat.	Pos. Cat.	Società	Tempo	Media
1	1	MALLOZZI	FRANCESCO	SM40		POL. CIOCIARA ANTONIO FAVA	<b>00:24:03</b>	03:42
2	2	DI CICCO	ANTONELLO	SM40		POL. ATLETICA CEPRANO	<b>00:24:27</b>	03:45
3	3	MARCOCCIO	ALFONSO	SM50		ATLETICA ARCE	<b>00:24:40</b>	03:47
4	4	CALCATERRA	GIORGIO	SM50	1	CALCATERRA SPORT ASD	<b>00:25:10</b>	03:52
5	5	FOLCARELLI	TOMMASO	SM23	1	ATLETICA ARCE	<b>00:25:37</b>	03:56
6	6	HERRERA	JUAN MANUEL	SM40	1	ATLETICA ARCE	<b>00:25:46</b>	03:57
7	7	D'EMILIA	ANDREA	SM45	1	ATLETICA ARCE	<b>00:25:55</b>	03:59
8	8	MORETTI	CLAUDIO	SM40	2	POL. ATLETICA CEPRANO	<b>00:26:44</b>	04:06
9	9	MATTACOLA	GIANNI	SM60	1	POL. CIOCIARA ANTONIO FAVA	<b>00:26:45</b>	04:07
10	10	TALLINI	ALESSIO	SM23	2	TORRICE RUNNERS	<b>00:26:54</b>	04:08
11	11	GRAVINA	BRUNO	SM40	3	POL. ATLETICA CEPRANO	<b>00:27:23</b>	04:12
12	12	ALONZI	ANDREA	SM23	3	POL. CIOCIARA ANTONIO FAVA	<b>00:27:31</b>	04:14
13	13	STIRPE	MAURO	SM35	1	A.S.D. FROSINONE SPORT	<b>00:27:33</b>	04:14
14	14	RICOZZI	MARCO	SM35	2	POL. CIOCIARA ANTONIO FAVA	<b>00:27:34</b>	04:14
15	15	GALLUCCI	ANDREA	SM35	3	ATLETICA CECCANO	<b>00:27:40</b>	04:15
16	16	CELANI	FABIO	SM45	2	A.S.D. FROSINONE SPORT	<b>00:27:41</b>	04:15
17	17	ZOMPANTI	ALESSANDRO	SM50	2	POL. ATLETICA CEPRANO	<b>00:28:23</b>	04:22
18	18	SPISANI	LUCA	SM40	4	RUNCARD	<b>00:28:44</b>	04:25
19	19	CORONA	MARCO	SM23	4	LBM SPORT TEAM	<b>00:29:04</b>	04:28
20	1	SCACCIA	ALESSANDRA	SF50		A.S.D. FROSINONE SPORT	<b>00:29:09</b>	04:29
21	20	BERARDI	VALERIO	SM23	5	ASD POFISPORTIVA	<b>00:30:01</b>	04:37
22	21	FANFARILLO	VALERIO	SM35	4	A.S.D. FROSINONE SPORT	<b>00:30:06</b>	04:37
23	22	ROSSINI	MICHELE	SM55	1	A.S.D. LIRI RUNNERS	<b>00:30:09</b>	04:38
24	23	PARISI	MAGNO ROBERTO	SM60	2	POL. CIOCIARA ANTONIO FAVA	<b>00:30:20</b>	04:40
25	24	BRUNI	DANILO	SM40	5	POL. ATLETICA CEPRANO	<b>00:30:53</b>	04:45
26	25	ANTONELLI	BERNARD	SM55	2	ATLETICA ARCE	<b>00:31:24</b>	04:49
27	26	CIAMBERLANO	ENRICO	SM35	5	POL. CIOCIARA ANTONIO FAVA	<b>00:31:25</b>	04:50
28	27	SCACCIA	FILIPPO	SM23	6	TORRICE RUNNERS	<b>00:31:35</b>	04:51
