GIRO DELL'OCARO

POFI (FR) 15 Novembre 2026

km 10,000

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Pos.	Pos MW	Cognome	Nome	Cat.	Pos. Cat.	Società	Tempo	Media
1	1	Pallagrosi	Adriano	SM35		Asd Atletica Ferentino	**00:33:19**	03:19
2	2	Papoccia	Diego	SM50		Asd Atletica Ferentino	**00:33:32**	03:21
3	3	Gallucci	Enrico	SM		Asd Castro Running Avis Team	**00:33:43**	03:22
4	4	Paella	Simone	M16-22	1	Pol. Atletica Ceprano	**00:35:08**	03:30
5	5	Teloni	Davide	SM	1	A.s.d. Frosinone Sport	**00:35:16**	03:31
6	6	Et Tahery	Zakaria	M16-22	2	Asd Atletica Ferentino	**00:35:20**	03:32
7	7	Cancelmo	Matteo Gerardo	SM	2	Asd Endurance Training	**00:35:25**	03:32
8	8	Spinelli	Dario	SM	3	Asd Castro Running Avis Team	**00:35:28**	03:32
9	9	Grossi	Domenico	SM35	1	Asd Atletica Ferentino	**00:36:00**	03:36
10	10	Folcarelli	Tommaso	SM35	2	Atletica Arce	**00:36:22**	03:38
11	11	Merletti	Gianmarco	SM	4	Asd Atletica Ferentino	**00:36:26**	03:38
12	12	Tanzi	Tommaso	SM40	1	A.s.d. Miralab 2.0	**00:36:30**	03:39
13	13	Pirri	Valerio	SM	5	Atletica Ceccano	**00:37:01**	03:42
14	14	Vicard	France Sergio	M16-22	3	Asd Endurance Training	**00:37:01**	03:42
15	15	Recchia	Fabrizio	SM45	1	Ernica Veroli	**00:37:10**	03:43
16	16	Cancelli	Filippo	SM40	2	Pol. Ciociara Antonio Fava	**00:37:12**	03:43
17	17	De Stefano	Michele	SM40	3	S.s. Lazio Atletica Leggera	**00:37:19**	03:43
18	18	Quattrociocchi	Daniele	SM35	3	Atletica Arce	**00:37:22**	03:44
19	19	De Filippo	Fabio	SM35	4	Asd Castro Running Avis Team	**00:37:39**	03:45
20	20	D'Emilia	Andrea	SM45	2	Atletica Arce	**00:37:42**	03:46
21	21	Calicchia	Gabriele	SM45	3	A.s.d. Frosinone Sport	**00:37:58**	03:47
22	22	D'Aversa	Matteo	SM40	4	A.s.d. Podistica Solidarieta'	**00:38:00**	03:48
23	23	Gravina	Bruno	SM45	4	Pol. Atletica Ceprano	**00:38:08**	03:48
24	1	Fanella	Serena	SF35		Asd Atletica Ferentino	**00:38:09**	03:48
25	24	D'Alessandris	Lorenzo	SM	6	Asd Castro Running Avis Team	**00:38:16**	03:49
26	25	De Paolis	Alessio	SM	7	Asd Castro Running Avis Team	**00:38:22**	03:50
27	26	Fortuna	Giampietro	M16-22	4	Pol. Atletica Ceprano	**00:38:28**	03:50
28	27	Vona	Gino	SM50	1	A.s.d. Liri Runners	**00:38:36**	03:51
29	28	Cerelli	Federico	SM	8	Asd Atletica Ferentino	**00:38:44**	03:52
30	29	Savone	Andrea	SM35	5	Asd Castro Running Avis Team	**00:38:45**	03:52
31	30	Berardi	Valerio	SM	9	Asd Pofisportiva	**00:38:46**	03:52
32	31	Cellante	Alessandro	SM	10	Asd Castro Running Avis Team	**00:38:58**	03:53
33	32	Colleni	Umberto	SM50	2	A.s.d. Frosinone Sport	**00:39:32**	03:57
34	33	Fiorelli	Tony	SM40	5	A.s.d. Liri Runners	**00:39:33**	03:57
35	34	Minotti	Roberto	SM50	3	Atl. Colleferro Segni	**00:39:35**	03:57
36	35	Segneri	Manuel	SM	11	Pol. Atletica Ceprano	**00:39:42**	03:58
37	36	Rocca	Luca	SM35	6	Asd Atl.citta' Dei Papi Anagni	**00:39:44**	03:58
38	37	Bellotti	Daniele	SM40	6	Asd Castro Running Avis Team	**00:40:10**	04:01
39	38	Ventura	Fabio	SM45	5	Pol. Atletica Ceprano	**00:40:29**	04:02
40	39	Milano	Peppino	SM55	1	Atletica Ceccano	**00:40:36**	04:03

41	40	Di Nardi	Pierpaolo	SM	12	Pol. Ciociara Antonio Fava	**00:40:49**	04:04
42	41	Rossi	Leonardo	M16-22	5	Pol. Atletica Ceprano	**00:40:57**	04:05
43	42	Di Cosmo	Rocco	SM60	1	Asd Atletica Ferentino	**00:41:01**	04:06
44	43	Rossini	Michele	SM55	2	A.s.d. Liri Runners	**00:41:21**	04:08
45	44	Speranza	Piero	SM45	6	Calcaterra Sport Asd	**00:41:25**	04:08
46	45	Rotondi	Luca	SM45	7	Runcard	**00:41:26**	04:08
47	46	Cortina	Mirko	SM	13	Runcard	**00:41:29**	04:08
48	47	Celli	Federico	SM	14	Atletica Ceccano	**00:41:37**	04:09
49	48	Carlini	Mariano	SM55	3	Il Corridore Running Club Asd	**00:41:39**	04:09
50	49	Petrozzi	Davide	SM45	8	Cus Cassino	**00:41:46**	04:10
51	50	Villa	Massimiliano	SM55	4	Asd Atletica Ferentino	**00:41:55**	04:11
52	51	Pulcinelli	Fabrizio	SM55	5	Pol. Ciociara Antonio Fava	**00:42:06**	04:12
53	52	D'Ottavi	Alessandro	SM50	4	Pol. Ciociara Antonio Fava	**00:42:07**	04:12
54	53	Lucarelli	Stefano	SM40	7	Arpino Running Asd	**00:42:09**	04:12
55	54	Giannetti	Luigi	SM45	9	Atletica Arce	**00:42:17**	04:13
56	55	Fiore	Emiliano	SM45	10	Pol. Atletica Ceprano	**00:42:37**	04:15
57	56	Pisani	Enrico	SM45	11	A.s.d. Liri Runners	**00:42:42**	04:16
58	57	Molle	Roberto	SM40	8	Pol. Ciociara Antonio Fava	**00:42:49**	04:16
59	58	Fiorletta	Marino	SM60	2	Arpino Running Asd	**00:43:04**	04:18
60	59	Giorgilli	Roberto	SM55	6	Asd Atletica Ferentino	**00:43:05**	04:18
61	60	Dell'Uomo	Stefano	SM40	9	Asd Atletica Ferentino	**00:43:15**	04:19
62	61	Cretaro	Andrea	SM40	10	Ernica Veroli	**00:43:20**	04:20
63	62	Del Brocco	Alessandro	SM	15	Asd Pofisportiva	**00:43:27**	04:20
64	2	Di Mauro	Simona	SF55		Pol. Ciociara Antonio Fava	**00:44:01**	04:24
65	63	D'Ambrosio	Danilo	SM50	5	Top Run Fondi	**00:44:05**	04:24
66	64	Rotondo	Marco	SM40	11	Pol. Ciociara Antonio Fava	**00:44:32**	04:27
67	65	Bonomo	Dennys	SM45	12	Il Corridore Running Club Asd	**00:44:41**	04:28