29	28	CECCACCI	SANDRO	SM50	3	POL. ATLETICA CEPRANO	<b>00:31:41</b>	04:52
30	29	GREGORACI	MICHELE	SM55	3	FILIPPIDE RUNNERS TEAM ASD	<b>00:31:54</b>	04:54
31	2	DI MAURO	SIMONA	SF50		POL. CIOCIARA ANTONIO FAVA	<b>00:31:58</b>	04:55
32	30	MASSARO	PASQUALINO	SM45	3	POL. CIOCIARA ANTONIO FAVA	<b>00:32:08</b>	04:56
33	31	GIANNETTI	LUIGI	SM45	4	ATLETICA ARCE	<b>00:32:20</b>	04:58
34	3	PASTORE	SARA	SF23		CALCATERRA SPORT ASD	<b>00:32:23</b>	04:59
35	32	DI COSMO	ROCCO	SM55	4	POL. CIOCIARA ANTONIO FAVA	<b>00:32:39</b>	05:01

36	33	MATTONE	VINCENZO	SM55	5	ATLETICA CECCANO	<b>00:32:46</b>	05:02
37	34	ALIMONTI	CHRISTIAN	SM40	6	CALCATERRA SPORT ASD	<b>00:32:50</b>	05:03
38	35	DI PALMA	GIANCARLO	SM50	4	ATLETICA ARCE	<b>00:33:30</b>	05:09
39	36	PERNA	ANTONIO	SM45	5	POL. CIOCIARA ANTONIO FAVA	<b>00:33:32</b>	05:09
40	4	LANNI	SONIA	SF50	1	ENDURANCE TRAINING	<b>00:33:32</b>	05:09
41	37	PISANI	MAURO	SM50	5	RUNCARD	<b>00:33:45</b>	05:11
42	38	PROIA	VINCENZO	SM70	1	POL. CIOCIARA ANTONIO FAVA	<b>00:34:00</b>	05:13
43	39	COZZOLINO	ANTONIO	SM55	6	POL. CIOCIARA ANTONIO FAVA	<b>00:34:03</b>	05:14
44	5	PINCHERA	ANTONELLA	SF40	1	POL. ATLETICA CEPRANO	<b>00:34:09</b>	05:15
45	40	MARROCCO	GIULIO	SM60	3	FONDI RUNNERS 2010	<b>00:34:22</b>	05:17
46	41	SPERANZA	MICHELE	SM35	6	LBM SPORT TEAM	<b>00:34:23</b>	05:17
47	42	IORE	EMILIANO	SM45	6	POL. ATLETICA CEPRANO	<b>00:34:32</b>	05:18
48	43	VENTURINO	MARIO	SM70	2	POL. CIOCIARA ANTONIO FAVA	<b>00:34:38</b>	05:19
49	44	LAURETTI	PIO	SM45	7	ATLETICA CECCANO	<b>00:34:43</b>	05:20
50	45	TASCIOTTI	ANDREA	SM45	8	POL. CIOCIARA ANTONIO FAVA	<b>00:34:44</b>	05:20
51	6	SALIMEI	ELISABETTA	SF50	2	ENDURANCE TRAINING	<b>00:35:03</b>	05:23
52	46	NOBILI	GERARDO	SM23	7	TORRICE RUNNERS	<b>00:35:42</b>	05:29
53	47	D'AMICO	PIERO	SM60	4	POL. CIOCIARA ANTONIO FAVA	<b>00:35:52</b>	05:31
54	48	DE NARDIS	ADRIANO	SM23	8	ASD POFISPORTIVA	<b>00:36:04</b>	05:33
55	49	DE LELLIS	GIANCARLO	SM55	7	POL. ATLETICA CEPRANO	<b>00:36:08</b>	05:33
56	50	SECONDI	NESTOR	SM45	9	POL. ATLETICA CEPRANO	<b>00:36:12</b>	05:34
57	51	IMPERIOLI	VALERIANO	SM55	8	ATL. COLLEFERRO SEGNI	<b>00:36:18</b>	05:35