68	66	Giovannini	Vincenzo	SM60	3	A.s.d. Podistica Aprilia	**00:44:53**	04:29
69	67	Colatosti	Daniele	SM40	12	Asd Endurance Training	**00:44:56**	04:29
70	3	Murro	Benedetta	F16-22		Pol. Atletica Ceprano	**00:45:01**	04:30
71	68	Faustini	Guido	SM45	13	Runcard	**00:45:04**	04:30
72	69	De Santis	Alessandro	SM	16	Asd Castro Running Avis Team	**00:45:24**	04:32
73	70	Di Palma	Agostino	SM70	1	Pol. Ciociara Antonio Fava	**00:45:31**	04:33
74	71	Pescosolodo	Paolo	SM60	4	Atletica Arce	**00:45:42**	04:34
75	4	Callari	Simona	SF45	1	Pol. Ciociara Antonio Fava	**00:45:57**	04:35
76	72	Incitti	Fabio	SM55	7	Il Corridore Running Club Asd	**00:46:04**	04:36
77	73	Di Giorgio	Vincenzo	SM50	6	Uisp Abruzzo	**00:46:13**	04:37
78	74	De Giuli	Daniele	SM	17	Asd Castro Running Avis Team	**00:46:21**	04:38
79	75	Perfili	Gianmarco	SM	18	Asd Castro Running Avis Team	**00:46:26**	04:38
80	76	Ceccacci	Sandro	SM55	8	Pol. Atletica Ceprano	**00:46:34**	04:39
81	77	Santoro	Simone	SM35	7	Asd Castro Running Avis Team	**00:46:39**	04:39
82	78	Sisti	Stefano	SM40	13	Atletica Arce	**00:46:42**	04:40
83	79	Bresciani	Giuseppe	SM40	14	Asd Pofisportiva	**00:46:56**	04:41
84	80	Pizzuti	Mauro	SM55	9	Atletica Ceccano	**00:47:00**	04:42
85	81	Bruni	Diego	SM50	7	Atletica Ceccano	**00:47:05**	04:42
86	82	Salento	Vincenzo	SM60	5	Pol. Atletica Ceprano	**00:47:07**	04:42

87	83	Ercolani	Davide	SM	19	Runcard	**00:47:27**	04:44
88	84	Droghei	Valter	SM60	6	Asd Castro Running Avis Team	**00:47:33**	04:45
89	85	Sarandrea	Francesco	SM40	15	Team Alatri Prince 2.0	**00:47:34**	04:45
90	5	Simonelli	Simona	SF45	2	Pol. Atletica Ceprano	**00:47:36**	04:45
91	6	Fiorini	Paola	SF45	3	Asd Atletica Ferentino	**00:47:44**	04:46
92	86	Peronti	Davide	SM40	16	Il Corridore Running Club Asd	**00:47:53**	04:47
93	87	Faustini	Piergiorgio	SM	20	Asd Endurance Training	**00:47:55**	04:47
94	88	Massaro	Pasqualino	SM50	8	Pol. Ciociara Antonio Fava	**00:47:58**	04:47
95	7	Trapani	Martina	SF	1	Cus Cassino	**00:48:01**	04:48
96	89	Fiorini	Felice	SM65	1	Pol. Ciociara Antonio Fava	**00:48:08**	04:48
97	8	Babalic	Anisoara	SF50	1	Italiana Running A.s.d.	**00:48:13**	04:49
98	9	Miacci	Annalisa	SF50	2	Cus Cassino	**00:48:13**	04:49
99	10	Salimei	Elisabetta	SF55	1	Pol. Ciociara Antonio Fava	**00:48:31**	04:51
100	90	Sperduti	Sergio	SM55	10	Il Corridore Running Club Asd	**00:48:32**	04:51
101	91	Cozzolino	Antonio	SM60	7	Pol. Ciociara Antonio Fava	**00:48:36**	04:51
102	92	Barilone	Gianfranco	SM55	11	Pol. Ciociara Antonio Fava	**00:48:40**	04:52
103	93	Colella	Luca	SM55	12	Asd Atletica Abruzzo L'Aquila	**00:48:56**	04:53
104	94	Masi	Andrea	SM45	14	Atletica Ceccano	**00:49:17**	04:55
105	95	Mattone	Vincenzo	SM60	8	Atletica Ceccano	**00:49:33**	04:57
106	96	Bianchi	Andrea	SM55	13	Focus Dea Team	**00:49:36**	04:57
107	11	Speranza	Lucia	SF40	1	Team Alatri Prince 2.0	**00:49:40**	04:58
108	97	Preli	Antonio	SM45	15	Ernica Veroli	**00:49:47**	04:58
109	98	Riva	Daniele	SM40	17	A.s.d. Frosinone Sport	**00:49:51**	04:59
110	99	Moretti	Paolo	SM55	14	Pol. Atletica Ceprano	**00:50:05**	05:00
111	100	Carcasole	Tiziano	SM	21	Atletica Ceccano	**00:50:15**	05:01
112	12	Carcasole	Luna	SF40	2	Atletica Ceccano	**00:50:15**	05:01
113	101	Fraioli	Terenzio	SM55	15	Pol. Ciociara Antonio Fava	**00:50:19**	05:01
114	102	Binda	Tonino	SM65	2	Atletica Ceccano	**00:50:22**	05:02
115	103	Di Stolfo	Mario	SM	22	Asd Castro Running Avis Team	**00:50:32**	05:03
116	104	Getuli	Roberto	SM55	16	A.s.d. Podistica Solidarieta'	**00:50:36**	05:03
117	105	Maura	Antonio	SM50	9	Atletica Ceccano	**00:50:48**	05:04
118	13	Spinelli	Valentina	SF	2	Atletica Ceccano	**00:50:48**	05:04
119	14	Carobolo	Emanuela	SF40	3	Team Alatri Prince 2.0	**00:50:53**	05:05
120	106	Leo	Mario	SM60	9	Atletica Ceccano	**00:51:04**	05:06
121	107	Pacini	Edoardo	SM40	18	Atl. Colleferro Segni	**00:51:41**	05:10
122	108	Turchetta	Luigi	SM65	3	Ernica Veroli	**00:52:10**	05:13
123	109	Paniccia	Filippo	SM55	17	Pol. Atletica Ceprano	**00:52:23**	05:14
124	15	Bifera	Tiziana	SF50	3	Cus Cassino	**00:52:24**	05:14
125	110	Di Sotto	Angelo	SM50	10	Runcard	**00:52:43**	05:16
126	111	Compagnone	Lino	SM50	11	Atletica Ceccano	**00:52:56**	05:17
127	112	Fontana	Valerio	SM	23	Asd Pofisportiva	**00:53:02**	05:18
128	113	Lombardi	Vincenzo	SM40	19	A.s.d. Podistica Solidarieta'	**00:53:35**	05:21
129	114	Palladino	Michelangelo	SM70	2	Pol. Atletica Ceprano	**00:53:41**	05:22
130	115	Adinolfi	Roberto	SM50	12	E...sperimento Asdilettantistica	**00:53:50**	05:23
131	116	Corsi	Stefano	SM	24	Runners Club Anagni	**00:53:55**	05:23
132	117	Polidori	Pietro	SM35	8	Asd Castro Running Avis Team	**00:54:12**	05:25

133	118	Di Folco	Francesco	SM55	18	Atletica Arce	**00:54:14**	05:25
134	16	D'Angelo	Emanuela	SF40	4	A.s.d. Podistica Solidarieta'	**00:54:24**	05:26
135	119	Asseni	Paolo	SM75	1	Asd Endurance Training	**00:55:02**	05:30
136	120	Pulcinelli	Jacopo	M16-22	6	Pol. Ciociara Antonio Fava	**00:55:33**	05:33