58	52	ALONZI	PAOLO	SM55	9	ATLETICA ARCE	<b>00:36:30</b>	05:36
59	53	MICCI	MARIANO	SM60	5	ASD OLIMPIA LAZIO	<b>00:36:37</b>	05:38
60	7	CENTOFANTE	MONICA	SF45	1	POL. CIOCIARA ANTONIO FAVA	<b>00:36:47</b>	05:39
61	54	ABRUSCATO	GIUSEPPE	SM60	6	ASD OLIMPIA LAZIO	<b>00:36:48</b>	05:39
62	55	SISTI	STEFANO	SM35	7	ATLETICA ARCE	<b>00:36:50</b>	05:40
63	56	PESOLE	DOMENICO	SM50	6	ASD CARACCILO RUNNERS	<b>00:36:53</b>	05:40
64	57	PESOLE	ROSARIO	SM55	10	ASD CARACCILO RUNNERS	<b>00:36:53</b>	05:40
65	58	MORETTI	PAOLO	SM55	11	POL. ATLETICA CEPRANO	<b>00:37:06</b>	05:42
66	59	DE FELICE	MARCO	SM50	7	ATL. COLLEFERRO SEGNI	<b>00:37:20</b>	05:44
67	8	CARACCI	GRAZIELLA	SF45	2	CASTRO RUNNING	<b>00:38:04</b>	05:51
68	9	FANTACCIONE	LAURA	SF45	3	POL. CIOCIARA ANTONIO FAVA	<b>00:38:15</b>	05:53
69	60	DI CARLO	RICCARDO	SM50	8	POL. CIOCIARA ANTONIO FAVA	<b>00:38:30</b>	05:55
70	61	BONAVENIA	FRANCO	SM60	7	ASD CIRCOLO DEI FIORI	<b>00:38:36</b>	05:56
71	62	PALLADINO	MICHELANGELO	SM65	1	POL. ATLETICA CEPRANO	<b>00:39:59</b>	06:09
72	63	SETTEVENDEMMIE	GAETANO	SM70	3	PODISTICA LUCO DEI MARSI	<b>00:40:07</b>	06:10
73	64	SPIRIDIGLIOZZI	ANGELO	SM55	12	POL. CIOCIARA ANTONIO FAVA	<b>00:40:12</b>	06:11
74	10	RICOZZI	MARIA PAOLA	SF35	1	POL. CIOCIARA ANTONIO FAVA	<b>00:40:53</b>	06:17
75	65	MORICONI	FAUSTINO	SM60	8	TORRICE RUNNERS	<b>00:41:24</b>	06:22
76	66	TURCHETTA	LUIGI	SM65	2	RUNCARD	<b>00:41:24</b>	06:22

77	11	RUSSILLO	GIULIA	SF23	1	ATLETICA ARCE	<b>00:42:01</b>	06:27
78	12	MIRABELLA	LILIANA	SF45	4	ATLETICA CECCANO	<b>00:42:31</b>	06:32
79	13	CAMPAGNA	LORELLA	SF60	1	ATL. COLLEFERRO SEGNI	<b>00:42:32</b>	06:32
80	14	LABASI	CLAUDIA	SF35	2	TORRICE RUNNERS	<b>00:43:07</b>	06:38
81	15	DE LUCA	MARTINA	SF23	2	TORRICE RUNNERS	<b>00:43:08</b>	06:38
82	67	VONA	DANILO	SM45	10	POL. ATLETICA CEPRANO	<b>00:44:23</b>	06:49
83	68	FABRIZI	GIOVANNI	SM75	1	ENDURANCE TRAINING	<b>00:51:21</b>	07:54
84	69	GARABELLO	CARLO	SM75	2	A.S.D. LIBERATLETICA	<b>00:51:30</b>	07:55
85	70	SEGRETO	FRANCO	SM65	3	POL. ATLETICA CEPRANO	<b>00:52:23</b>	08:03