137	17	Centofante	Monica	SF50	4	Pol. Ciociara Antonio Fava	**00:55:41**	05:34
138	121	Olmetti	Livio	SM55	19	Asd Pofisportiva	**00:56:06**	05:36
139	122	Bracaglia	Vincenzino	SM75	2	Torrice Runners	**00:56:30**	05:39
140	123	Micci	Mariano	SM60	10	Top Run Fondi	**00:56:34**	05:39
141	124	Ciangola	Gianmarco	SM	25	Asd Atletica Ferentino	**00:56:47**	05:40
142	18	Coletta	Cataldina	SF45	4	Mtb Pico	**00:57:17**	05:43
143	125	Conti	Fabio	SM50	13	Mtb Pico	**00:57:31**	05:45
144	126	Bucciarelli	Angelo Antonio	SM70	3	Atletica Ceccano	**00:57:34**	05:45
145	19	Daniela	Bianchi	SF45	5	Asd Berrunning	**00:57:34**	05:45
146	127	Di Pofi	Stefano	SM	26	Aics Comitato Provinciale Rieti Aps	**00:57:42**	05:46
147	20	Cipolla	Angela	SF	3	Aics Comitato Provinciale Frosinone Aps	**00:57:42**	05:46
148	128	Solli	Walter	SM65	4	Atletica Ceccano	**00:57:59**	05:47
149	129	Petrilli	Paolo	SM	27	Atletica Ceccano	**00:58:09**	05:48
150	21	Colasanti	Denice	SF50	5	Pol. Atletica Ceprano	**00:58:41**	05:52
151	130	Vincenzi	Maurizio	SM55	20	Asd Endurance Training	**00:58:43**	05:52
152	22	Polsinelli	Anna Felicita	SF60	1	Pol. Ciociara Antonio Fava	**00:59:02**	05:54
153	131	Gabrielli	Paolo	SM55	21	Il Corridore Running Club Asd	**00:59:11**	05:55
154	132	Tudino	Luca	SM40	20	Atletica Arce	**01:00:04**	06:00
155	133	Prinza	Giovanni	SM40	21	E...sperimento Asdilettantistica	**01:00:10**	06:01
156	23	Petrocchi	Vincenza	SF45	6	E...sperimento Asdilettantistica	**01:00:10**	06:01
157	24	Rossi	Silvia	SF35	1	Mtb Pico Lupi Degli Aurunci	**01:00:21**	06:02
158	134	Alonzi	Paolo	SM60	11	Atletica Arce	**01:00:28**	06:02
159	135	Lucchi	Paolo	SM70	4	Oro Fantasy	**01:00:31**	06:03
160	136	Cozzolino	Luca	SM35	9	Cus Cassino	**01:00:48**	06:04
161	137	Rizzi	Biagio Pietro	SM65	5	Team Alatri Prince 2.0	**01:01:26**	06:08
162	138	Moriconi	Faustino	SM60	12	Torrice Runners	**01:02:35**	06:15
163	25	Ferri	Laura	SF45	7	Atletica Ceccano	**01:02:56**	06:17
164	139	Panecaldo	Felice	SM45	16	Atletica Ceccano	**01:02:57**	06:17
165	140	Coletta	Maurizio	SM70	5	Torrice Runners	**01:06:31**	06:39
166	26	Grandi	Carmen	SF	4	Atletica Ceccano	**01:07:48**	06:46
167	27	Soave	Mariagrazia	SF45	8	Pol. Ciociara Antonio Fava	**01:09:45**	06:58
168	141	Paternostro	Emanuele	SM75	3	Runcard	**01:10:13**	07:01
169	142	Angeletti	Indalezio	SM60	13	Il Corridore Running Club Asd	**01:12:14**	07:13
170	143	Segreto	Franco	SM70	6	Pol. Atletica Ceprano	**01:20:18**	08:01
171	28	Sisti	Pina	SF35	2	Atletica Arce	**01:51:04**	11:06